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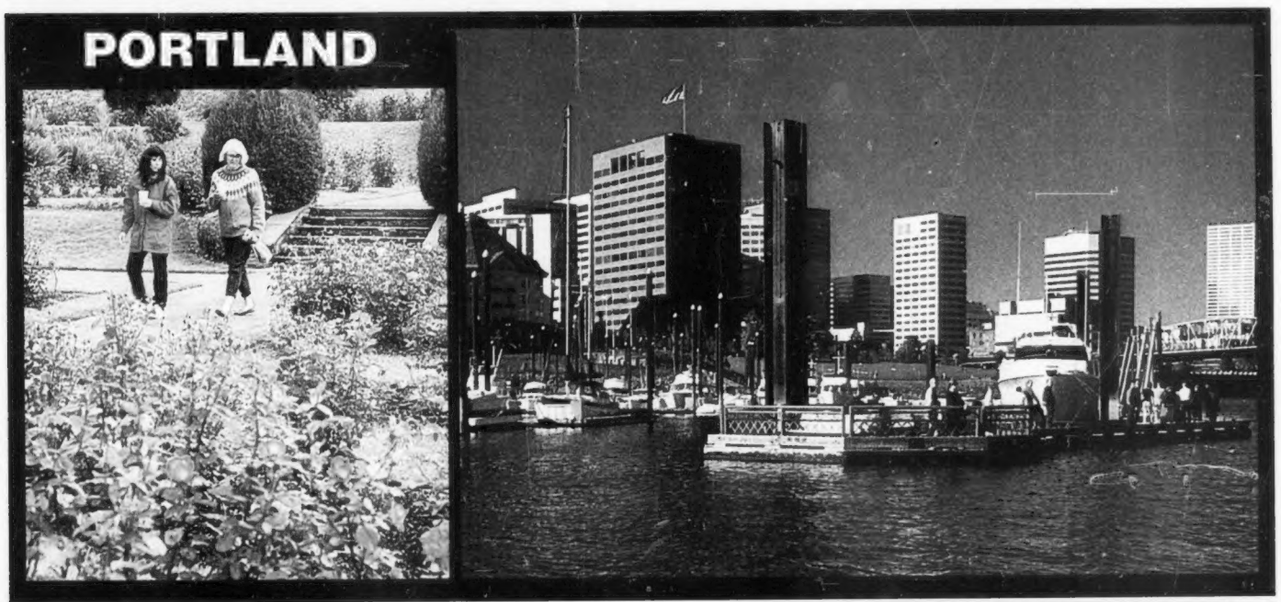

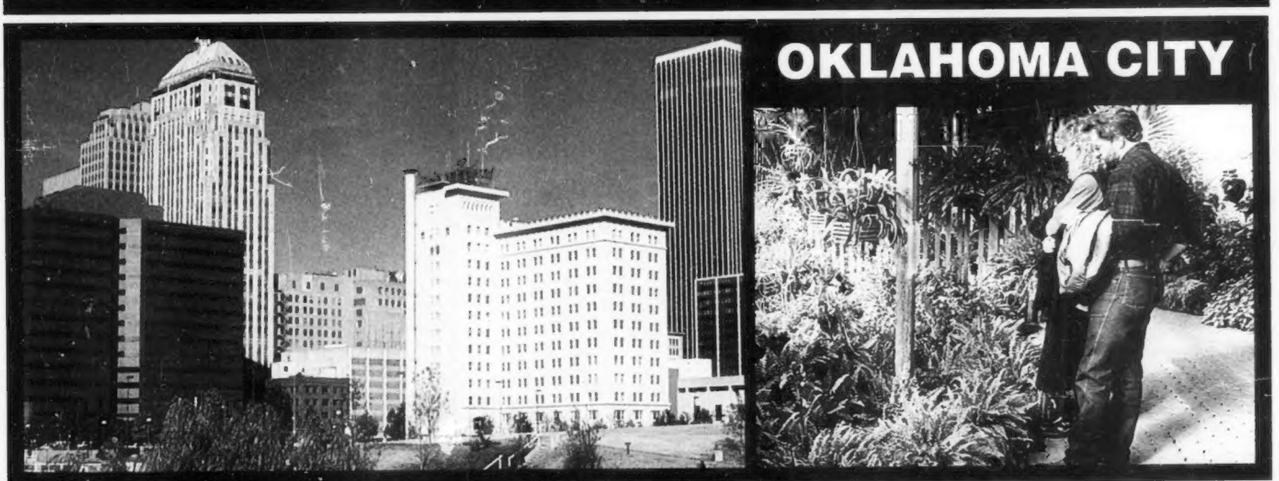

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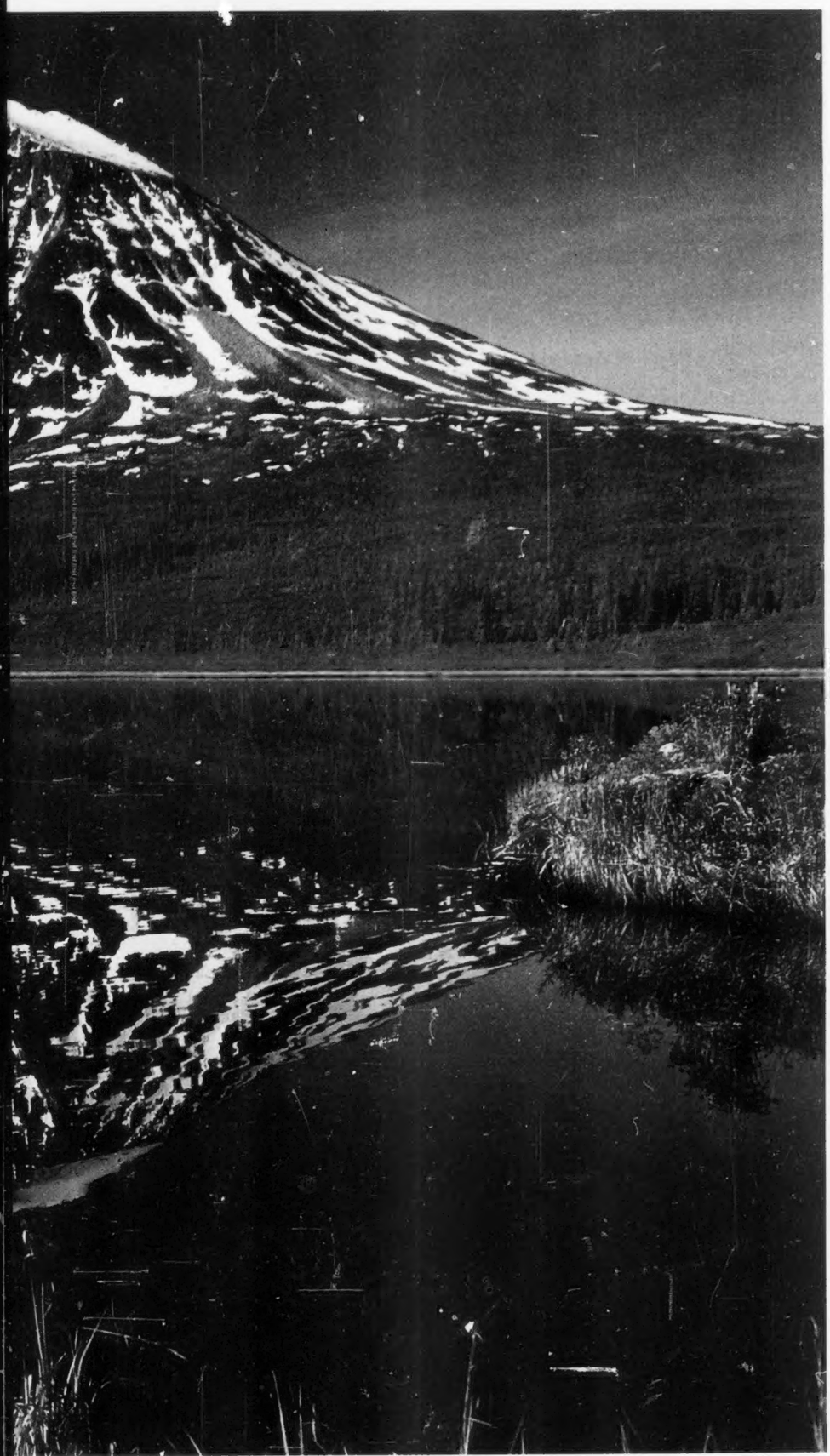

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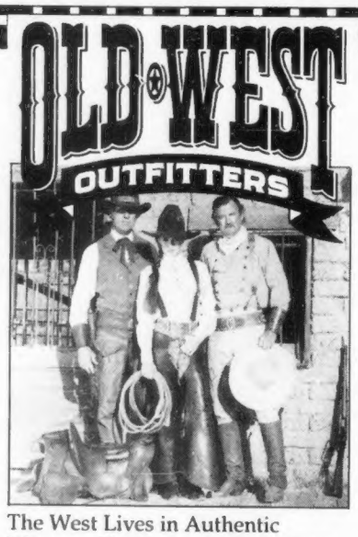

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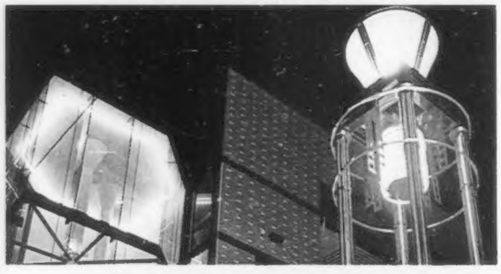
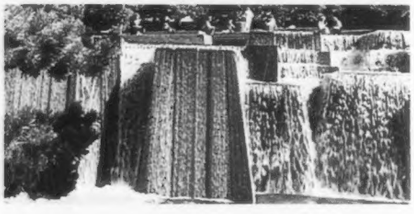
Oklahoma City *see pages 10-16*

Portland *see pages 18-23*





Galveston *see page 24*

Kauai *see page 28*

FEATURES

OKLAHOMA CITY: IT'LL BLOW YOU AWAY The wind sweeping down the plain is not the only thing that will leave you breathless in this Midwestern city. 10

PORTLAND: EVERYTHING'S COMIN' UP ROSES Few western cities can claim to be as environmentally conscious as this Pacific Coast mecca. 18

GALVESTON: ENGULFED IN STYLE This island city looks backward to its history, unlike most Texas towns. 24

KAUAI: SOME ENCHANTED ISLAND Still relatively unspoiled, this Hawaiian island offers breathtaking beaches and spectacular scenery. 28

DEPARTMENTS

WESTERN WEARABLES A look at stunning adornments — jewelry, accessories and clothing — crafted in the West. 33

THE CREATIVE WEST Arts, crafts and western culture. 40

HOME SWEET HOME Western residences, past and present. 44

JOURNEY'S END Spotlighting distinctive places to stay. 46

CHRONICLE WEST

(located between pages 32 and 33)

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Classified 62

ABOUT THE COVER: Oklahoma City photos by G. Reid Helms; Portland photos by Carolyn Z. Roth; Galveston photo, Lawrence W. Cheek; Kauai photo, Judy Wade.

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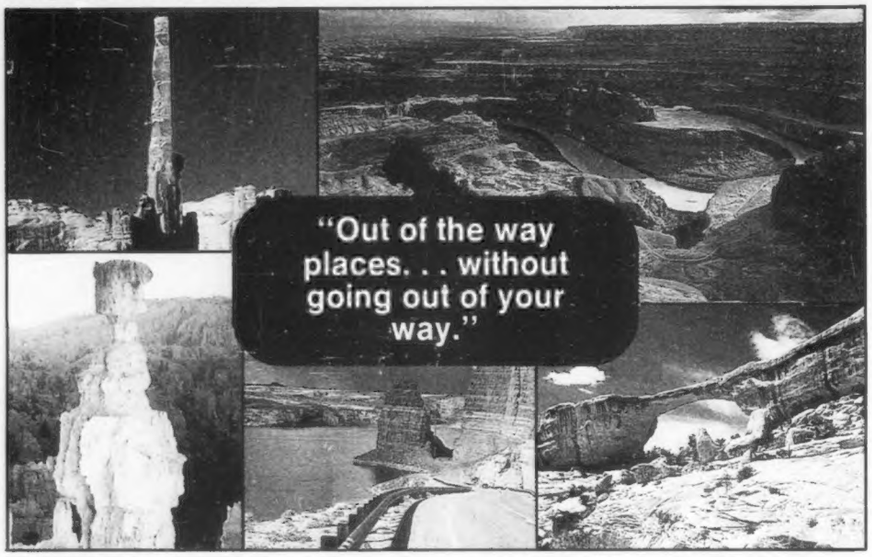

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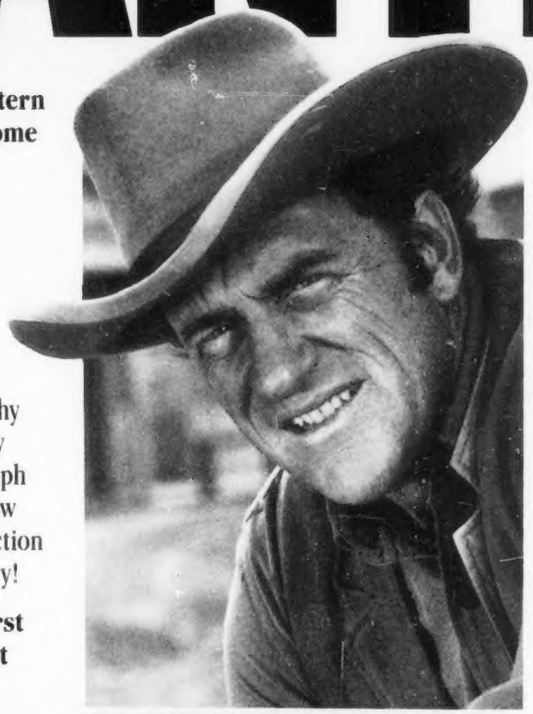

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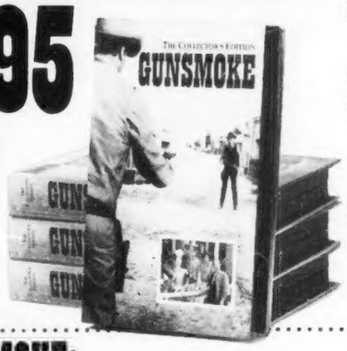

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EDITOR'S LETTER

Change. Much has been written about it, some in words profound enough to endure:

"Every new moment or manifestation of human activity, when unfamiliar to people's minds, is sure to be misrepresented and misunderstood," (Robert Browning) and "The old order changeth, yielding place to new; And God fulfills himself in many ways, Lest one good custom should corrupt the world" (Alfred, Lord Tennyson).

Yes, we've had some profound changes here at *The American West*. And, yes, we hope that our magazine endures and continues to grow in the last decade of an historic century.

And change we will, although I know that dismays some longtime subscribers who have written to apprise us of their displeasure. Let me say first that, since the appearance of the December issue, our mailbag has been running over. In spite of the negative tone of some letters, we're thrilled that so many readers took the time to write. When the new staff took over at *The American West*, we were astounded to learn that NO ONE had written a letter to the magazine in months! That, dear readers, is a situation guaranteed to arouse fear in the heart of anyone involved with the dissemination of the printed word.

Our letters have run about 50/50, pro and con for the "revised version" of *The American West*. Numerous subscribers have noted their preference for the old format that spotlighted Western lore and history. While we have retained some of the historical flavor of the past, our main articles, admittedly, now focus on Western cities and towns.

Some readers have pointed out that the information we've supplied in these city stories could have been gleaned from any tourism packet. Not so. The painstaking research conducted by our editorial staff has produced information straight from the horse's mouth — special insights and best kept secrets provided by residents of the towns we profile and seasoned travelers who've made a point to uncover little known facets of the cities they've visited. These are things that no travel club magazine or tourism brochure contains, to our knowledge.

That the editorial content of these articles is quality I have absolutely no doubt. Do you need the information in these stories? Definitely — if you ever plan to visit any of the fascinating cities west of the Mississippi.

This issue focuses on four dramatically different Western locales — Portland, Oklahoma City, Galveston and Kauai. Each story will stand on its own for sheer reading enjoyment. But it's the content that we at the magazine believe you will find indispensable in your travels.

Sue Giles

EDITOR-IN-CHIEF/PUBLISHER

LETTERS TO THE EDITOR

Boring Joke

Please be advised that you have taken a *one of a kind* magazine & turned it into a 3rd rate boreing (sic) travel information *joke*!! You can get this information by dialing a toll *free* number. It is the stories of the past & small articles that has made *The American West* Magazine one of a kind. What you are doing is pushing *your* interest onto long time subscribers. What does, Unveiling Vail, Specialty Skiing, Tucson, Solar Oasis, & Western Wearables have to do with the West of the past! Besides puting money into someones pocket. *Yours*!! Such a damn waste! I would have never believed that this could happen to this magazine.

Larry J. Munger
Bonham, TX

P.S Please return to more of the old form.

Informative

I would like to congratulate you on the new direction of *The American West*.

As a frequent western traveller, I appreciate the interesting and informative travel articles. As a restaurant owner, the dining reviews keep me informed and up-to-date on my industry.

Keep up the good work

John C. Condiss
Tucson, AZ

What Happened?

When I received my December issue of *The American West* I wondered what had happened to it! Suddenly it had become a "beautiful" people's travel and home magazine. I skipped several acticles (Unveiling Vail, Specialty Skiing, Tucson) as that lifestyle has no appeal for me. The article about the solar house was interesting for the technology.

I picked up the magazine again a few weeks later to give it another try and saw your editorial. I am sorry to see the trend you are setting for its future. I enjoyed it greatly — read it from cover to cover — when it was geared more for the amateur historian and common traveler, and featured natural and rural places as well as cities. It *was* unique in a market saturated with travel and leisure magazines for the upper middle class.

I also imagine, since it is being written to appeal to well-to-do people, the price will go up. Unfortunately, if it continues as you have indicated, I will probably not renew my subscription. The beauty of *The American West* was that . . . it covers the whole western region. The other strong point was that it addressed all facets of the western region, not primarily cities, resorts, and the "high rent district."

I am sorry to write a negative letter, I would much prefer to be praising you. And I must say, it is beautiful and well done; but too little of it appeals to my taste and interests to justify the expense.

Fran Springer
Laramie, WY

Cover to Cover

We received the current issue of *The American West* (Dec) and have already read it cover to cover. We lived in Tucson for seven years and plan to retire back in paradise once my husband leaves American Airlines. I would dearly love for a friend to receive the copy of the magazine.

I am enclosing a check for $3 to cover the cost of the issue.

Jane B. Miller
Hermitage, TN

What a shame!

I picked up my December, 1989 issue of *The American West* with anticipation. Not the anticipation of a complete change in format, but the kind of anticipation one feels when he is about to greet an old friend.

Alas! My eyes gazed upon a slick publication filled with travel articles I could have found in many other publications. I see an article on "Western Wearables" featuring two kids dressed up in hearts and flowers. I see sexy broads beckoning to me. Now that's fine, but not in this magazine. I see an article that could have been lifted right out of many other magazines devoted to modern architecture, modern furniture with a western flair.

Okay. You tipped your hat to guys like me

continued on page 49

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A L A S K A

It'll Blow You Away

by J. David Harden

Inside the quiet opulence of the lobby bar in the Waterford, a displaced Rhode Island mansion acting the role of Four-Star hotel, a toast is overheard: "To opportunity, prosperity and people — the people of Oklahoma City." An oil man, a cattle rancher, a computer software maverick — the personalities of the city — raise their glasses to the changes of a western town as it grows up.

Oklahoma City today is an exciting blend of Western adventurism and Southern hospitality, thickly layered with a wholesome, Midwestern friendliness. Almost a million strong, the proud denizens of this city are quick with a warm smile and a firm handshake that says "Welcome stranger, sit and stay a spell." It is a place full of small-town charm wrapped up in big-city clothes.

A century ago, Oklahoma City was only so much rolling grassland, scrub timber, red-earthed prairie land and wind "sweeping down the plain." Then the solo cry of a cavalryman's bugle and a volley of blasts from his company's rifles marked the opening of the Unassigned Territories for settlement. The Land Run of '89 was on! Ten thousand homesteaders, fired by the religion of Manifest Destiny and the spirit of the pioneers, galloped on horse, ran on foot, even rode on bicycle to lay their claims to the red soil of these newly promised lands. The Oklahoma station of the Southern Kansas Railway Company gave birth to a city, and with the help of the pre-fabricated buildings of territorial financier Henry Overholser, it was, as the old-timers will tell you, "Born grown."

The terrain is not as extreme as the trails of the Land Run, but horses are still racing in Oklahoma City. Remington Park lies in the northeast corner of the city's sprawling 620 square miles. It

PHOTOS: REED PALMER

OPPOSITE PAGE: The skyline of Oklahoma City.

TOP LEFT: Choctaw Trading Post offers authentic handmade Indian arts and crafts. TOP RIGHT: Remington Park, one of the newest horse tracks in the country. BOTTOM LEFT: A trainer with one of the performing dolphins at the new Aquaticus exhibit at the Oklahoma City Zoo. BOTTOM RIGHT: Spectators cheer on the horses at Remington Park.

is one of the newest and most precious jewels resting in the crown of the sport of kings. Whether you thrill to the spectacle of thoroughbred racing from the penthouse elegance of the Eclipse Dining Room, cheer the favorite from the white linen and china table settings in the Silks Clubhouse Restaurant or try one of the best chili dogs in town at the Track Level, you can't avoid the thundering excitement as you watch your 20-1 filly round the final turn and head for the home stretch, leaving the field tracing her tracks.

Horsemen of a different breed reign over the nearby National Cowboy Hall of Fame. Atop Persimmon Hill, the heroes of the American West, cowboys old and new, are immortalized in the collections of classic western art, contemporary sculpture, and the poetry of the modern cowpokes who gather annually to kick off their boots and relive the old west through lyric verse. Hall of Fame galleries offer portraits and memorabilia in tribute to those individuals who beneficially have impacted the development of the American West. Former President Ronald Reagan, for example, was recently inducted into both the Hall of Great Westerners and the Hall of Great Western Performers. Alongside the rodeo heroes and the Wild West film stars of today, an authentic western street, with its own marshal's office, sod house and gold mine, recreates the lifestyle of the cowboy's past. Indian spirits seem to come alive in a haunting display of John Wayne's kachina dolls. Cool streams and crystal pools filled with the water that was critical to the pioneers surround the trees and plants of the western landscape that covers the grounds of the Hall of Fame. Here, along the Trail of the Great Cow Ponies, you'll find the graves of Midnight and Tornado, a bucking bronc and an infamous steer, respectively, with many a beaten rodeo cowboy notched in their belts.

Real life cowboys are a part of the city scene as well. A million head of cattle are sold at auction at the Oklahoma National Stockyards each year, and authentic "working cowboys" dominate this modern range. On the road north from Oklahoma City to Guthrie, the Lazy E Ranch boasts a world-class rodeo facility. The dust never settles long at the Lazy E

because riders and ropers compete year round. Each year, 25 of the toughest cowboys in the world do battle with 50 of the nastiest bulls Mother Nature produced. You can bet that 2,000 pounds of steer plays for keeps, and the cowboys don't always leave "Bullmania" with braggin' rights.

Though sometimes it may seem so, horses aren't the only animals in town. At one of the nation's 10 best zoos, animals from the far reaches of six continents wander through areas carefully constructed to mirror their natural habitats. The Oklahoma City Zoo is enormous, but don't worry, a safari train guides visitors through the expansive, 110-acre complex. The entire family will delight in the talents of the bottle nose dolphins and California sea lions performing at the new Aquaticus exhibit. This stunning exhibit also features the underwater habitats of four different North American regions.

All of nature's seasons visit Oklahoma City. Summer is thick with sunshine, and a predictable afternoon wind greets the sailors on Lake Hefner with a welcome push. Windsurfing enthusiasts have recently discovered that the city's four fresh-water lakes and its constant supply of warm winds provide some of the best sailboarding in North America.

The splendor of autumn means one thing to most Oklahomans, and it has nothing to do with the turning of the leaves. The state religion is college football, and it is practiced by the faithful with uninterrupted enthusiasm from September until January. Recent successes in the basketball gym have the believers cheering right on through the winter.

If there is anything that Oklahomans are more fanatical about than their college gridiron, it is their personal efforts on the diamond. That means softball, serious softball. The Softball Hall of Fame is here, and across the city, all year long, thousands of men and women are working to get into the Hall without paying the admission.

Beyond even the longest home run, downtown Oklahoma City offers a powerful testament to the forces of growth and change. The city trolley has long since gone, and internationally renowned architect I. M. Pei is directing the future. His creations, the American First Tower, the First Oklahoma Tower and the Myriad Convention Center, are but the first steps of re-development.

The transformation of downtown includes a welcome breath of fresh air. Nestled beneath the steel and concrete of the downtown area, the Myriad Gardens offer a calming oasis, a sanctuary from the hustle and bustle of the business day. The Crystal Bridge dominates the garden's landscape and a giant, futuristic tube of glass and steel plays host to a storybook jungle of botanical gardens.

Beneath this shimmering transformation of modern design, a maze of underground passages, the Metro Conncourse, connects most of the downtown area's major buildings. Lined with shops and restaurants, it is a city beneath the city. Thirty thousand pedestrians ply these walkways each day, leaving the streets above feeling strangely deserted.

Still downtown, the quaint charm of Bricktown's boutiques awaits eager shoppers, while sidewalk cafés beckon weary travelers with the promise of a rejuvenating lemonade or iced coffee. Once a bustling merchant district along Main Street (now Sheridan Avenue) of an Oklahoma City still in its infancy, the abandoned warehouses are currently being renovated and restored, all the while maintaining the Victorian style and flair of the early 1900's.

A short trip from downtown takes you to Oklahoma's unique capitol building. Dedicated in 1917, wartime shortages left the capitol unfinished. Eighty years later, it still remains without its intended dome. Oil was discovered on the capitol grounds, and even today, working wells

HOMETOWN PICKS

- Caesar salad prepared tableside at **Juniors.**
- Chicken-fried steak at **Ann's Chicken Fry.**
- **Classen Grill** for breakfast.
- **Eagle's Nest**, atop the United Founders Tower, for a drink & the view of city lights.
- Cinnamon rolls from the bakery at **Baptist Medical Center.**
- **El Chico's** original Mexican pralines.
- Sunday brunch at the **Veranda Restaurant** in the **The Waterford Hotel.**
- Barbecue with a finale of banana-strawberry cake at **Leo's Barbecue.**
- **Brandy Ice,** an after-dinner drink served at most upscale bars and restaurants.

OPPOSITE PAGE: The Omniplex Science and Air Space Museums at Kirkpatrick Center.

ABOVE & BOTTOM LEFT: Myriad Gardens offer a calm oasis in the midst of the city's hustle and bustle.
ABOVE RIGHT: The Boat Club at Lake Hefner.

adorn the lawns surrounding the buildings of state government, a constant reminder of the critical role this "black gold" plays in the city's continued prosperity.

The Choctaw Indians gave the city its name, and the presence of our nation's first citizens is strongly felt in this "land of the red people." Visitors fortunate to see the city in June should not miss Red Earth. This festival showcases Native American arts, crafts and culture. Each year, over 100 Indian nations congregate in the open spaces of downtown for what is indisputably the world's largest Native American celebration.

Oklahoma City has survived a sometimes vicious cycle of boom and bust that began with the arrival of its first citizens 100 years ago. It has seen the railroads come and go, hitched itself to the tumultuous wagon of world petroleum markets, and watched as the soil blew away once upon a time. It hasn't always been easy, but through it all the people have smiled their welcoming smiles and stood tall. Feeding on this strength, Oklahoma City will always be growing up.

(A native Oklahoman, J. David Harden is currently working on a doctorate in history at UCLA).

❖ ❖ ❖

What follows is a compilation of what our editors have found to be the best and most popular places in Oklahoma City. As you'll see, there is much more to life in the area than oil gushers and cattle ranching. The city retains the character of its past, endures its past characters and focuses on life today.

By the editors of The American West

Oklahoma City has a diversity all its own. There is, however, one thing that remains constant through the entire city — the area code is 405.

BEDDING DOWN

Adjacent to Nichols Hills — the area's most exclusive residential section — is **The Waterford Hotel**, undoubtedly the city's most posh accommodation. Elegant and stylish surroundings coupled with a casual western spirit create a warm and gracious atmosphere. Located just seven miles from downtown and minutes from

OPPOSITE PAGE: TOP LEFT & BOTTOM: Exterior and interior views of the renowned National Cowboy Hall of Fame.

TOP RIGHT & BOTTOM: Traditional shops abound at 50 Penn Place. Pictured are the Old School Clothing Co. (above) and Balliet's.

THIS PAGE: ABOVE TOP: The Overholser Mansion, an excellent example of a French chateau, is open for guided tours.

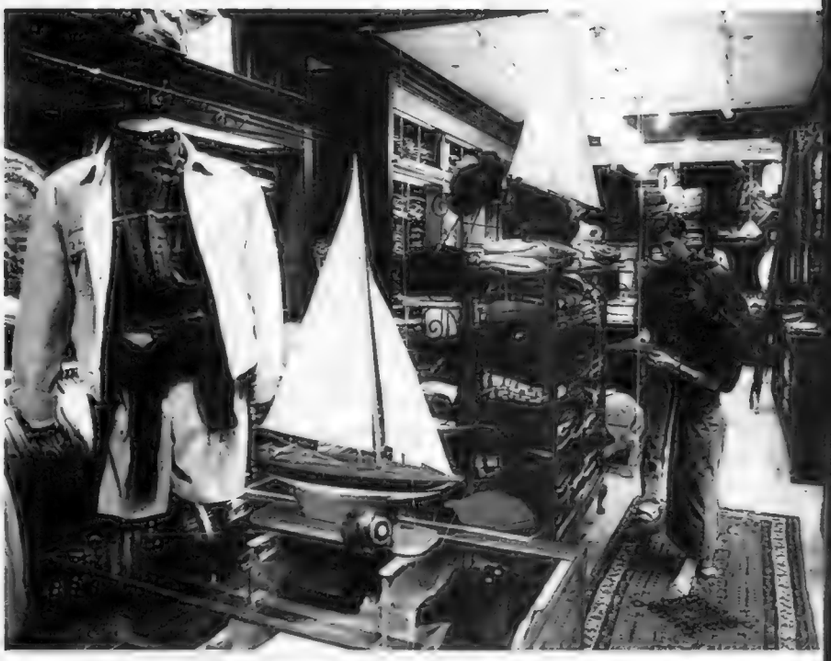
RIGHT: Native Oklahomans Louise Hoyt and Jay Perry are seated in the mansion's Gold Room. Mr. Perry lived in the Overholser Mansion for 45 years while married to the daughter of pioneer Henry Overholser.

the city's best shopping. The Waterford has two restaurants, modern health club, pool, sauna, jogging trail, tennis, squash and offers massage and 24-hour room service. Suites and elegant meeting rooms are also available. *848-4782, (800) 992-2009.* **The Sheraton-Century Center Hotel & Towers** is located downtown and umbilically connected to the Myriad Convention Center next door. The Sheraton offers rooms, suites, a tower section with special amenities and a restaurant and lounge with great entertainment, as well as convention facilities, executive lounge, putting green, outdoor pool and two-level shopping mall next door. *235-2780, (800) 325-3535.* Offering suite-style accommodations, **The Richmond Suites** in the northwest part of the city is an elegant, first class, European-style establishment with an emphasis on personal service. Larger Executive and Boardroom Suites with a unique sense of luxury are great for business meetings. There's an intimate restaurant and bar, the former a new addition with the feeling of an English country manor dining room. *840-1440.*

One of the city's best hotels, the **Oklahoma City Marriott**, is situated on the northwest side. Deluxe guest rooms and suites are spacious and well appointed. A Concierge level, with 25 specially served rooms, is available, as are indoor and outdoor swimming pools, health club, saunas and whirlpool. Dine in one of two great restaurants and enjoy the lively lounge. *842-6633, (800) 228-9290.* Near the airport and complete with 1950s music in the lounge, the **Embassy Suites Hotel** has a nice restaurant in the atrium, called (surprise!) the Atrium Restaurant. Indoor swimming pool, Burgundy's four-star gourmet restaurant and meeting facilities for a large bunch of people round out the establishment. *682-6000, (800) 654-7000.* For those wanting to stay in a more casual setting, the **Harrison House** bed & breakfast in the historic downtown district of Guthrie is just 30 minutes from Oklahoma City. The building was originally a turn-of-the-century bank and the vault door is now the entrance to the proprietor's office. The front desk and chandeliers are from Guthrie's original post office. Furnished in ornate Victorian style, each room is different. All rooms have private baths and continental breakfast is included. *282-1000.*

MIGHTY GOOD GRUB

The world's ****BEST**** hamburger, according to partisan insiders, is found at **Johnnie's**. People who have moved away from Oklahoma City pine for a Johnnie's hamburger, even if they've been gone 20 years. The three locations offer charcoal-broiled burgers topped with an actual Caesar salad or chili and cheese or hickory smoked barbecue sauce, to mention but a few. The atmosphere is casual, and some say you haven't lived until you've eaten Johnnie's onion rings. For down-home basics, try **Sleepy Hollow**, located just west of the Remington Park horse track. It's an Oklahoma tradition since 1948 for fried chicken, mashed potatoes, biscuits and gravy. Their famous house dressing — with an oil and vinegar base — is now sold at the restaurant and in certain grocery stores. For all-you-can-eat ribs, coleslaw, potato salad and beans, served family style, you'll want to hit an authentic 1930's roadhouse. **The Oklahoma**



County Line. Famous for prime rib, as well, and located just two blocks west of the Cowboy Hall of Fame.

Old time Oklahoman, O.A. Cargill, owned the house in which the **Greystone Restaurant** is located. A herd of buffalo roamed the grounds in the early days, when the place acted like a house. Now, the restaurant serves a continental menu with many appetizing choices: veal à la marsala with ravioli and pesto; fresh fillet of salmon grilled and topped with fresh dill batter; or twin tournedos of beef served with a demi-glaze sauce. Many Oklahomans consider the **Coach House** to be Oklahoma's finest restaurant, as well as the most expensive. The chef was recently named one of the 10 most promising chefs in the nation. Because of its intimate size, reservations are a must. Call ahead for the chocolate soufflé. Hit the elegant **Waterford Dining Room** for a "best-bib-and-tucker" evening. Mahogany wood paneling, superior service and superb southwestern cuisine place this English Tudor-style restaurant —located in The Waterford Hotel - among the best in town.

One of the city's best kept secrets — because of its location — the **Haunted House** is an old country house built in the 1930's. Dine in any one of the upstairs or downstairs rooms. Their steaks are the best in town and consistently superb. Call for the required reservations and directions. Jeans and boots are expected attire at the **Cattlemen's Cafe**. Located in the Stockyards area and open 24 hours daily, it serves authentic Oklahoma food.

TOP & MIDDLE LEFT: The foyer and lobby of the elegant Waterford Hotel, undoubtedly the city's most posh accommodation.
MIDDLE RIGHT: One of Oklahoma City's best kept dining secrets is the Haunted House, an old country homestead built in the 1930s.
BOTTOM: Diners enjoy food and a view of the city lights at The Eagle's Nest.

Try the steaks, chicken, lamb fries (if you really must), homemade rolls and desserts. Beer served in glass boots emphasizes the western atmosphere.

Can this be for real? A trattoria in Oklahoma city? You bet! **Flip's Wine Bar & Trattoria** fits the definition to a T. It is a comfortable spot where friends can linger over gourmet pizzas and homemade pastas and enjoy more than 30 different wines offered by the glass. Be sure to inspect the art work — exhibits change regularly. "Mama" Lucia Hooten serves typical Italian food at **Mama Lucia's.** She grew up in Naples, so her dishes are hearty and her sauces taste like the Old Country. Lasagna, fettucini alfredo and veal marsala are a few of the local favorites. **Metro Wine Bar & Bistro** is a "happening" place where food is served until midnight, thus making it a great spot to gather after an event. The food is imaginative and moderately priced. Hop in for the frog leg salad or, if that doesn't get your pond rippling, the Metro is famous for its pizzas and pasta dishes. The wine bar is perhaps the best in the city.

Shrimp, oysters on the half shell and seafood gumbo are served at the **Colcord Oyster Bar** in what used to be an old barbershop in the downtown Colcord Building. A relaxed, friendly atmosphere makes this a good place to stop for a cocktail in the late afternoon. The **Magnolia Cafe** represents the Cajun craze at its finest. Hot and spicy menu items include crawfish étouffée, coconut beer shrimp with a sweet and tangy marmalade sauce, or Voodoo chicken or shrimp, blackened and served on pasta with mamou sauce, of Cajun Creole fame. For your listening enjoyment and distraction, a Dixieland jazz band strolls the premises on Tuesdays and Thursdays. There's no chance of a hurricane hitting the **Florida Cafe,** a transplanted Caribbean café and the city's oasis for Spanish, Cuban and Caribbean food. The paella and Cuban roast pork are the specialties. On Saturday nights you can listen to Latin dance music. **Herman's Sea Food** is an Oklahoma institution which was closed for many years before its recent revival. The original Herman Baggett opened his seafood establishment in 1935 and now his grandson is at the helm. Herman's fish

continued on page 50

TOUR THE WEST FOR 1990

A subscription to The American West is the perfect magazine for anyone who travels.

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Everything's Comin' Up Roses

by Carolyn Z. Roth

There is a story told about the Oregon Trail. At one point along the way, there was a fork in the road. The route southwest towards California was marked by a pile of gold quartz, the route northwest indicated by a sign that said "To Oregon." Those who could read took the northwest fork to Oregon Territory.

Many of the old pioneer journals reveal a desire for independence and solitude, for a place to respectably raise and educate a family away from the temptations of instant wealth or high society. Oregonians have shown a penchant for self-sufficiency and isolation more than once, as noted in 1859 when news of statehood reached Portland. There was no celebration — three times the people had voted against being admitted to the Union. Indeed, Portlanders even today seem to favor a stable, albeit progressive, conservatism.

Everyone, from the earliest settlers to the latest newcomers, has been attracted by Portland's dramatic environment and geography. Bisected by the big Willamette River, one of only three rivers in the world that flow south to north, Portland is a city where it's easy enough to hop aboard a fishing boat in the early morning twilight, go trolling for chinook salmon, and still be at work by 9 a.m.

What truly sets Portland apart and contributes to its sense of identity and place in the west is the richness of its history. Monuments and statues, such as Frederic Littman's young pioneer woman in Council Crest Park or the great bronze elk on the Plaza Blocks, reflect Portland's pride in its western frontier heritage. The grandeur and elegance of days gone by is

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OPPOSITE PAGE: The Portland skyline and the Willamette River.

ABOVE LEFT: The World Trade Center, downtown. ABOVE RIGHT: A float at the annual Rose Festival, held every June. FAR LEFT: The International Rose Test Garden. LEFT: The Salmon Street Springs Fountain.

epitomized by the Pittock Mansion high in the western hills or the 1912 nouveau bronze Benson drinking fountains bubbling on city corners.

The mild climate is ideal for growing things. Although the rainfall is lower than in most major east coast cities, drizzly days turn Portland into a giant greenhouse with the perfect temperature and humidity most of the year for growing beautiful trees and ferns. Come springtime, yards, parks, and planter boxes explode with a profusion of colorful flowers. In this appropriately named City of Roses, it is not uncommon to see roses, fragrant and beautiful, in well-tended December gardens.

Portlanders appreciate the beauty of their Pacific Northwest, and they don't plan on fouling it up. Polystyrene containers were recently banned, and garbage collection companies are required to collect recyclable glass, metal and cardboard at no additional charge. You won't hear grocery store baggers ask whether shoppers would prefer "paper or plastic." There are no plastic grocery bags in Portland; in fact, at one health food supermarket, Nature's Fresh Northwest, you get a five-cent credit if you bring back used paper grocery sacks.

Portland doesn't bustle; it never has. Perhaps it's the soft drizzle, the great fertile valleys, or the lush, soothing, green forests. Throughout the city's history, visitors have often remarked about the slow pace. Natives say it allows the city and the people to enjoy themselves.

Ira's Fountain, across from the Civic Auditorium, covers an entire city block with cascading waterfalls, streams, stepping stones, and shady little nooks beneath pine trees, which, when you consider the cost of property in a high rent downtown district, proves what a high priority Portlanders place on aesthetics. In fact, there's even an idealistic city ordinance that requires one percent of new building construction costs be spent on public art. If you don't believe this can work, just check out the sculptures, fountains, and murals downtown.

Portland's economy is certainly alive. Like Seattle, it is closely tied to the lucrative investments of Asia as part of the Pacific Rim. The great Columbia and Willamette Rivers flow gracefully around and through the heart of the city, providing a vital transportation corridor for ship, barge, and pleasure boat traffic. With over a thousand ships docking annually, Portland is the third largest seaport on the west coast.

There are also a number of high technology industries,

HOMETOWN PICKS

- The legendary, flaming Spanish coffee at **Huber's.**
- **Papa Haydn's** for dessert — impossible to pick just one, so try them all.
- Hamburgers at **Stanich's Ten-Till-One Tavern.**
- **Le Panier's** for breads, brioches and coffee.
- **Powell's "City of Books,"** complete with **The Anne Hughes' Coffee Room**
- **Asian Elephant ZooDoo**, a potent plant food from prolific pachyderms.
- German apple pancake at **The Original Pancake House**.
- Onion rings from **Ringside Restaurants**.
- 24-hour Portland-area **events hotline** (503-233-3333) for information on a variety of things from entertainment to NBA basketball.
- High tea at the **Heathman Hotel.**
- Portland's **Rose Festival**, in June, features the Floral Parade, Festival of Bands, championship Indy-car racing and more.
- Giant cinnamon rolls at **Rose's**.

mostly westward towards Beaverton, known affectionately as the "silicon forest." And in a city of dedicated outdoor sports enthusiasts, it's not surprising to note that Portland is a major sportswear manufacturing headquarters with firms like Nike, Columbia, and Jantzen calling it home base.

Portlanders are beginning to grow accustomed to a new city — one that spans both sides of the Willamette River. A new convention center is slated to open this year on the east side, and the 1950s style Lloyd Center shopping mall is getting a major facelift. Whether or not to relocate Interstate 5, now claiming the Willamette's east bank, is still being hotly debated.

Although downtown, on the west side, is still the city's hub, the river is a focus that brings both sides together. To make it happen, the city council unanimously voted to preserve and improve the quality of life in "river city" by encouraging more public attractions along the waterfront, initiating a water taxi service, and upgrading bridges for pedestrians and bicycles. In addition, the Citizens Steering Committee has as its goal 5,000 new housing units built in the city over the next two years.

On the downtown side, the riverbank was reclaimed some 20 years ago from life as an old freeway and transformed into a two-mile long seawall promenade with sprawling grassy lawns, fountains, and colorful flower beds. The outdoor café at McCalls on the waterfront is a great place to watch ships from around the world parade by during Rose Festival in June.

Downtown can actually claim to be accessible. In fact, the Portland Bureau of Planning has as one of its primary objectives that the city's development be on a human scale. City blocks are short — at 200 feet long, they are half the size of blocks in most other cities. You can easily walk or bicycle around, a good way not to miss special delights like the smell of fresh bread and croissants from one of the downtown bakeries, the heady aroma of espresso, or the sounds of fresh jazz in the evening hours from an uptown bistro like Brasserie Montmartre.

For the peak in cityscape panoramas, you can't do much better than the cozy bar in Atwaters, on the 30th floor of the US Bancorp Tower, also known as "Big Pink." A cushy couch, low lights, and the best bird's-eye-view in Portland from behind the tall-stemmed glass of a raspberry champagne make this nightspot a favorite for locals and visitors alike.

If time allows, you may want to search out a few places that might not be on an official itinerary. For example, there's a thriving art community, and many galleries open their doors to host wine and cheese on First Thursday, a once-a-month evening event that draws crowds to view new exhibitions.

Throughout the city's life, Portland's newspaper, the *Oregonian*, has held a place in every household, lecturing on issues and vigorously offering opinions on everything. For facts, the *Oregonian* has always been standard fare, but for a

touch of the avant-garde, the newer *Willamette Week* dishes out the salsa brava. Either paper can give you the scoop on current happenings in town.

Perhaps it is true that the best things in life are free. There's little to surpass a ride along Skyline Drive in the west hills on a warm evening in a convertible, just as myriads of trees and shrubs are bursting into springtime bloom. Sunlight shimmers after a brief shower, and somewhere over the city, in a way Portlanders have come to expect, a glorious rainbow arches across the sky.

"Don't stay inside when it rains," one native admonished. "Just pick up an umbrella and galoshes and do whatever you were going to do. The rain just makes everything clean, and, besides, skin is waterproof." It's almost enough to make one look forward to the next rain shower.

Although much of the Northwest is lush and green by nature, Portland has more than its share of parks. Washington Park in the west hills is home to an innovative zoo, owned and funded by the citizens of the three metro counties. An interesting twist to Portland's zoo are the educational exhibits, such as the "Alaska Tundra" where adults and children alike can view wolves in their underground dens, as well as interact with computer games as they try to understand the fragile balance of nature. In the new Africa area, exotic birds perch on trees as you walk through the exhibit.

Nearby, on landscaped terraces overlooking the city, in the International Rose Test Gardens, over 400 varieties of roses bloom on 10,000 rose bushes throughout the summer. After a hectic day of business or sightseeing, it's a great place to slow down, gather your thoughts, and enjoy the glorious sights and smells (and it's free!).

For a pleasant stroll and a chance to reflect upon the beauty and serenity of nature, visit the Japanese Gardens with their waterfalls, quiet reflecting pools, and moss-lined stone walkways. If your taste is more wilderness-oriented and you'd like to hike or jog, 11-mile long Forest Park — the largest urban wilderness within an American city — is the perfect place. The Wildwood Trail winds throughout the hills, home to the last tall stands of old growth Douglas fir trees in the city.

The southern part of the city gives way to rolling green hills, farmlands, and nurseries. Lake Oswego is a wooded enclave where elegant mansions and sprawling ranch-style homes intermingle with wild, wooded areas like Tryon Creek State Park. The beautiful campus of Lewis & Clark College, once the home of department store magnate Lloyd Frank, is nestled amongst flower gardens and trees. Twelve acres, including a formal rose garden, fountain, and mansion, are listed on the National Register of Historic Places.

Although the Willamette River divides Portland into east and west sections, 11 bridges join her back together. A favorite point to view the city is from the highest point on the graceful sweep of the Interstate 5 bridge just at sunrise. On a clear morning, stately snow-capped Mt. Hood reigns to the east. Reflected in the glassy mirror-like surface of the river below, the city lights fade as the first golden rays of sunshine warm the glassy office windows.

St. John's Bridge, at the northern edge of the city, is a beautiful suspension bridge built in the 1920s. In the lofty style of San Francisco's Golden Gate, it eases traffic into the old neighborhood of St. Johns, home of the University of Portland.

Speaking of neighborhoods, they are elements that make Portland a more "personal" city. Visit "Antique Row," just over the Sellwood Bridge on the eastside, where charming, modest, turn-of-the-century homes line 13th Avenue. The Nob Hill neighborhood in the northwest is reminiscent of San Francisco with family-style Victorian and Georgian mansions and modern row houses set betwixt dozens of specialty shops and restaurants.

Many Portland buildings — the stately Park and Plaza Blocks, the brick buildings, and pillared porches — are reminiscent of New England, not surprising since many influential early citizens

ABOVE TOP: Swan Island Dahlia Farm. MIDDLE: Afternoon tea at The Heathman Hotel. BOTTOM: Pioneer Square.

OPPOSITE PAGE TOP: The Japanese Gardens
BOTTOM: A view of Portland and Mt. Hood, as seen from the Pittock Mansion.

ABOVE LEFT: The Pittock Mansion. ABOVE RIGHT: A gate in Chinatown. ABOVE: The Portland Center for the Performing Arts.

OPPOSITE PAGE LEFT: Ira's Fountain. RIGHT: A fisherman holds a chinook salmon caught in the Willamette River. BOTTOM RIGHT: Coffee at Huber's.

— sea captains and merchants — were from the Northeast. Although a toss of a coin caused the city to be christened Portland, not Boston, the city today, as at the turn of the century, has a feel of that grand old Massachusetts city.

Many buildings in the Skidmore Fountain area, at the core of Portland's original commercial district, span four decades of cast iron architecture. The Willamette Block, built in 1882 and renovated a century later, includes several notable High Victorian, Italianate structures, with intricate detailing, such as stained glass transoms and elaborate cast iron scrollwork.

The historic district of Portland is definitely not staid and musty like a museum, however. Art galleries, offices and restaurants, as well as "Saturday Market," a potpourri of artisans plying their wares from April through Christmas on weekends, keeps the streets alive with people bustling to and fro. The elegant and lavish second and third floors of the New Market Theatre, now a collection of shops and cafes, once echoed with the sound of music while farmers on the ground level butchered hogs and sold vegetables.

Portland is a city where attention to fine details, pride of workmanship, and love of the city are important, a city where even the police cars and cast-iron manhole covers sport roses!

❖ ❖ ❖

by the Editors of The American West

Portland is a wonderfully diverse city offering the best of several worlds. The forest setting in parts of the city draws joggers, walkers and strollers away from day-to-day, big-city worries and into nature wonderlands. If you like water activities, there are plenty to accommodate you. Skiing, hiking, hunting and fishing also play a large part in Portland's identity. That's fishing with a capital "F." It's very big here. The editors of The American West have looked far and wide, high and low and basically all over the place to gather information for your next visit. A travel tip for your trip: keep an umbrella at the ready.

Enough said, but before we continue, let's get something straight. There is a river running through the middle of Portland, dividing the city into east and west halves and creating an attractive waterfront atmosphere. The name is Willamette, pronounced Wil-lam-ette. Not Willam-ette or Will-a-mette. Your stay may be more comfortable without people constantly correcting you or just thinking you plain missed the boat. Wil-lam-ette, Wil-lam-ette, Wil-lam-ette. Great! Now have a great trip.

PLACES TO STAY

Listed in the National Register of Historic Places, **The Heathman Hotel** is located right in the center of town, adjacent to the Performing Arts Center. Rooms feature marble baths, luxurious robes, European soaps and 24-hour room service. Stick around for afternoon tea, savored by the crackling fireplace and served by lace-aproned tea hostesses. The Heathman Bakery & Pub is nearby. *(800) 551-0011*. Reminiscent of a turn-of-the-century resort, the **RiverPlace Alexis Hotel** sits on the banks of the Willamette River. Of the 74 rooms, five are suites with wood-burning fireplaces and whirlpool baths. There is also a grand suite that is, well, grand, and several condos with fireplaces and decks. A jogging trail starts just outside the hotel and guests can enjoy privileges at the RiverPlace Athletic Club. *(800) 227-1333*.

The Westin Benson was built at the turn of the century for $1 million by Simon Benson, famous Oregon lumber baron. The lobby is richly paneled with rare Circassian walnut from Russia and beautiful cut-glass chandeliers hover in the lobby. Suites are lavishly furnished. Try the London Grill, known for its tasty continental cuisine and Sunday brunch. *(503) 228-9611*. **Red Lion Inns** are prolific in Portland. There are five throughout the city. Red Lion Inn Lloyd Center has 520 guest rooms, making it the largest hotel in Oregon. Maxi's is a popular restaurant at the hotel. The other locations are Jantzen Beach, Columbia River, Coliseum and the aptly named Portland Center, which is located downtown. *(800) 547-8010*. For elegant bed and breakfast accommodations, stay at the **Heron Haus Bed and Breakfast**, in a turn-of-the-century Tudor mansion. Most rooms have panoramic views of the city and mountains, plus spacious sitting areas with private baths. One room has a raised whirlpool spa, another a shower with seven shower heads. It is located in the Nob Hill area with its many shops, boutiques and eateries. *(503) 274-1846*. For a truly unique experience, stay on a houseboat on the Columbia River. It docks just eight miles from downtown Portland and you are welcomed with heron, deer and ducks from your Jacuzzi. *(503) 283-3031*.

DINING SPOTS

The restaurants that follow are in no particular order, except to say that in order to be included here, they had to be recommended as being of the highest order. OK, now it's time to order. Bibs in place? Utensils at the ready? Let us begin. **Jake's Famous Crawfish**, known and loved by those who just call it Jake's, is located in the historic Whitney Gray Building, a registered historic landmark. Jake's has been around since 1892, but the food is fresh! Of the three dining areas on the premises, the Back Bar, a romantic little spot, is great for hors d'oeuvres and after-theater cocktails. The Manhattan-style bar in front is great for people-watching due to the lively crowds. The bouillabaisse is exquisite. The chocolate truffle cake was chosen by Neiman-Marcus and Bloomingdale's for their promotions of Oregon products. You can use it to promote a happy stomach. **L'Auberge** is one of the city's special places. The menu is French in origin, with a Northwestern adaptation

continued on page 54

Engulfed in Style

by Lawrence W. Cheek

On the first cruise through town, the historic architecture of Galveston seems reassuringly familiar to a native Texan. There's the Baptist Church, cast in the mold of a classical Greek temple just as surely as if a Commandment had prescribed it. There are the Victorian mansions parading down Broadway, the cottages with porches decorated with jigsawed tracery, the mock-Renaissance, cast-iron storefronts of the downtown business district.

But the longer I spend in Galveston, the less it reminds me of anything on the Texas mainland where I spent half my life — and the architecture is the most obvious cue. There are stories in these buildings, stories unlike anything else in the state. Galveston's history can be read in its buildings, and it's a remarkable one — a tale of ambition, determination, courage and folly.

Occasionally it's told with embellishments, which seems perfectly in the spirit of this highly ornamented city. The silver-haired docent leading a tour through Ashton Villa, one of the city's great mansions, stops our little group in the parlor. "In the storm of 1900," she explains soberly, "the waves crashed right through this parlor window and the family's piano floated out. A little later, a man climbed aboard, and it saved him from drowning."

Another kind of Galveston story can be found a few blocks away in the John Trube mansion — "the strangest house in a city of strange houses," as architect Howard Barnstone observed in *The Galveston That Was*. Trube started out as a gardener for a nobleman in his native Denmark. He emigrated to Galveston, made a killing in real estate, and in 1890 built a rococo mansion that looked very much like a nobleman's castle in his native Denmark. The story is typically American; the expression of it is uniquely Galveston. This was the city where Victorian braggadocio met up with booming Texas money, and put on the best architectural show between New Orleans and San Francisco.

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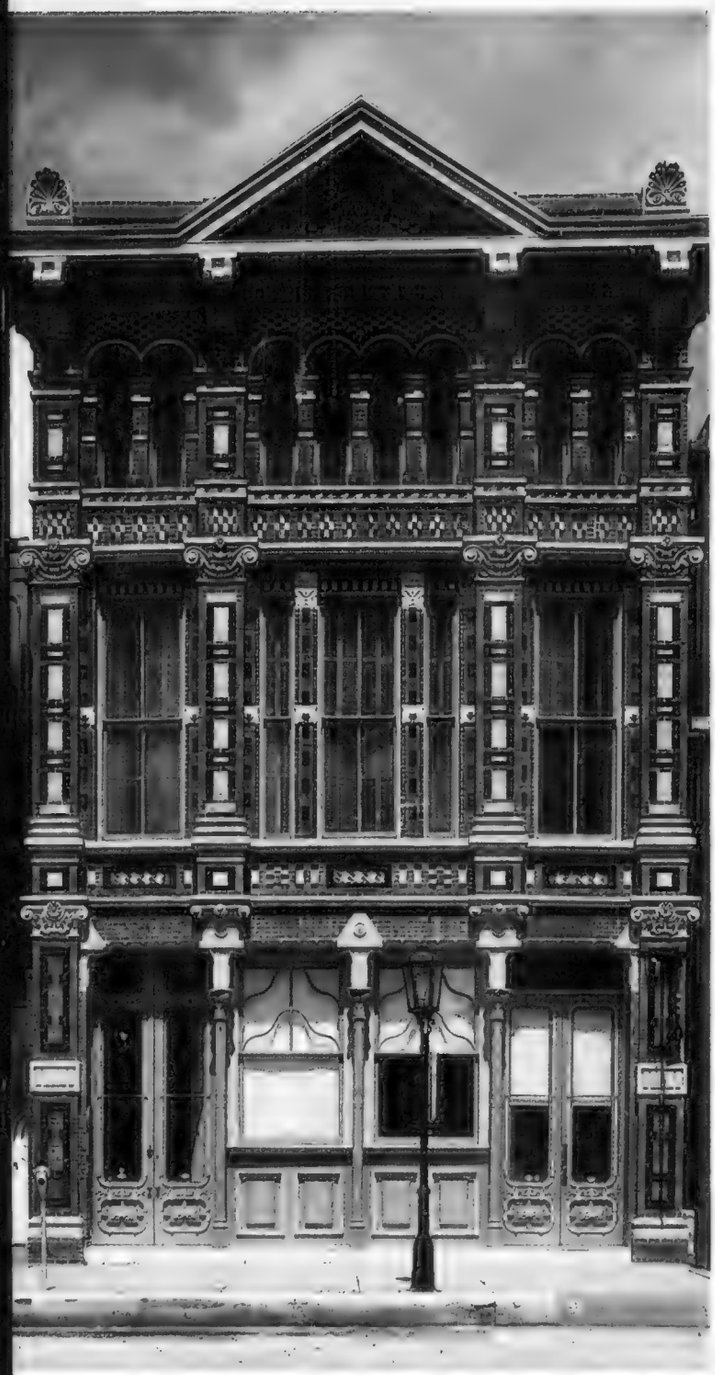

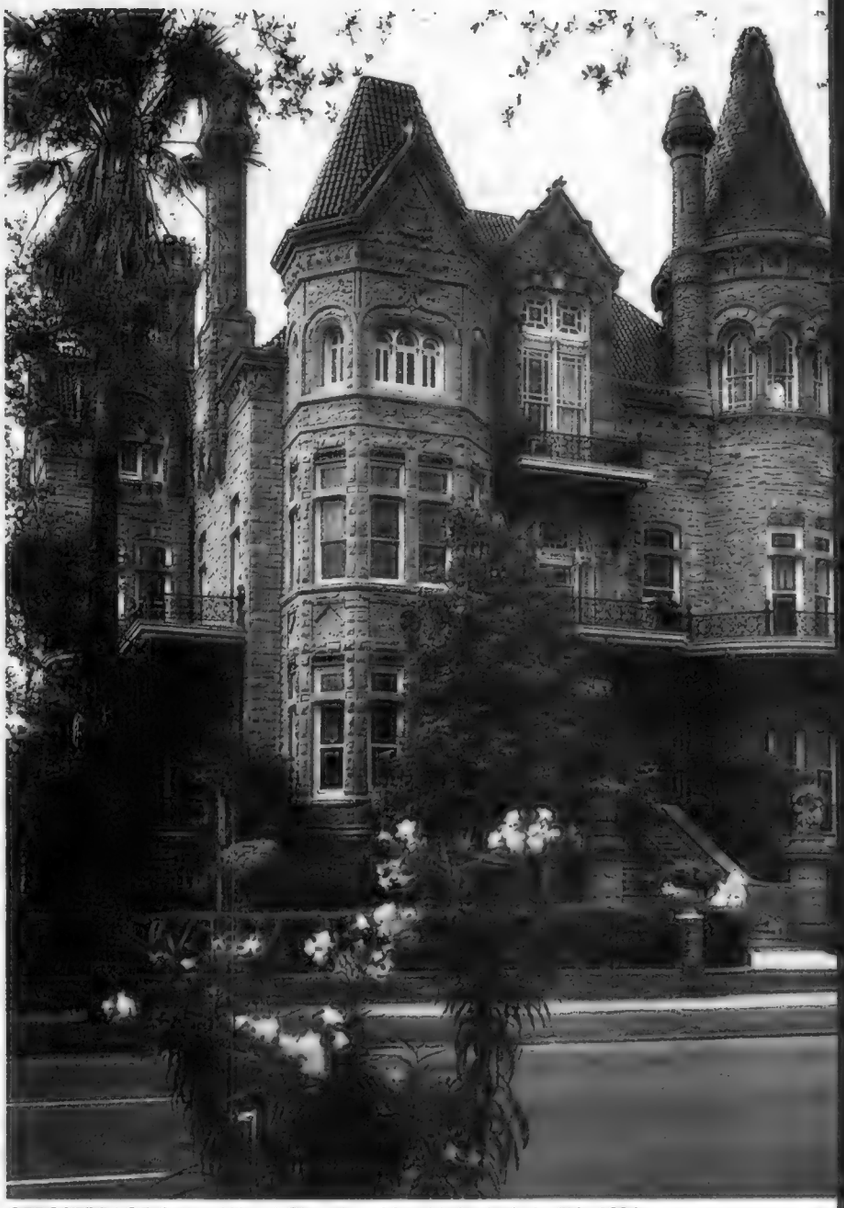

OPPOSITE PAGE: Sacred Heart Church, a Moorish fantasia built in 1904.

ABOVE LEFT: The Trueheart-Adriance Building, designed by Nicholas J. Clayton in 1881. ABOVE RIGHT: The Bishop's Palace, also known as the Walter Gresham House, is open for tours.

In a rational world, Galveston wouldn't even have been settled. It's a narrow island, a sandbar, a mile and a half wide by 32 miles long, separated from the southeast Texas coast by two miles of water. Its founders in the 1830s saw a potential for a great deep-water port, and indeed, that's what it became. Most of the cotton and grain that left Texas was shipped out through Galveston; most of the accoutrements of civilization came in through the same port. Later, it became a financial capital as well. By the 1880s, The Strand, downtown's main street, was called the "Wall Street of the West."

There's a reason, however, that most of the world's successful ports — New York, Antwerp, Shanghai — are sheltered from the open sea. On Sept. 8, 1900, Galveston learned why. The hurricane that struck that day killed 6,000 people and leveled 3,700 houses. It was the most deadly natural disaster in American history.

The carnage and devastation of that storm is almost impossible to comprehend today. The tidal wave swamped the entire island with surging water at least 10 feet deep; photos show entire neighborhoods turned into matchsticks. There were so many casualties that heaps of bodies were piled onto barges to be buried at sea. An Associated Press reporter, surveying the aftermath of the tragedy, filed this haunting dispatch:

The city of Galveston is wrapped in sackcloth and ashes. She sits beside her unnumbered dead and refuses to be comforted. Her sorrow and her suffering are beyond description.

What Galveston did next, however, demonstrated her character. Beginning in 1904, the city fortified itself against the next inevitable hurricane by dredging 10 million cubic yards of sand from the gulf and literally raising its elevation by three to five feet. Houses, stores and even churches, one by one, were elevated by hand-driven screw jacks and fill pumped underneath. Then the entire city was relandscaped. It's impossible to think of a comparable demonstration of grit and tenacity by any other American city.

The project took six years, and was

finished just in time for the next disaster. In 1914 the Houston Ship Channel, a dredged bayou, opened for business. It left Galveston's economy literally stranded at sea. With its shipping traffic cut to a trickle, the island city faded into a slumber that persists today.

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Peter Brink, a dapper, Harvard-educated lawyer who had been involved in some historic preservation projects back East, got his first look in Galveston in 1973. A small group of Galvestonians invited him to hear their dreams of reviving The Strand. It was so decayed, recalls one businessman, that "even the rats wouldn't come down here." What Brink found was a city that had been blessed, in an odd way, by its chain of disasters. Because Galveston's economy was asleep, it had been mostly spared the redevelopment — the freeways, the shopping strips, the office towers — that would have doomed its historic buildings.

"I fell in love with it," Brink says.

He became executive director of the Galveston Historic Foundation, creating a plan to revitalize The Strand, organizing a host of programs to help homeowners restore and maintain historic houses, and once even joining a sit-in to save an 1860 office building from a quivering wrecking crane. Galvestonians gratefully credit Brink, who still heads the foundation, with convincing the city that its future lay in saving its history.

This is another of the reasons Galveston today feels so unlike the state it's nominally attached to: it's the only city in Texas that looks to its past for inspiration. *Texas Monthly* executive editor Paul Burka, a Galveston native, explained it this way: "Like modern Egyptians and their pyramids, Galvestonians are condemned to live alongside the monuments of a greater, vanished civilization." For mainland Texans, this would be an unendurable humiliation. For Galvestonians, it's become a source of pride.

There are three National Register historic districts in Galveston, and about 1,500 buildings that qualify in some way as historic. Not everything has been restored, but an architecture buff's tour still can easily consume several days — mine took five. There's no guided tour of Galveston's architecture, which the city ought to have, but visitors still can dig out the stories in these buildings by organizing their own tours. The key word is *organize*: a hit/miss sampler will offer fleeting images but no coherent understanding of the city's culture.

I would do it more or less chronologically. First, antebellum Galveston: the 1839 Samuel May Williams House, the 1847 Powhatan House, and the 1839 Menard House. (The former two are open to visitors; the latter is boarded up, in danger of ruin.) All three are Greek Revival, a style of architecture that can be read, in psychological terms, as *homo sapiens*' determination to impose order on the unruly natural world. Few environments on the continent seemed to beg for order so acutely as Galveston Island.

Next, Victorian Galveston: downtown, then the East End Historic District. On summer weekends, The Strand is livelier than any downtown street in Houston or Dallas, a throwback to the happy time when a city's downtown actually functioned as its heart. At the moment, it exhibits multiple personalities — a serious shoppers' street, a T-shirt 'n' trinkets bazaar, and a hip café scene. It's also an open-air museum of cast-iron storefronts imitating Renaissance pilasters, capitals and cornices. (Cast-iron facades were all the rage a century ago, until somebody noticed that they always melted and collapsed in a fire).

In the East End, both Galveston's nineteenth-century wealth and worldliness remain on display. Walk Sealy from 11th to 20th Street, then return along Ball, a block north. Numerous Victorian architectural styles peek out from the dense foliage, but the most prominent is Queen Anne — that sizzling melange of ornate millwork, turrets, pedimented gables, bay windows, scallop shingles and any other decoration an architect could think to

ABOVE LEFT: The Kauffman & Runge Building. ABOVE RIGHT: The Beissner House.

OPPOSITE PAGE: Old Red," another Clayton masterpiece, is on the grounds of the University of Texas Medical Branch.

toss in. Burka, again, correctly interprets the story of these streets: "The elegant, European-style living in Galveston had no parallel in Houston, where men put their money into business, not architecture." In Galveston, the magic show was everything.

No one was better at this magic than Nicholas J. Clayton, an Irish immigrant who had apprenticed with the Memphis architectural firm of Jones & Baldwin and came to Galveston in 1872. Clayton was not an innovator; he didn't invent a "Galveston" style. But he convinced the world that this port-on-a-sandbar was for real, giving it buildings that were as sophisticated as anything in Boston or New Orleans. He designed almost 300 buildings in Galveston, of which 35 still stand.

For the visitor, two of them are mandatory. One is easy to find: the Bishop's Palace, also known as the Walter Gresham House, which is open for tours. "Staggering" isn't too strong a word for his dark, castle-like monster. Clayton plundered both architectural history and mythology for its motifs: Gothic and Roman arches, Rhineland chimneys, French wrought-iron railings, and, to guard it, platoons of cast-iron griffins and dragons. In the hands of a mediocre architect this could have been an appalling megalomaniacal pile, but Clayton had such a fine eye for proportion and skill with detail that it is, instead, a demonstration of how even the most conspicuous consumption can be disciplined into art.

Most visitors miss "Old Red," the other essential Clayton masterpiece, because it's surrounded by a clump of anonymous modern buildings at the University of Texas Medical Branch. Drive onto the campus and ask directions, then be prepared for a concert of architecture-as-music. "Old Red" is columns, arches and decorative brickwork whipped into irresistibly powerful rhythms. Note the capitals, where Clayton fearlessly crowned classical orders with the Lone Star, the emblem of Texas. Texas, the New Roman Empire. Such details tell us that the Galveston of the late 1800s was a city of boundless ambition.

Galveston's buildings, sadly, tell us a further story about Clayton. In 1892 he designed a vast and incredibly ornate Romanesque church for the Sacred Heart Parish, just across the street from the Bishop's Palace. Eight years later it collapsed in the hurricane, and the refugees cowering inside it were killed. A new church, a Moorish fantasia smaller but even more exotic, replaced it in 1904. It was not Clayton's. He lived until 1916, but after the storm he did no more major buildings in Galveston.

There's one Twentieth Century stop on this tour. It's not a historic district, but some day it might be.

After Galveston faded as a port city, it tried, for a while, to make a living with sin. For three decades its gambling houses, bordellos and Prohibition speakeasies served as South Texas's offshore rec room. Businessman Meyer Reiswerg, a native islander, remembers it as remarkably benign. "When I was a kid, I worked parking cars for customers at the Balinese Room," he recalls. That was the primo gaming house. "I'd watch these fine folks come in, smiling, then they'd always leave with dejected looks. It took a while, but I finally figured out why they were such poor tippers."

The Texas attorney general shut down the gambling houses in 1957. The Balinese Room, a long, narrow jetty built out over the gulf, still stands, now rented for private parties. It's a fixture on Seawall Boulevard, a wide highway paralleling the beach for nine miles. This is Galveston's old tourist haunt.

On weekends, half the high school kids in Southeast Texas can be found cruising Seawall, ragtops peeled back, stereos pumping music into the heavy gulf air. Older tourists pedal rented surreys along the boulevard's edge, or comb the curio shops clustered near the Balinese Room. These shops are virtual galleries of gulf kitsch — seashell lamps, oyster ashtrays, inflatable sharks. The Seawall's numerous restaurants serve up frosty Lone Star long-necks and heaping

continued on page 64

KAUAI

Some Enchanted Island

by Judy Wade

Part of Kauai's charm lies in its diminutive size. With less than a hundred miles to travel by car and just one main road, you can hardly get lost. It has nothing big enough to rate the title of city. Even Lihue, the main town, is quaint and small by anyone's standards because it has obeyed the edict to erect no edifice "taller than the tallest coconut tree". The island is so aware of its heritage that it honors its special people with the title "Living Treasure of Hawaii". The honor goes to those who have contributed to the betterment of their society in a cultural or humanitarian manner. It is this sort of charming sensitivity which helps give the island its character.

Kauai is a treasury to explore. Formed five million years ago before there was life to watch its volcanic genesis, only 4 percent of its surface is developed. Its spectacular Na Pali coast is rugged and wild, approachable only by sea, air, or a challenging 11-mile hike. A magical quality of peace, quiet and natural beauty pervades this, the oldest of the Hawaiian Islands. Even the major resorts have been thoughtfully integrated into the island's topography so as to do little violence to the landscape.

Exploring

I chose a rental car to explore Kauai at the laid-back pace which matched my mindset. Rates are reasonable, roads are reliable, and traffic is light except for peak morning and afternoon times in Lihue. Tropical, Hawaii's largest all-island independent car rental company, has Nissan Sentras for $25 to $30 per day. They'll pick you up at the airport in

an air-conditioned van, and return you there when you turn in the car.

My hands-down favorite place on Kauai is anywhere on the Na Pali Coast. This remote, uninhabited, 12-mile area is rich with the breathtaking beauty which only nature could craft. Centuries ago, it was the home of a thriving culture which has left evidence of its existence in shards and ruins. In 1960, an archaeology team discovered the remains of a settlement at Nualolo Kai which they dated at 800 AD. Waterfalls plunge hundreds of feet to the ocean below, and sandy beaches are much as they must have been centuries ago. It's easy to believe the massive basalt cliffs and verdant valleys harbor secrets which may never be divulged. Its mystery led movie makers to choose it as the setting for the latest film version of *King Kong*.

An important item on my schedule was Captain Zodiac's day-long trip (there are other, shorter trips which don't go ashore) along the Na Pali, including a picnic lunch and snorkeling. I hooked up with other guests in Haena, a one-hour drive from Lihue, where a rattly orange school bus shuttled us to a sandy beach. Jollyann, a Hawaiian lady as round and happy as her name, guided us through a shallow stream and across a strip of sand to our pickup point. We'd each been given a large brown trash bag and half a dozen smaller Ziploc bags to protect our cameras and valuables from inevitable showers and truant waves.

One of the biggest attractions of the volcanically formed Na Pali is its caves. We were lucky to be doing the trip in midsummer when the surf was low enough to let us glide into these dark caverns safely. As it nosed its way through the chop, our rubber boat passed within touching distance of sea turtles and dolphins. Halfway down the coast, Jeff, our captain, announced that the 16 of us were about to be "initiated." Before we could think about what he meant, he raced the boat full speed under a waterfall and into an almost hidden cave. As we shook off the droplets of cold, fresh water, we realized we were inside a steep-sided ceilingless cavern. Jeff cut the engines. The cave's damp sides, chiseled by centuries of waves, tossed our voices back at us. I wasn't sure if the chill I felt came from the waterfall or the cavern's eerie effect.

Back on the open water, we watched tiny hikers 3,000 feet above us thread their way along skinny trails. Frigate birds, called *ewa* in Hawaii, swooped and dived around our boat. Intermittent rain showers, typical of this area, did nothing to dampen our spirits or enthusiasm as we lurched along.

Our snorkeling stop at Nualolo Kai began with a deli lunch in a picnic shelter, set out in waterproof containers which Jeff and his assistant Tom retrieved from stowage in the front of the boat. As we munched on sandwiches and brownies, a trio of friendly brown partridge-like birds called francolins scratched and bobbed nearby, begging for scraps.

We were supplied with masks, snorkels and fins to explore the bay's lively reef. Brilliantly colored parrot fish, tangs and triggerfish darted among coral heads and into the murky grey-green shadows of large rocks as we hovered on the surface. When I dived down to their level, they rippled away as though stirred by a breeze.

A bouncy 45-minute ride (those with back trouble and pregnant ladies aren't allowed on this trip) brought us back to our starting point. The five-hour expedition is about $100 per person.

If you do a day hike to the Na Pali, you'll see spectacular views and get a good workout. However, the 11-hour trek to the heart of the wilderness requires an overnight stay (pack in your own food, water and sleeping bag). The rock-studded terrain demands slow going, but the area's breathtaking beauty makes it worth it. Permits are available from the Director of State Parks, P. O. Box 1671, Lihue, Hawaii 96766, (808)-245-4444. You must send a copy of your driver's license or passport for each adult, and list ages and names of minors. Do this as long before your trip as possible, because permits to hike this area are strictly limited.

OPPOSITE PAGE: Kauai's spectacular Na Pali coast, rugged and wild, is approachable only by sea, air or a challenging 11-mile hike.

ABOVE: Brilliant sands make Kalapaki Beach a great place for sunning and swimming.

Bird's-eye View

There's an excellent reason why so many helicopter companies are offering

RIGHT: The Garden Isle. BOTTOM LEFT: Duke's Canoe Club, an open-air restaurant overlooking Kalapaki Beach, is ideal for casual dining. BOTTOM RIGHT: The Tempura Garden in The Westin Kauai is a popular spot for reasonably priced dining.

OPPOSITE PAGE: TOP: Flamingos are not indigenous to Kauai, but several hotels have imported them. BOTTOM: The reflecting pool at The Westin Kauai.

tours of Kauai. There simply is no other way to absorb the astonishing beauty of treasures like the vivid pinks and rusty browns of Waimea Canyon, the patchwork of taro fields in the Hanalei Valley, and Wailua Falls, the "Fantasy Island" waterfall.

You'll be assigned a specific seat before you board, based on weight distribution (you'll be asked for your total tonnage). If you're lucky enough to get the co-pilot's seat, you'll be surrounded by a transparent bubble which gives you the feeling of floating in space. I shared my five-passenger Bell JetRanger from South Seas Helicopter with three German visitors and Nanc, (yes, there are lady helicopter pilots) who, I later learned, was not only an ace pilot but an aircraft mechanic as well.

We left a landing pad near Lihue Airport and dipped over Nawiliwili Harbor where the *SS Independence* was in port for the day. We'd been given earphones through which we assimilated the New Age sounds of Andreas Vollenweider, David Benoit and others of their ilk. The music changed appropriately as we swooped and soared and the world dropped away below us.

The falls which tumble into the ocean along the Na Pali became the source of shimmering rainbows as we flew between their spray and the sun. Nanc pointed out crescent-shaped Lumahai Beach which is better known as the nurses' beach in the movie *South Pacific* where Mitzi Gaynor washed that man right out of her hair. We saw the area which became Michener's fictional Bali Hai in the 1958 movie. We floated over the championship golf courses of Princeville, shadowy Waialeale crater, and watched an occasional white bird glide by a velvety green cliff. Our 55-minute whirlybird overview, which South Seas calls their Golden Eagle flight, was $125.

Beach Adventures

Kauai is the kind of place where you can turn off all brain power, head for the beach, and feel like you're accomplishing something. All of its beaches are public, so wear a swimsuit under your clothes when you set out. It's a simple matter to stop at a public right of way and spend a cooling half hour in gentle surf. Beaches can change their mood from summer to winter, so be sure you check conditions before plunging in.

On the West Coast, Polihale Beach is both beautiful and potentially dangerous. You'll find it at the end of a spine-jolting dirt road, a sheet of white sand blazing at the base of sheer cliffs. It is the last walkable point before the Na Pali wilderness. No reefs protect it from powerful ocean currents, so use this exquisite spot only for sunning, wading and picnicking in the shadow of some of nature's most powerful creations.

For swimming, you'll want to hit the brilliant sands in front of The Westin. Kalapaki is a safe, gentle beach ideal for an afternoon of paddling and drowsing. Heed the beach warning flags. Green means go for it, yellow means enter the surf with caution, and red suggests you retire to The Westin's poolside bar and watch the waves from a distance.

Secret Beach is the place to go with a significant other. You do have a hike down a steep trail through a bit of tangled brush, but you're OK in tennis shoes, and the walk is worth it. It's not the place for marathon swims because the surf and current both are strong. But you can hunt for shells at water's edge, and most of the time you can be completely alone.

Where To Stay

The island's most spectacular resort is **The Westin Kauai**, created by developer Chris Hemmeter who also is responsible for the Hyatt Regency Waikoloa on the Big Island of Hawaii. Every guest is met at the airport by a grey stretch Cadillac limousine. I shared mine with a honeymoon couple from Seattle. In the porte cochere, a hostess draped us with fragrant plumeria leis and directed us to a two-story escalator down to the lobby. The two-acre reflecting pool is centered with seven white marble horses and a 60-foot geyser. It sets the tone for the theatricality of the rest of the resort.

My room, decorated in shades of pink and mauve, was in the older section which existed when the resort was still the Kauai Surf. It has no usable balcony, but sliding glass doors open onto a railing so the entire room in effect becomes an outdoor patio. A soft gray cotton kimono was laid out for my use while I was there. A separate sofa was thoughtfully positioned so I faced Kalapaki Beach while I ate my morning papaya and macadamia nut muffin. Depending on the amenities and view, rooms run the

range from $185 to $385.

I got acquainted with the resort's 800 acres by taking a Clydesdale-drawn landau carriage ride ($17). As Trixie clopped us past immaculate golf greens and mirror-finish lagoons, our driver Michelle leaned out of the carriage to snag a couple of hibiscus blossoms for us to tuck behind our ears.

Meals at The Westin can be a casual, open air affair poolside at **Captain Cook's** (hamburgers and fries $7.50) or an elegantly expensive evening at **The Masters**, where jackets are required and a ginger shrimp appetizer costs $9.50. This probably isn't where you want to bring the kids. Excellent fish entrees, including ahi and opakapaka, are in the $30-$40 price range. I particularly liked the **Tempura Garden** restaurant where resort attire is accepted and a 5-course, amazingly light tempura feast can be as little as $26.

North of Lihue, the laid-back **Kauai Hilton and Beach Villas** caters to families and kids with its $250-a-day, beach front villa rental which has two bedrooms and sleeps up to six. A one-bedroom, non-ocean front is $120 per day. All have complete kitchens with dishwasher, disposal and daily maid service. Regular hotel rooms range from $115 to $175. The **Terrace Restaurant** has an excellent $7 Shanghai chicken salad.

Even less pricey digs are available at many unpretentious small hotels on Kauai. The **Garden Island Inn** near Lihue, a white frame building, has common walkways so guests can sit outside and catch cooling breezes to make up for no air conditioning. The beach is just across the street. Rooms are compact and furnished in Early Motel Catchall, which explains the $40 price per room. No coffee shop, no mints on your pillow.

Where To Eat

By all means try the restaurants in your hotel. Some, like **Inn on the Cliffs** at The Westin, accessible only by horse-drawn carriage or mahogany launch, are among the most spectacular anywhere.

Further up the coast in Kapaa, the **Bull Shed** has a reputation for great prime ribs. A complete dinner is about $16. They don't take reservations, so be prepared to stand in line. A plate of fried chicken and shrimp, at about $14, including a trip to the salad bar, was my favorite. Don't expect elegance. Tables and chairs are jammed together to accommodate as many diners as possible. If you're lucky enough to get a window table, you can watch waves crash against the seawall. But the price is right and the food is usually worth it.

Yes, there are **McDonald's** on Kauai, one opposite the Bull Shed and another in Lihue about five minutes from the airport. The tried-and-true expected taste of a Big Mac is the same here as anywhere the Golden Arches appear, with a few surprises. I loved the somewhat spicy breakfast of Portuguese sausage, eggs and rice with guava juice, available only at Hawaiian McDonald's.

If celebrity stalking is your idea of fun, you might want to stop at **Charro's** on the island's north shore near Haena Beach Park. The famous kootchy-kootchy girl sometimes is in residence, if she's going to perform. Food is a bit uneven. I did like the combination of shrimp and tomato/basil sauce with rice which we were told was one of Charro's mother's recipes. But if you're feeding a family, you'll want to opt for less toney spots.

Kauai's traceable history is admirably preserved in the **Kauai Museum** in Lihue, from its discovery by Captain James Cook in 1778, through the attempted Russian expansion in 1815, the arrival of the first Protestant missionaries, and the unfolding of 19th century plantation life. Admission, $3.

Kauai is an island made for exploring. The miles of cane fields and pasturelands attest to a culture which hasn't yet been blighted, as has Oahu, by urban sprawl. You can stay as busy as you wish with shopping, eating out and discoing. But when you long for solitude enhanced only by nature, Kauai has it in abundance.

(Freelancer Judy Wade reports on travel for Caribbean Travel & Life, Outside, Braniff Magazine, *the* Los Angeles Times Syndicate Northwest *and other national publications.)* ❖

Emerald Lake, Yukon. 11:30 P.M.

"We left our hearts in Canada's Yukon."

We've been planning our trip to Alaska for a long time, but the highlight of our trip turned out to be the Yukon. There was so much to see - Dawson City, where we relived the romance of the gold rush of 1898, the museums full of native history and culture. And the scenery was magnificent! Plus the sun never went down. Excellent campgrounds and we met so many wonderful people...

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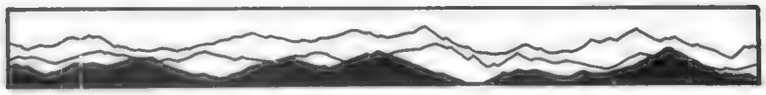

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1990 January — YESTERDAY • TODAY • TOMORROW — February 1990

LIFE IN THE OLD WEST

Alferd Packer

THE CASE OF THE COLORADO CANNIBAL or "HAVE A FRIEND FOR DINNER"

by Louise Boyd James

He never denied he ate them, but he insisted he hadn't killed them...except for Shannon Wilson Bell (in self defense).

Ever since April 16, 1874, when Alferd Packer wandered into the Los Pinos Indian Agency, about 20 miles northwest of what is now Lake City, Colorado, Westerners have debated the fate of the five miners who had been traveling with Packer.

Was it as Packer soon confessed?

Old Man Swan died first and was eaten by the other five persons, about ten days out of camp. Four or five days afterward, Humphreys died and was also eaten... Some time afterwards, while I was carrying wood, the butcher was killed — as the other two told me, accidentally — and he was also eaten. Bell shot "California" with Swan's gun, and I killed Bell. Shot him. I covered up the remains and took a large piece along. Then traveled fourteen days into the Agency. Bell wanted to kill me with his rifle — struck a tree and broke his gun.

Or was the truth that Al Packer had killed — and eaten — all five while crazed by hunger after the party became snow-bound high in the San Juan Mountains?

Packer was born Nov. 21, 1842, in Allegheny County, Pennsylvania. He served two brief hitches in the Union Army during the American Civil War. Military records described him as five feet, eight-and-one-half inches tall, with a pale complexion, blue eyes and light brown hair. His right arm was soon tattooed "Alferd Packer, Camp Thomason, Second Battalion, 16th Infantry." (The proper spelling of Packer's first name has often caused confusion. While he probably was born "Alfred," handwriting experts determined Packer himself used both spellings.)

Packer's military career was brief because of the epileptic seizures which plagued him all his life.

Packer subsequently drifted West. He hunted, mined, trapped, worked as a teamster and a guide. In November, 1873, he was in the vicinity of Salt Lake City, Utah Territory. Here he learned of an expedition of miners leaving for Breckenridge, Colorado Territory, where new gold discoveries had been reported. Packer, planning to Christmas with the destitute and [illegible] poor, paid enough for his $25 share of the [illegible] cost membership in the party.

On January 21, 1874, Packer's party arrived at the camp of Chief Ouray, near what is now Delta, Colorado. The Ute chief invited them to remain until the worst part of the winter was over, since the passes were drifted and made impassable.

But some of the miners had a bad case of gold fever and two small parties decided to push on. Packer and five other miners left Chief Ouray's camp February 9, 1874, bound for the Los Pinos Indian Agency. Chief Ouray estimated the agency to be about seven days away, and they packed provisions accordingly.

With Packer were Israel Swan, about 60, the oldest member of the expedition; the teenaged George "California" Noon, the youngest; Frank "Reddy" Miller, a German butcher; James Humphrey; and Shannon Wilson Bell. Noon and Swan carried Winchesters; Bell a hatchet; Miller a skinning knife.

Sixty six days later, Packer emerged from the wilderness alone. He said he'd been left behind by the other members of the expedition when he'd become foot-sore and snow-blind.

Packer's condition upon arrival at Los Pinos has been subject to debate ever since. Some

see Cannibal page 2

continued from page 1

say the Indians took one look at him and said, "Him too fat." Other stories circulated that his first request was for whiskey, not food, and that he became ill when offered meat.

Ironically, another member of the original group of 21 miners, Preston Nutter, arrived at Los Pinos that same afternoon. Nutter had remained at Chief Ouray's until the weather broke. When Nutter arrived, "Packer appeared very much excited," Nutter would later testify. "Said he never expected to see me again. I asked him where the rest of the party were. He said he didn't know where they were."

Nutter and Packer soon traveled to the nearby gold-rush town of Saguache together. En route, Nutter noticed that Packer had Frank Miller's skinning knife. "I asked him where he got the knife. He said Miller stuck it in a tree, went off and left it."

In Saguache, Packer seemed to have plenty of money to buy liquor at Larry Dolan's saloon; he spent over $100 on clothes and a horse. But before long, General Charles Adams, Los Pinos Indian agent, coaxed a confession from Packer (quoted above) in which he admitted killing Bell in self-defense.

Packer agreed to help look for Bell's body. A broken rifle beside it would have helped establish the truth of Packer's Los Pinos confession. Had this been the case, Packer would have been more pitied than punished, Adams indicated. However, Packer failed to locate Bell and his strange behavior caused General Adams to have him arrested and held in a makeshift jail at Saguache.

Packer was still incarcerated there in late August when John A. Randolph, an artist on a sketching assignment for *Harper's Weekly Magazine*, stumbled upon the remains of five men. The bodies lay close together on a plateau overlooking the Lake Fork of the Gunnison River, about two miles south of what became Lake City, Colorado. Nutter helped identify the remains and later testified that "The heads of the men were cut open as with a hatchet." Swan's body "was almost or nearly decayed...Miller's head was entirely gone." Nutter did "not perceive that flesh had been cut" from the bodies.

The five were buried in a shallow grave near where they had died. When the rumors of the find reached Saguache, Packer escaped. He remained "lost" until March of 1883, when another member of the original party of 21 miners, "Frenchy" Cabazon, recognized Packer near Fort Fetterman, Wyoming Territory.

General Adams, who was by then Post Office Inspector in Denver, obtained a second confession from Packer on March 16, 1883. In it, Packer related that, after the party had been out about 10 days, "living on rosebuds and pine gum," he had left the party to see "if I could see something from the mountains." When he returned to camp that evening, he "found the red-haired man (Bell), who acted crazy in the morning, sitting near the fire roasting a piece of meat which he had cut out of the leg of the German butcher (Miller)."

All the rest of the party lay dead near the camp fire, their heads bashed in with a hatchet. "When the man saw me, he got up with his hatchet towards me, when I shot him sideways through the belly. He fell on his face; the hatchet fell forward. I grabbed it and hit him in the top of the head."

Packer said that he remained in the camp "the bigger part of the 60 days I was out," living off the flesh of his companions. He claimed his first confession had resulted because "I wanted to say something. The story as I told it was the first which came to my mind... I told a lie, I acknowledge. But I did tell the truth when I told how I killed Bell."

Packer was tried twice for the crime. In April, 1883, he was found guilty of the murder of Israel Swan. This conviction was set aside by the Colorado Supreme Court, and he was tried a second time and found guilty of five counts of voluntary manslaughter in 1886. (He was never tried as a cannibal as some stories insist.)

Packer served 17 years at Canon City, a model prisoner. Thanks to the crusade of a Denver newspaper, he was paroled in 1901 and died April 24, 1907, of "Senility-trouble & worry" and was buried in the Littleton, Colorado cemetery.

UNEARTHING THE MYSTERY

Since Packer's death, the debate has raged over his guilt or innocence. As recently as 1981, a formal request for an unconditional, posthumous pardon for Packer was made to Colorado governor Richard Lamm. He turned it down.

But an unpardoned Packer has been good for Lake City, known over the years as the "Home of the Colorado Cannibal." Here you can buy an Al Packer doll, take part in an "Al Packer Look-Alike Contest" or see the watchfob Packer braided and an invitation to his hanging (which, of course, never took place) at the Hinsdale Historical Society Museum.

T-shirts with Al Packer's likeness proclaim "Nothin' says lovin' like someone in the oven," or "Have a friend for dinner" or "The first five were delicious. Send more. Al Packer." There's even an *Alferd Packer's Wilderness Cookbook*, and a local restaurant serves a "Packer's Platter, for those with a man-eating appetite." For $12.95 it features ribs, steak fingers, chicken breast and brisket.

For over 30 years, James E. Starrs, professor of law and forensic sciences at George Washington University, has wanted to know the truth about Packer. Starrs, who says of himself, "I'm an exhumeaholic; I'm always looking for new icons to dig," determined to let the bones tell their story, just as they might in a modern-day courtroom.

The white-bearded professor brought together a team of forensic experts from various fields — archaeology, anthropology, pathology, geophysics, engineering — to exhume and examine the bones of the victims, dead now 115 years, and to settle once and for all the truth of the story of the Colorado cannibal.

"The bones of his victims will now have their opportunity to tell, through the means of science, their side of the story," Starrs said as the dig began in July of 1989.

Randy Travis's "Diggin' Up Bones" was on the Lake City hit parade as the exhumation of Packer's victims began. There were jokes about toothpicks and barbecue sauce found at the site, and a bright yellow "Gimme Five" T-shirt designed by Dr. Starrs was soon the rage.

By the end of the week, the grave had given up its dead — five of them, but only four skulls. The story that "Reddy" Miller had been buried headless proved to be true.

Dr. Starrs' super sleuths provided an almost immediate answer to the question, "Who done it?" There was no need to consult firearms experts — no evidence of bullet wounds. Knife marks instead imprint the bones of all five.

"Someone stripped these bodies all but clean of their flesh," Starrs said. "They were butchered, deflesh ed from top to bottom, fore and aft. The skulls showed multiple hatchet wounds, the caving in of skulls or deep cuts into the skulls."

While it was not possible to determine absolutely which skeleton was that of Shannon Wilson Bell — he was either skeleton "A" or "C", Starrs said — it was possible to determine that "both had a number of self-defense wounds. Bell was defending himself, which puts a lie to Packer's story that Bell attacked him."

Eighteen-year-old George Noon "put up a mammoth struggle" for his life, according to Starrs. His skull had from 11 to 14 hatchet blows, "the worst kind of overkill." The young man's left arm had been shattered as he tried to protect his head from the hatchet.

"I can't believe how much more we have learned from this than we'd hoped for," Starrs continued. "We can put together a scenario of what happened. The men were together, they were all killed at one time; it was wholesale slaughter, wholesale butchery.

"Packer was lying on so many counts; he seemed to make lying a habit. Though going back to Alferd Packer's statements, in the Denver confession, he did say, 'I lived off the flesh of these men for the bigger part of 60 days.' There's no question that that's not true."

It seems to be the only truth Alferd Packer ever told about that time on Cannibal Plateau.

REMEMBERING THE PAST

THE DUCK HUNTERS

The two duck hunters in this snapshot have obviously had a good day's shooting, judging from the number of birds piled up in the boat. The seated gentleman is Richard S. Marple, whose great granddaughter, Cheryl S. Sharp, sent in this picture, taken in 1905 in the Newport Beach, California area. The standing gentleman is probably a Mr. Sanborn, Marple's friend and neighbor.

Richard Marple was born in Princeton, Illinois, in 1846. In 1864, at the age of 17, he joined the 66th Illinois Infantry to fight in the Civil War. Unfortunately, he saw only brief service before being wounded at Resaca, Georgia that same year at the beginning of Sherman's March to the Sea. He spent the remainder of the war in a hospital in Keokuk, Iowa.

After the war, he returned home to Sheffield, Illinois, where he worked as a merchant and eventually had his own store. In 1870, he married Edna Whipple Howard and the couple had four sons. When the boys were grown, the Marples decided to move to the West and settled in Santa Ana, California. Two of their sons also went west. Mrs. Sharp's grandfather, Floyd Marple, and his younger brother remained in the Midwest.

The Marples also lived in Tustin, on Balboa Island and in Newport Beach. Although Mr. Marple's war wound continued to bother him throughout his life, he remained an active sportsman all his life. In addition to duck hunting, he played golf daily well into his eighties. He died in 1931 at the age of 85.

"I can recall," writes Mrs. Sharp, "when I was growing up in the 1940s and '50s, that my grandparents made frequent trips, usually by car, from Michigan to California to visit the relatives there. The visits became annual events when my uncle, their only son and youngest child, decided to move to California in the late '40s. My own family migrated to California in 1961, although we are now, like so many families, scattered from coast to coast.

"I find it indicative of our wandering society that my great grandfather's own father was born in Virginia, his mother in Ohio, and that the family ended up in California. Now, in the 1980s my sister has moved to Virginia and my brother to Ohio."

THE AMERICAN WEST [illegible] dollars to any reader who [illegible] Photo is accepted [illegible] seek old photographs [illegible] times. We'll [illegible]

AROUND THE WEST

Yesteryear's glamorous era of rail travel is reflected in the elegant decor surrounding patrons as they dine aboard the newly-refurbished Napa Valley Wine Train.

ALL ABOARD FOR A LOAF OF BREAD, A JUG OF WINE AND...

When passengers board the Napa Valley Wine Train for the relaxing journey through California's famed wine country, they can look forward to scenic splendor and superb service to match" management.

The train — formed when three 1917 Heidelberg railroad cars were purchased and refurbished last year by the Napa Valley Railroad Co. — will visit wineries in the Napa Valley with their guests aboard. The journey, a 36-mile round trip, is split between a section of track on the Southern Pacific Railroad and the Napa Valley Railroad.

On their ride, guests are treated to the scenic splendor of the Napa Valley as they board the Wine Train's classic, restored Pullman coaches and sleeper cars, which are all refurbished, heavyweight Pullman coach or sleeper cars that date back to the early 1900s. As the incomparable Napa Valley scenery rolls by the oversize windows, passengers dine on gourmet cuisine prepared aboard the Wine Train in a separate kitchen car. Meals are enhanced by fine china, Dansk linen tablecloths, silver flatware and crystal stemware and accompanied by a selection of more than 60 Napa Valley varietal wines.

Launched in September of 1989, the Napa Valley Wine Train offers daily three-hour excursions from Napa to St. Helena and back, serving brunch, lunch or dinner, six days a week. Trains depart from the train's main terminal at 1275 McKinstry St. in Napa. Round-trip train fare is $25 per person; complete fixed-price brunch or lunch is $20 per person, $45 for dinner. A la carte meals are $15 or more for brunch or lunch. $30 minimum for dinner. Reservations are necessary.

For more information or to make a reservation, call *(707) 253-2111 or 1-800-522-4142*.

TRAVEL TIPS

PARADISE — FOR FREE!

There may be no such thing as a free lunch, but you can spend a night in the coastal paradise of Santa Barbara, California, for nothing. Through March, 30 area hotels, motels, inns and bed-and-breakfasts are offering one night free to guests who buy a certain number of nights at regular rates. To get your "Free Nights in Paradise" packet, call (800) 927-4501.

AND LEARN TO SKI — FOR FREE!

Mark the date on your calendar — Friday, Jan 19. That's the day you've got to drive to Ontario, Ore., for United Ski Industries' convention is offering a free lesson to all the skiers from 150 participating ski areas across the country. Participants will be treated to a free lesson at the ski area of their choice on that day. Lessons will be given by professional instructors, ranging from beginner clinics to racing and freestyle programs. Before planning your trip to Ontario, call the ski area you plan to visit and ask if it's participating.

HOW DO WE GET THERE?

If you're planning a trip to British Columbia and want to travel near, you'll get yourself yet another map at yet another gas station, thanks to the free Road Map and Parks Guide you can order from Tourism British Columbia. The detailed road and highway map of the province includes everything from major highways to country roads. Street maps of 17 major cities get you in, through and out of the metropolitan areas with ease. Other handy facts: basic traffic laws and customs, plus border crossing info. Just call *1-800-663-6000*. And if you plan on doing some skiing while you're there, the tourism office also has a **free ski guide** available at the same number.

AND WHILE YOU'RE STILL ON THE ROAD...

Channel changers, listen up! No more scanning that radio dial and trying to drive with one hand, thanks to a new guide called, amazingly enough, **"Radio Dial."** The convenient, easy-to-use book fits handily into your glove compartment and offers 3,500 AM and FM listings from coast to coast and from Canada to Mexico. For information about this resourceful book, contact AMP Publishing at *(303) 777-0857* or write to 456 Corona St., Denver, CO 80218.

HOSPITALITY HOTLINE

If you're planning to go to Mardi Gras in New Orleans and want to gorge yourself on all that's cultural and culinary, call the **Arts In New Orleans Hotline** number at *(504) 522-9260* between 10 a.m. and 6 p.m. for up-to-date information on events, as well as the opportunity to purchase tickets to all city happenings. And, if you've arrived late at your hotel, call *(504) 587-0871* after 6 p.m. 'til 10 p.m.

TOUR DE WEST

A ROCKIN' BIRTHDAY PARTY

Celebrate Arizona's 78th birthday Feb. 7-19 at the **Rockin' R Ranch** in Mesa, Arizona at the **Arizona Wild West Days and Frontier Exhibition.** The 12-day festival covers the ground, from camel and ostrich rides, Indian dances, pony busts, cowboy revues and a pro-celebrity rodeo. Familiar names and faces — Casey Tibbs, Dale Robertson, Billy Strother and Peter Brower, all to the entertainment. For information, call *(602) 396-0949*.

BACKROAD BIKING: HAWAIIAN-STYLE

Take your own sweet time and cycle at your own pace with **Backroads Bicycle Touring.** Their 10-day trip circles the Big Island of Hawaii with stops at Volcanoes National Park, the Mauna Kea lava flows, Akaka Falls and the white, green and black sand beaches of the Hamakua and Kona coasts. A fully-equipped

support van accompanies you throughout the trip. Rest and relax on the beach and spend a day hiking in Kilauea Crater. (You'll also have an overnight stay at the Volcano House there.) The company takes all ages and abilities into consideration, plus two special departures on March 9 and April 6 designated "for singles only." Trip cost is $1,398 and includes overnights at some of the island's most luxurious inns and hotels, including the Parker Ranch Lodge, the Volcano House atop Kilauea Crater, the Royal Waikoloan at Anaehoomalu Bay and the historic Manago Hotel in the town of Captain Cook, where you'll enjoy a traditional Japanese meal. More information is available at *1-800-533-2573*.

'ROUGHING IT' IN LUXURY

If you're weary of the same old lift lines and want a change of pace, here's a chance to glide through the snow in your "merry old snowmobile" in Yellowstone National Park. See the other side of America's first National Park — the backcountry teeming with wildlife — as the annual migration of bison, moose and elk happens before your very eyes. **American Wilderness Experience** (*1-800-444-3833*), promises you just that as you ease into your own late-model snowmobile in the Wild West town of Jackson, Wyoming. They'll fix you up with warm, insulated snow suits, gloves, boots and helmets before you take off. Each group is limited to 16 participants. Four day trips cost $875, including hotel and most meals. Or, if you're a little short on time, there's a three-day trip.

BASIC BAJA AT ITS BEST

Paddling South introduces you to a unique way to explore the remote eastern coast between Mulege and La Paz and find out what kind of shape you're really in. Paddle a kayak to one of many secluded beaches, set up camp, snorkel, fish or just relax in the sun. There's always time for a well-deserved siesta. You need to be in good physical condition (no kidding!) but no previous kayaking experience is necessary. Ten-day trips start at $625 (Mar. 18 only) and run through May 13. *(707) 942-6347*.

HELI-SKIING: AN 'UPLIFTING' EXPERIENCE

No, you're not attached to a helicopter as you whoosh and schuss down the mountain! Here's how it works: If you're Colorado-bound and visiting Vail, Breckenridge, Copper Mountain, Keystone or Arapahoe Basin and want to ski in untracked snow in the backcountry, **Colorado Heli-Ski** *(303) 668-5600*, flies you to a mountaintop landing and guides you down the mountain to the next helicopter pickup. Each run takes about an hour with time for instruction, photos and a picnic lunch. For intermediate to expert skiers with each group guided onto terrain fitting their ability. If you just want a taste of heli-skiing, budget yourself to two hours and $75. And if you don't ski or are just a beginner, you can enjoy a breath-taking rotor ride through the magnificent Rockies for as little as $40.

A MORE RELAXED APPROACH — SIP & SKI!

Ski buffs and wine enthusiasts — unite! While you're in Colorado, you're invited to a week-long party beginning Jan. 20. Where? Either Vail or its sister resort, Beaver Creek, Colorado, where wineries from around the world will form teams and race against each other. You get the chance to ski with, drink with and cavort amongst the vintners. The week's activities will be highlighted by a wine party and a gala "Evening of Fine Wines" on Jan. 23. **HMS Tours** gets you there for from $789 per person, depending upon how many people in your party and where you want to stay. *1-800-367-5348*.

GETTING INTO THE SWING

Tired of whiffs and bogies? If you're serious about your golf game and want to vacation, too, why not have it all at the Orange Tree Golf Resort in Scottsdale, Arizona. **The Proformance Golf Schools** staff will teach you how to hit the ball and play the game. You'll get all the practice balls you can hit, on-the-course instruction with your pro, and a humbling video tape analysis of your swing. More perks include a fitness program designed especially for you, carts and green fees, all included in the cost, plus first class accommodations. Per person weekend package ($450) and weekly sessions ($995), available from now through May 19. Other schools located in Pagosa Springs, Colorado, and Anchorage, Alaska. Contact them at *1-800-752-9162*.

TALK TO THE ANIMALS

Come face-to-face with elk, elephants, hippos, bears, bison and other assorted four-legged beasties in Oregon's only drive-thru game park, **Wildlife Safari** *(503) 679-6761*. Numerous African, Asian, and North American species are likely to be found roaming though the 600-acre reserve. Peek at a yak, chat with a cheetah, or go ape for a gibbon — all endangered species, too! (Our sources reveal that the animals are more active in the winter months, so you're in for a treat if you go now.)

THINGS TO DO AND SEE

Master painter Ito Jakuchu's woodblock print "Parakeet in an Oak Tree" is just one of the famed artist's works now on exhibit at the Los Angeles County Museum of Art.

A ONE-OF-A-KIND ART EXHIBIT

The first major exhibition in the United States devoted solely to the work of a single Japanese painter is on view at the **Los Angeles County Museum of Art** through Feb. 18. Master painter Ito Jakuchu's works include hanging scrolls, screens, panels, woodblock prints and books. The 18th-century artist's scrolls, highlights of the exhibition, are now considered the most famous paintings in the Emperor's collection and are rarely shown in public. Approximately 90 works of art can be seen in this unique exhibit. *(213) 857-6111*

The appropriately named clownfish puts on his funniest face at the Monterey Bay Aquarium's current "Living Treasures of the Pacific" exhibit.

LIVING TREASURES OF THE PACIFIC

If you think there's something fishy about this, read on. "Sweetlips," "scrawled filefish" and" humbug" are just a few of the vast cast of aquatic animals appearing in this fascinating exhibit at California's **Monterey Bay Aquarium** through Sept. 3. Also assembled

AROUND THE WEST

from the four corners of the Pacific are stunning plants and additional animals with video, floating magnifiers and even a "treasure hunt" complete with map to help you get even closer. And, according to the folks at the aquarium, for the first time ever, you'll get to see jellyfish on display — in this case, at a safe distance! *(408) 648-4888.*

You can even try your own creative hand at a special design station. And not to be missed— the *Holacanthus Scissorosis* or, in layman's language, safe children's scissors in the shape of a fish. Got the message? Tuesdays through Sundays, 9:30 a.m. to 5:30 p.m. at Fair Hall *(214) 428-5555* or statewide at *1-800-992-8000.*

"Menagerie Animals ," part of the famed collection from The American Carousel Museum in San Francisco now on display through Jan. 25 at The Old Pueblo Museum in Tucson, Arizona.

CAROUSEL ANIMALS

Twenty five elegant, whimsical, hand-carved and colorfully painted animals are the major focus of the **"Carousel Animals: The Marvelous Menagerie"** display at the **Old Pueblo Museum** in Tucson, Arizona, offering you a great chance to see a distinctly American art form that no longer exists. Since the 1920s, hand-carved carousel animals have been replaced by mass-produced fiberglass and aluminum figures. Exhibited is a mellow basswood lion featured on the carousel at Treasure Island in San Francisco in 1939, as well as a haughty rooster carved in 1885 by Gustav Dentzel, considered the father of the American carousel industry. Other delightful Dentzel critters include a cat, giraffe, tiger, bear, rabbit, mule and a pig. For those of us who think of carousels in terms of flamboyant horses and sculptured steeds, this is a real eye-opener. Through Jan. 25 at Foothills Mall.

DESIGNING WOMEN (AND MEN)

Over 100 of today's best product designs in the categories of concepts, consumer products, equipment, graphics and furniture are on display at the **"Design Excellence"** exhibit, extended through Jan. 10 at **The Science Place** in Dallas, Texas. Winning entries were selected from a total of 1,135 entries around the world.

HARRAH! HARRAH!

Over 200 antique, vintage, classic and special interest automobiles have found a permanent home in the new **William F. Harrah Foundation National Automobile Museum** in Reno, Nevada. The museum is the result of gambling pioneer Bill Harrah's life-long love affair with cars. Among the favorites on display: the 1949 Black Mercury featured in the James Dean movie "Rebel Without A Cause," the 1948 Tucker, immortalized in the current movie of the same name; Al Jolson's 1933 Cadillac All Weather Phaeton; Elvis Presley's 1973 Cadillac Coupe; and, for all you car connoisseurs, an 1890 Philion. This fascinating collection features over 200 automobiles, covering each era from the turn of the century to modern day. Additional information available by calling Harrah's at *(702) 333-9300.*

Photo courtesy of Wm. F. Harrah Foundation

The 1907 Thomas Flyer, part of the collection featured in Harrah's National Automobile Museum.

WESTERN TRAVELGUIDES

The Aspens

Everything you've always wanted to know and were — or weren't — afraid to ask is included in this first-ever comprehensive winter guidebook to the Aspens. First lesson: this includes Snowmass, Buttermilk and Aspen Mountain. It's a true where-to-stay, where-to-dine, where-to-ski, where-to-shop and where-to-play, down-sized and therefore easy-to-pack book written by such heavyweights as Jamie Marshall, former travel editor of *Ski Magazine;* Gael Green, renowned New York restaurant critic; author Paul Parker who skied all of the mountains; and Elizabeth Farson, independent lodge reviewer. From mountain and restaurant maps to shopping listings, it's all here for the taking and a $10 bill. 159 pages. Available from the Aspen Skiing Company, P. O. Box 1248, Aspen, CO 81612 or call *(303)-923-1220.*

Day Hiker's Guide to Southern California
by John McKinney

The subhead on the Olympus Press promotional release entitled "Another Way to Escape L. A." is the first clue to the nature writer's purpose in writing Volume II of the guidebook, i. e. "to contribute to a better understanding of the unique and fragile ecology of Southern California." Representing readers' choices and including information for all levels of hikers, there are different trails to different destinations, just there for the blazin'. Special chapters particular to this volume cover the parks and preserves of the San Fernando Valley, Orange County and the East Mojave Desert. And, most helpful, a map for every trail. 271 pages. Order from Olympus Press, P. O .Box 2397, Santa Barbara, CA or call *(805) 965-7200*.

1990 Bed & Breakfast Inn Guide
by the California Office of Tourism

For many people, "B&B's" are a new discovery and are rapidly becoming *the way* to enjoy unique accommodations as a departure from a typical hotel experience. Toward that end, the tourism people have put together a listing of 268 bed and breakfast inns throughout the state — from areas near popular attractions and theme parks, rugged coastlines and sandy beaches, or in the middle of the hustle-bustle of a big city, to isolated spots in the High Sierras. A wide array of choices in accommodations ranges from the elegant to the comfortable, the contemporary to the historic. Listings also include information on handicapped accessibility, concierge services and area attractions. And it's free. Just write to the California Office of Tourism, Box 9278, Van Nuys, CA 91409 or call *1-800-TO-CALIF*.

Fielding's Alaska and the Yukon
by Robert Bone (1990 Edition)

If all you know about the Yukon is "Sergeant Preston of the Yukon and his noble friend, Yukon King," this book will "tell all" about the famed area also known as "The Klondike," the site of the 1890s Gold Rush. The newest in the line of the ubiquitous Fielding books claims to be the only new guide including complete information on Canada's Yukon territory. And, in case you didn't know the meaning of the word "Alaska," it comes from the Aleut word "alyeska," usually translated as "The Great Land." Now we'll understand when we keep seeing signs such as the Great Land Liquor Store, or the Great Land Repair Shop, etc. Incidentally, the Aleuts are "probable distant cousins of the Eskimo." Escaping from the trivia, the author tackles Alaska's rich, cultural heritage, varied geography, vegetation and wildlife, and, in typical Fielding style, provides the reader with thorough listings of accommodations, dining, shopping and touring for both winter and summer visitors. 363 pages. Available for $14.95 in major bookstores or from William Morrow & Company, Inc. 105 Madison Avenue, New York, NY10016.

Kauai
by Don and Bea Donohugh

A most informative and up-to-date travel guide — in its second edition, expanded and updated. Special interests and all budgets are considered by the writers as they take you on the most popular, as well as off-the-beaten-track tours, detail the major resorts and more intimate hotels, well-known and little known restaurants and a complete list of *every* beach on the island. It's all under the headings "General Information," "Where To Stay," "What To See" and "What To Do." And to make sure their information stays current, they publish a quarterly newsletter. 256 pages. Available for $9.95 plus shipping and handling from Paradise Publications, 8110 S. W. Wareham, Portland, OR 97223. Other Paradise Guides available for the Big Island of Hawaii, Oahu and Maui.

Arete

A new bi-monthly publication, headquartered near San Diego, positions itself as a "forum for thought and reflection." Eye-popping photography, coupled with a rich assortment of editorial "goodies" (i. e. Cajun history and culture), makes for hours of excellent and enjoyable reading. Write to P. O. Box 27789, Escondido, CA 92027 or call *1-800-537-5825*.

Photo courtesy of Wm. F. Harrah Foundation

Among the most popular automobiles of the famed Harrah's car collection in Reno is movie idol James Dean's 1949 Mercury as seen in "Rebel Without A Cause."

Winter in the American West: It's riding a horse or a snowmobile. It's a suntan or no tan at all. It's a chili bake-off or just plain feeling chilly. Whether it's Jasper or Jackson Hole, San Francisco or Sun Valley, the vast variety of events are yours for the pickin'. Be sure to check with the local tourism office before you leave as events and dates do change.

ALASKA

Alaska Div. of Tourism
P. O. Box E
Juneau, Alaska 99811
(907)465-2010

Kodiak

Jan. 7: Russian Christmas
A traditional Russian Orthodox celebration of Christmas, complete with "starring," the Russian Orthodox version of caroling.

Seward

Jan. 20-29: Fifth Annual Polar Bear Jump-Off
The name may be confusing, but it's a busy festival filled with such events as a seafood feed, Tall Tale contest, costume party, sled dog race for kids, all highlighted by costumed jumpers plunging into icy Resurrection Bay. (We're advised they're still looking for "volunteers.")

Cordova

Feb. 2-4: Iceworm Festival
A mid-winter bash complete with a dance, variety show, survival suit races and a grand parade paying homage to the city's most unusual mascot.

Ketchikan

Feb. 9-10; 16-17; 23-24: Festival of the North
It's all arts and entertainment here, featuring a potpourri of poetry and prose, jazz, art, symphony, dance and drama.

One of the many events planned for the 1990 Arizona Renaissance Faire in Apache Junction, Arizona, is the ever-popular Tournament Joust.

ARIZONA

Arizona Office of Tourism
1100 West Washington Street
Phoenix, Arizona 85007
(602)542-8687

Lake Havasu City

Jan. 19-21: Third Annual Dixieland Jazz Festival
Hey, all you jazz fans. Get ready to swing to your favorite dance tunes. Nine bands guarantee to keep the action going. Other fun highlights: a parasol parade, music aboard the DixieBelle riverboat and a youth band showcased under the world famous London Bridge. At the Ramada London Bridge Resort.

Scottsdale

Feb. 17-25: All Arabian Horse Show
Arabian horsebreeders and buyers from around the world gather here to watch, among other things, the halter and performance classes. Enjoy the spectacle of the competition and people-watch at the same time.

McNary
(Sunrise Ski Resort)

Feb. 3-4: Winterfest '90
A plethora of activities for skiers and non-skiers alike with cross country and parent/child ski races, sleigh rides and oodles of fun for all ages.

Apache Junction

Feb. 10-Mar. 18 (weekends only): Arizona Renaissance Festival
"Eat, Drynk and Be Merrie" is the cry of the day at this 16th century costumed European Market Festival, complete with hundreds of craftsmen and purveyors of food and drink, and continuous entertainment, including armoured knights jousting on horseback.

Tucson

Feb. 16-18: 1990 Tucson Balloon Festival
Morning launches and dawn patrols highlight

Photo by Chris Mooney-Gulfstar Walker Photography

The 7th Annual Tucson Ballon Festival lifts off Feb. 16, 17 & 18 from Continental Ranch.

the weekend,which is kicked off by a twilight Balloon Glow (inflated tethered balloons creating a lighted Christmas tree-like effect,) topped by an ambitious program of food, crafts, games and souvenirs. At Continental Ranch in Marana.

ARKANSAS

Dept. of Parks and Tourism
One Capitol Mall
Little Rock, Arkansas 72201
(501)682-7777

Bismarck

Jan. 6-7: Wild Winter Weekend

Bald eagles, winter waterfowl, mink and otter abound on this 13,800 acre lake. And for a real hoot, go on the owl prowl at night. At DeGray Resort Park.

Texarkana

Jan. 13-14: 10th Annual Gem & Mineral Show

This promises to be a fun event with minerals and fossils on sale, demonstrations of sand art, wood carvings, rock paintings and scrimshaw.

Hot Springs

Feb. 2: Thoroughbred Racing Season Begins at Oaklawn Race Track

A brand new racing season, a brand new track and a brand new restaurant, appropriately named the Carousel Terrace. They race on Sundays, too, except Easter. Through Apr. 21.

CALIFORNIA

California Dept. of Commerce
Office of Tourism
P.O. Box 9278, ext. T-100
Van Nuys, Ca. 91409
(800)862-2543

Cayucos

Jan. 1: Polar Bear Swim

Here's a chance to get that tingling feeling — not from your holiday champagne, but from a dip into the "cool" Pacific to earn your special "Polar Bear" certificate. Note: You *must* get wet from head to toe!

Truckee

Jan. 13-14: Sierra Sweepstakes Sled Dog Races or "The Return of The Call of The Wild"

Dog racers from across the country show their stuff in the three to eight-dog races — and there's a hefty purse with proceeds going to charity. There's doggie "drag" racing and a weight-pulling event and, of course, lots to eat and drink. Truckee-Tahoe Airport.

San Francisco

Feb. 10: Chinese New Year Parade

It's 4688 on the lunar calendar and, on Jan. 27, Chinatown ushers in the Year of the Horse in grand style with Miss Chinatown USA pageantry, cultural programs and the colorful Golden Dragon Parade.

There's plenty of mushing goin' on at the Sierra Sweepstakes Sled Dog races in Truckee, California.

Kernville

Feb. 16-19: 35th Annual Whiskey Flat Days

Celebrate the founding of Whiskey Flat (now Kernville). Parade, rodeo, contests galore, including whiskereno (the best beard), epitaph (who can write the best one!) and the proverbial greased pig event. Hop over and see the frog races, too.

COLORADO

Colorado Dept. of Tourism
1625 Broadway, Suite 1700
Denver, Colorado 80202
(800)433-2656

Denver

Jan. 8-21: 84th National Western Stock Show and Rodeo

The city's largest annual event attracts over 1,000 rodeo contestants who compete for top dollar in what's billed as the world's richest rodeo coupled with the world's largest stock show with over 17,000 head of livestock. In the National Western Complex in the Denver Coliseum.

Telluride

Jan. 11-14: Coca-Cola/Nuprin Cup—Men's U. S. Pro Tour

Phil and Steve Mahre and other worldwide ski pros make the giant slalom look easy. It's all in a day's fun plus barbecue and beverages — and, at the end of the day, those marvelous aprés ski parties.

Breckenridge

Jan. 15-21: 7th Annual Ullrfest

Held in conjunction with the Freestyle World Cup and named after the Scandinavian god of winter, this mid-winter mountain Mardi Gras boasts a full calendar of festivities including a spectacle of ice sculptures, parades, fireworks, and torchlit processions in the best ski season tradition.

Aspen

Jan. 18-21: 30th Annual Wintersköl '90

Five non-stop, fun-filled days of events including WinterSkate '90 featuring Olympic and World Championship skaters, a parade with Air Force Jet fly-by and parachute landings, national snowboarding championships, a torchlight descent down Aspen Mountain, a hot air balloon festival and, oddly enough, the Hawaiian Tropic Beauty Pageant.

Steamboat

Jan. 16: 16th Annual United Bank Cowboy Downhill

Ride 'em, cowboy. Skis, that is. Over 60 of the top professional rodeo cowboys get together for an unusual day of skiing. Before crossing the finish line, they have to lasso a ski hostess and saddle up a bronc. Let's hope they don't get mixed up on this one. Billed as the most popular spectator event of the season.

WESTERN CALENDAR

Pagosa Springs

Feb. 17: Fairfield Pagosa Alpen Haus "Gorge & Glide"

A unique blend of gourmet dining and cross country skiing! Ski a bit, then stop for a sample of fine wine or an exceptional dish prepared by the chef. A great way to exercise *sans* hunger pangs.

HAWAII

Hawaii Visitors Bureau
2270 Kalakaua Avenue. Suite 801
Honolulu. Hawaii 96815
(808)923-1811

Oahu

Jan. 6-Feb. 25: Narcissus Festival

Bring in the New Year, Chinese-style with a Queen Pageant, coronation ball, Chinese cooking demonstrations and, of course, the lion dances.

Feb. 5-11:Annual Hawaiian Open Golf Tournament

Aloha ! It's tee time at the Waialae Country Club Golf Course in Honolulu as some of the country's top PGA pros make it look easy amidst a gorgeous setting.

IDAHO

Idaho Travel Council
Hall of Mirrors, 2nd Floor
700 W. State Street
Boise, Idaho 83720
(800) 635-7820

Boise

Jan 13: Centennial Kickoff Ceremonies

Bell-ringing and bands herald the start of Idaho's centennial year as Governor Cecil Andrus makes the proclamation from the statehouse steps. Statewide bell-ringing is being held to get the year-long festivities off to a rousing start!

Sun Valley

Jan. 26-28: Sun Valley Winterfest

Celebrate the time of year that made this world-renowned resort famous. (Remember Sonja Henie?) Their winter carnival features an ice sculpture contest, a Winterfest Ball and your chance to see some stars at the Duchin Celebrity Invitational Ski Cup race.

McCall

Jan. 26- Feb. 6: McCall Winter Carnival

One of the state's major annual winter events. The traditional bonfire and "Parade of Torches" kick off this ambitious schedule of national snow sculpting competitions, snowman building contest for the kiddies and an arts and crafts fair, ending with a blazing finale of fireworks.

IOWA

Bureau of Tourism and Visitors
Iowa Dept. of Economic Development
200 E. Grand Avenue
Des Moines, Iowa 50309
(800)345-4692

Estherville

Feb. 1-4: Winter Sports Fest

Downhill and cross country skiing contests, snowmobile races, volleyball and softball in the snow, and eat your heart out with a variety of international foods. And, your chance to be discovered in the talent show.

Des Moines

Feb. 14: Tulip Mania

Tiptoe through the tulips as thousands of these bulbous herbs of the lily family fill the dome of the Des Moines Botanical Center, adding an early, and welcome, touch of spring.

KANSAS

Kansas Dept. of Commerce
Travel and Tourism Division
400 SW 8th. 5th Floor
Topeka, Kansas 66603-3957
(913)296-2009

Topeka

Feb. 16-18: 16th Annual Kansas Flower, Lawn & Garden Show

"Kansas" is this year's theme and 120 booths will blossom with all manner of flora and fauna. Featured also will be products indigenous to the "Sunflower State "including cheeses, wheat, special jams, jellies and honey.

Photo by John Baker

The national ice-sculpting contest in McCall, Idaho, lends itself to such artistic endeavors as this lovely ice maiden with parasol.

LOUISIANA

Louisiana Office of Tourism
P.O. Box 94291
Baton Rouge, Louisiana 70804-9291
(504)342-8119

New Orleans

Feb. 16-27: Mardi Gras 1990

Carnival's coming to New Orleans! Marching bands, jazz parades, colorful masks and street dancing are all part of the rollicking, raucous and ritualistic celebration of this legendary holiday.

Marci Gras in New Orleans' famed French Quarter means outrageous costumes and happy revelers as they dance to the music that never dies.

MINNESOTA

Minnesota Office of Tourism
375 Jackson Street, 250 Skyway Level
St. Paul. Minnesota 55101
(800)328-1461

Duluth

Jan.10-Feb.4: Winter Sports Festival

A virtual "blizzard" of sporting events, including Jeep 500 Snowmobile Races, sled dog races, skiing, skating, luge, hang gliding, an ice fishing contest, snowshoe races, a sleigh and cutter parade and hay rides.

St. Cloud

Jan. 19-20: Mississippi Festival of Winter

Why "Mississippi" you ask? The answer: because *it*, the river, starts here! Snow softball, hot air balloons, ice fishing, snow sculptures keep the winter merriment going at a rapid pace.

St. Paul

Jan. 24-Feb. 4: Winter Carnival

Take the world's tallest snowman, add three parades, ice carving and snow sculpting contests, a puppet theater and about 30 outdoor events and you have the ingredients of all that is good about winter.

MISSOURI

Missouri Division of Tourism
Truman State Office Bldg.
P.O. Box 1055
Jefferson City, Missouri 65102
(314)751-4133

Cape Girardeau

Feb. 9-11: Longhorn World Championship Rodeo

Held at the Main Arena in the appropriately-named Show Me Center, that's exactly what's happening here as top national riders and ropers compete in a variety of rodeo events.

Kansas City

Feb. 27-Mar. 4: 29th Annual Flower, Lawn and Garden Show

This year it's the "Carnival of Flowers," and it's a biggie with over 200 booths. You'll get it all here — landscaping and flower arranging tips plus lots of professional advice for free!

MONTANA

Travel Montana
Dept. of Commerce
1424 - 9th Avenue
Helena, Montana 59620
(800) 541-1447 or
in-state (406)444-2645

Butte

Jan. 6-7;13-14: National Outdoor Speed-skating Championships

A spectator's delight with over 200 skaters from across the country competing for the title of Outdoor National Champion in six different categories and various age groups.

Whitefish

Feb. 9-11: 31st Annual Winter Carnival

The "crowning" event is the coronation of King Ullr (the widely-heralded Scandinavian god of winter) and the Queen of the Snows. There's also a King's and Queen's dinner and dance (two of them), street hockey, a pie-throwing contest, children's games and a Grand Parade.

Big Sky

Feb. 9-Mar. 18: Winternational Sports Festival

A serious agenda of *six* weekends devoted to sports, sports and more sports! Speed skating, hockey, karate, handball, racquetball, boxing and wrestling, basketball and the complete gamut of skiing activities.

Virginia City

Feb. 11-12: Cabin Fever Festival Days

Teams from around the state come in for the broomball tournament and the accompanying bruises and bad bumps, but a good time is had by all. Soccer, pool and cribbage tournaments, a parade, sled races for the kids and a special Saturday night dance help to break the fever.

NEBRASKA

Division of Travel and Tourism
Dept. of Economic Development
P.O. Box 94666
Lincoln, Nebraska 68509-4666
(800)228-4307 or in-state (800)742-7595

Omaha

Jan. 13-14: Sno-Ball Softball Tourney

Slip n' slide softball -- in the snow yet! Two hundred teams from across the country plop for top honors. Incidentally, there is a trophy!

Jan. 24: "The Murder Room" at the Upstairs Dinner Theatre

This slick and classy mystery farce is a spoof of the classic British murder mystery. Guaranteed to have Agathie Christie spinning in her grave. Mistaken identities, secret panels and plot twists. Runs through Mar. 24.

NEVADA

Nevada Commission on Tourism
Capitol Complex
Carson City, Nevada 89710
(800)237-0774

Elko

Jan. 24-27: Cowboy Poetry Gathering

Cowboy poets, storytellers and balladeers from around the West gather to recite their original works. At the Elko Convention Center.

Reno

Feb. 2-4: 6th Annual Custom Gun Exhibition

Some of the nation's finest crafted rifles and guns will be on exhibit with custom gunmakers displaying their specialty i. e. engraving, metalsmithing, stockmaking or complete gunsmithing. A specially commissioned rifle will be raffled off. At The Nugget.

NEW MEXICO

Economic Development & Tourism Dept.
P.O. Box 20003
Santa Fe, New Mexico 87503
(800)545-2040 or in-state (505)827-0291

Truth Or Consequences

Jan. 18-21: Snowbird Pow-Wow and Arts and Crafts Fair

The folks at "T. or C." (as they call it) will keep you plenty busy with a gem and mineral show, arts and crafts exhibit, country jamboree and a talent show. And, if you have time, be sure to take the Elephant Dam Butte tours. At Elephant Butte Community Center.

Taos

Jan. 2-10; 12-17: 8th Annual Jazz Legends Concert

If you're a jazzophile, you'll recognize such names as Brian Torff on bass, Butch Miles on drums, Kenny Davern on clarinet, among others who will be playing at Thunderbird Lodge in Ski Valley. Different performers each of the two weeks.

Red River

Jan. 27-28: Red River Winter Carnival

Busy, busy, busy with activities galore, including snowmobile racing, biathlon competition (cross-country skiing plus target shooting), dog-sled races, horse-drawn sleigh rides, a casino night, ice sculptures and a torchlight parade right smack dab in the middle of town.

Angel Fire

Feb. 2-4: 17th Annual Shovel Racing Championships

A different approach to the slopes as serious racers conquer the mountain on standard shovels and modifieds. Loaner shovels are available, but many competitors bring their own — shined and waxed for maximum speed (over 60 mph!)

NORTH DAKOTA

Tourism Promotion
Liberty Memorial Bldg.
Capitol Grounds
Bismarck, North Dakota 58505
(800)437-2077 or in-state (800)472-2100

Fargo

Jan. 21: "The Science of Sports"

Why does a baseball curve? What a question! But you'll get the answer here in this fascinating display. There's also a continuing exhibit of a handmade Viking Longship sailed to Norway by local residents. At The Heritage Hjemkomst Center. Through Apr. 25.

Wahpeton

Jan. 23-29: Winter Wonderland

A potpourri of activity including a snow golf tournament (watch those traps!), kiddie races, boating and fishing exhibits, snowmobile and sled dog races, concerts, crafts and assorted baked goodies.

Minot

Jan. 27-Feb. 5: Winterfest

Highlighted by the Regina to Minot International 250 Snowmobile Cross Country Race — the longest cross country stock snowmobile adventure in North America. Also

WESTERN CALENDAR

an ethnic food fest. Miss Minot Pageant, and a children's [illegible]

Devil's Lake

Feb. 11-26: Winterfest

You'll have a hot time here at one of the "coldest [illegible]" events. Ice sculpting, snowmobile races, a snowball fight, the annual fish-and-Mardi Gras ball.

OKLAHOMA

Tourism and Recreation Dept.
500 Will Rogers Bldg.
Oklahoma City, Oklahoma 73105
(405)521-2552

Tulsa

Jan. 18-21: International Finals Rodeo

Who will be the All-Around World Champion? The International Pro Rodeo Association's top ten cowboys and five regional winners compete in seven events for the coveted title.

Norman

Feb. 10: Chocolate Festival

Yum-yum! Tempting displays are not only a treat for the eyes but for the chocaholic tummies at Norman's Firehouse Art Center.

OREGON

Economic Development Dept.
Tourism Division
595 Cottage Street N.E.
Salem, Oregon 97310
(503)373-1240
or toll-free (800)547-7842

Gold Beach

Jan. 13-14: An Invitational Wine-Wine Wine Tasting

If you've read up to this point, you know from the Oregon will [illegible] to fine selection of [illegible] and here's your chance to [illegible] sampling fine [illegible] prepared by local restaurants. There's [illegible] show and musical entertainment. At the Curry County Fairgrounds Dog is Sweet Hall.

Ashland

Feb. 16: Oregon Shakespearean Festival

This event is the oldest and largest Shakespearean festival in the nation. Previews start on Feb. 16 with the first performance of "Peer Gynt" slated for Feb. 23. Not a misnomer, the festival *does* also present some of The Bard's great works. If you plan on being there this summer, the outdoor Elizabethan theater opens June 15.

Newport

Feb. 24-26: Seafood and Wine Festival

Fish, fish and more fish and more wonderful local wine on the "old town waterfront" on Yaquina Bay. Don't eat before you get here!

SOUTH DAKOTA

Tourism Dept.
[illegible]
[illegible]
[illegible]

Aberdeen

Jan. 13: Winter Carnival

Learn to cross-country ski, take a horse-drawn bobsled ride, play snow volleyball and broomball, try a little ice-skating and warm up with some free hot chocolate.

Chamberlain

Feb. 21-24: Sharplings Longhorn, Exotic Animal Sale

How about taking a pot-bellied pig home with you? Or perhaps a buffalo yak, Sicilian donkey, zebra, camel or an ostrich might fill the bill. They're all here at the Sharpling's barn — just waiting for you!

Deadwood

Feb. 23-25: Dakota Winter Games

A torchlight parade sets the scene, followed by downhill and cross-country ski events, sleigh rides and a kids' scavenger hunt.

TEXAS

State Dept. of Highways
Texas Travel & Information Division
125 E. 11th Street
Austin, Texas 78701
(512)463-8585

Houston

Jan. 5-14: International Boat, Sport & Travel Show

One of the largest shows in the nation, with more than 500 exhibitors throughout the 19-acre Astrohall/Astroarena Complex. See the latest in power boats, sailboats and boating accessories. Travel/vacation section to whet your wanderlust. Free seminars, fishorama and kiddie boat races.

Pharr

Jan. 13-14: Border Gem Fiesta

Exhibits of rocks, minerals, gemstones, jewelry, fossils and artifacts. Dealers demonstrate various aspects of the lapidary hobby, and offer the latest equipment, rough and polished materials, jewelry and supplies. Rock specimens, samples for the kids, games and a silent auction round out the fun. And plan to stay awhile. They're having hourly door prizes. At the Civic Center.

Fort Worth

Jan. 19-Feb. 4: 94th Southwestern Exposition Livestock Show & Rodeo

Internationally acclaimed livestock exposition

The Oregon Shakespeare Festival in Ashland, where works such as "Cyrano de Bergerac" are performed, opens Feb. 23.

lists over half a million dollars in show premiums, rodeo purse and educational scholarships. Horse shows, carnival and name entertainment. Prize displays of cattle, goats, horses, donkeys, pigeons, rabbits — and the list goes on. At Will Rogers Memorial Center.

Mission

Jan. 26-Feb. 4: 53rd Texas Citrus Fiesta

Celebrate the famous Ruby Red with pompous pageantry and the frivolity of a country fair. Lively mariachis, seed-spitting contests, quilt show and even a golf tournament. Don't miss the unique Parade of Oranges with floats made up of slices of Ruby Red grapefruit, oranges, whole cabbage leaves and palm fronds.

UTAH

Utah Travel Council
Council Hall/Capitol Hill
Salt Lake City, Utah 84114
(801)538-1030

Brianhead

Jan. 13-21: 25th Anniversary Celebration

Snow sculpture contest, fireworks, torchlight parade and gelande jumping contest (a what, you ask?). Skiers test their mettle by having to jump over obstacles using both ski poles — from a crouching position. Now you know.

Ogden

Jan.19-21: Ogden/Hof Sister City Festival and Winterfest

While in the German beer garden, hoist your stein to Hof, Ogden's sister city and get in the mood with authentic German food and dancing to the beat of the oompah-pah bands. Hint: Wear comfortable shoes!

Bryce Canyon

Feb. 17-19: 6th Annual Winter Festival

Hosted by one of Utah's most scenic spots and chock full of activities. Hot air balloon rides, snow sculpture contest, sled races, snowboot foot races, cowboy poetry and old fashioned story telling.

WASHINGTON

Dept. of Trade and Economic Development
Tourism Division
101 General Administration Bldg.
Olympia, Washington 98504-0613
(206)586-2102

Leavenworth

Jan. 13-14: Bavarian Ice Fest

Snow sculpturing, kiddie's ice cube hunt, dog pulling demonstration, fabulous fireworks display, sleigh rides and champion skiers showing you how to make those jumps look *soooo* easy.

WYOMING

Wyoming Travel Commission
I-25 at College Drive
Cheyenne, Wyoming 82002-0660
(800)225-5996 or in-state (307)777-7777

Worland

Jan. 9-Feb. 9: Centennial Ice Lantern Festival

Celebrate Chinese New Year with Worland's sister city, Harbin, China. Ice sculptures by internationally-acclaimed Chinese and visiting artists, and a breathtaking Chinese New Year Parade of Lights and Ice.

Jackson Hole

Jan. 27: Noble Franzen Memorial Cutter Races

It's a bit of Ben Hur — or the western version of chariot racing — as drivers of horse-drawn cutters dash through the snow and race each other down the track. At Melody Ranch.

Cody

Feb. 25: "Buffalo Bill" Birthday Celebration

The famed showman and scout "Buffalo Bill" Cody has another bang-up party in his honor with a big parade, chili cook-off and a great big Birthday Ball, complete with costume parade, dancing and a casino night. There's also an auction and a midnight breakfast.

**Northwest Centennial celebrations are being held this year in the states of Idaho and Wyoming.*

WESTERN CANADA

Alberta

Travel Alberta
10025 Jasper Ave., 15th Fl.
Edmonton, Alberta T5J 3Z3
(800)-661-8888

Jasper

Jan. 26-28: Jasper in January

The beauty of this area will get you into the winter spirit while dogsledding, skating, ice-sculpting with a chili bake-off to thaw you out!

Calgary

Feb. 16-25: Winter Festival

Ten days of non-stop activity. The "Frosty Follies" street entertainers set the pace as they move from exhibit to exhibit catching your eye — and ear — with songs, comedy routines, magic and fire-juggling. The International Food Fair will keep you busy (for three days!) sampling fine foods from 25 countries. World Championship luge, sled dog sprints and even a quintathlon. Yes, a quintathlon: speed skating, downhill skiing, cross-country, ski jumping and luge. At Canada Olympic Park, The Olympic Plaza and Stampede Park. Public transportation available to and from all three areas.

British Columbia

Tourism British Columbia
2600 Michelson Street, Suite 150
Irvine, California
(714)-852-1054

Vancouver

Jan. 1: Annual Polar Bear Swim

Amble on over to English Bay and watch the local die-hards dive into the icy salt water for a *brrr*-ief dip.

Whistler

Feb. 10: Finlandia Vodka Ice Carving Contest

Amateurs and chain saws welcome! The first prize is a trip to Finland so the village square will be "abuzz" with competitors. From 12 noon to 3 p.m. and then the judging begins. Follow the crowd to Mountain Square in the village.

Yukon Territory Whitehorse

Tourism Yukon
Box 2703
Whitehorse, Yukon Y1A 2C6
(403)-667-5340

Feb. 16-25: Yukon Sourdough Rendezvous

Dog team races, mail trapper competitions, including leg wrestling, snowshoe races, log sawing, tug-of-war, and yes, there's more! Klondike costume ball, Sourdough parade, an Old Time Photo Show, Klondike show, can-can dancing and the Sourdough Eggless Pancake breakfast.

Feb. 25: Seventh Annual Yukon Quest

Top mushers from across North America compete for the $50,000 prize in the 1,000-mile dog sled race from Fairbanks, Alaska to Whitehorse. You can watch from Dawson, Carmacks and Whitehorse and points in between.

Editor's Note: We are happy to receive information regarding events in your area for our upcoming issue. Deadline for March/April is no later than ***Dec. 15****.*

WESTERN BOOKSHELF

"IT WAS A TIME, A TIME WHEN:" REMINISCENCES

Coming Home from Devil Mountain

by Eleanor Dart O'Bryan

In 1907, a 20-year-old college student became lost without food for almost three weeks on El Picacho del Diablo, Mexico's "Devil Mountain." The author kept a diary of her fears and experiences as she wondered if the search and rescue team sent out to locate her would ever find her. Anecdotally similar journals — kept by both the lost hiker and her father — have been intertwined in this book.

Northland Press, Flagstaff, Arizona, 1989; 97 pp., $8.50 paper.

Sagebrush Soldier: Private William Earl Smith's View of the Sioux War of 1876

by Sherry L. Smith

This account of the Sioux Indian War is unique because the first-hand observations come from an enlisted man rather than an officer. Private Smith's position at the bottom of the military food chain focused his experiences on the day-to-day drudgery of soldiering, like what to eat, how to keep warm and dry and how to stay clear of his bullying sergeant major. Written by the private's great-granddaughter, a historian.

The University of Oklahoma Press, Norman, OK, 1989; biblio., index, $18.95 cloth.

The Pioneer Preacher: Incidents of Interest, and Experiences in the Author's Life

by Rev. Sherlock Bristol

From finding redemption in the wilderness to reforming miners and frontiersmen — and a fondness for the adventures of Daniel Boone and Davy Crockett — this Congregationalist minister relates his experiences in the West of the mid to late 1800's. This guy really made the rounds. At different times in his life he was a gold miner, wagon train captain, Wisconsin farmer, Idaho rancher, Indian fighter, missionary and clergyman. He has left us with a vivid, everyday account of life on the mining and ranching frontier. It presents a fascinating [illegible] of the time.

University of Illinois Press, Champaign, IL, 1989; illus., index, 300 pp., $32.50 cloth, $14.95 paper.

WAY BACK WHEN: HISTORY

Cheyennes and Horse Soldiers: The 1857 Expedition and the Battle of Solomon's Fork

by William Y. Chalfant

What was probably the only large-unit saber charge against the Plains tribes and the first major battle between the U.S. Army and the Cheyenne Indians, is explored in great detail in this book, complete with maps, sketches and old photos of Plains Army forts and Army personnel. The battle, brought on by the tradition of "Take that!" - "Oh, yeah! Take that!", is said to have marked the end of one era of Indian-white relations and the start of another as it matched culture against culture.

The University of Oklahoma Press, Norman, OK, 1989; illus., b&w photos, notes, glossary, index, 438 pp., $24.95 cloth.

The Donner Party

by George Keithley

In the spring of 1846, George Donner and family left their Illinois farm, worldly goods in tow, and set their sights on a vision of the good life in an unpaved California before the freeways came. They should have waited. By the time the leftovers were rescued from raging snow storms and starvation high in the Sierras, what had begun as a journey to the land of plenty had become a survival smorgasbord. This 5000-line epic poem was written by someone who actually strapped on snowshoes to follow the same route and bring the story to life.

George Braziller, Inc. Publishers, New York, NY, 1989; 254 pp., $10.95 paper.

Santa Fe: History of an Ancient City

edited by David Grant Noble

The city of Santa Fe, New Mexico, long known for its art and culture, has endured many changes since the Pueblo Indians first settled along the banks of the Rio Santa Fe in the sixth century A.D. Since then, Indians, Spaniards, Mexicans and Anglos have shared in the development and control of the area. The basis for this book is Mexican and Spanish documents culled by [illegible] who tell the story of the ancient capital city from prehistory to the mid-nineteenth century.

Museum of New Mexico Press, Seattle, WA, 1989; 100 color plates, b&w illus., maps, index, 160 pp., $19.95 paper, $29.95 cloth.

Billy the Kid: A Short and Violent Life

by Robert M. Utley

Billed as "the most complete and accurate ever," this book strips the "veneer of legendary" from a young man gone wild and shows us exactly who this Billy the Kid character really was. According to the award-winning author, the "Billy the Kid" nickname didn't even appear until the last few months of his life. The country became fascinated with the 21 year-old outlaw, unfazed that the reality of his life was barred with him and his legend grew to international proportions.

The University of Nebraska Press, Lincoln, NE, 1989; illus., maps, notes, index, 302 pp., $22.95 cloth.

Once a Coal Miner: The Story of Colorado's Northern Coal Field

by Phyllis Smith

Long before stress became an American pastime, the people working and living in the coal industry knew the feeling. Laboring long hours underground with the constant threat of cave-ins and black lung disease added to the resentment over low pay and demanding management. As the mining companies brought in people from all over the world, labor tensions mounted and union activities grew. This picture-filled book tells the story of the small, yet vital, coal industry in Northern Colorado and it's effect on labor conditions and relations.

Pruett Publishing, Boulder, CO, 1989; b&w photos, maps, 249 pp., $26.95 cloth.

Growing Up with the Country: Childhood on the Far Western Frontier

by Elliott West

The old saying, "Children should be seen, not heard," has traditionally been applied to the influences of children on the history of the Western Frontier, the assumption being that kids were only there because the adults committed themselves to the search for their own dreams. However, according to this new study of Western childhoods, children had a tremendous effect on the development of the frontier. The West was settled by and for families, the author says, not necessarily for thrill-seekers blinded by wanderlust and driven by the destiny of their manifest.

University of New Mexico Press, Albuquerque, NM, 1989; maps, biblio., index, 343 pp., $16.95 paper, $32.50 cloth.

WESTERN BOOKSHELF

Arizona: A Cavalcade of History

by Marshall Trimble

The diversity of the state of Arizona is seen, heard and felt as one travels from border to border, taking in the different climates and terrain.One observer, quoted by the author, says, "If ya don't like what ya see, keep on drivin'. In ten minutes it'll be totally different." The same can be said of the great cultural mix offered by the state and the writer guides us through it all, from prehistory to the Spanish explorers and on to modern times.

Treasure Chest Publications, Tucson, AZ, 1989; B&W photos, maps, biblio., index, 300 pp., $14.95 paper, $24.95 cloth.

People of the Old Missury: Years of Conflict

by Nancy M. Peterson

This is the story of pioneers traveling west along the Missouri River and is what is known as "popular history" or history for the layperson. It's kind of a non-fiction/fiction, done without a slew of footnotes. The author draws on journals and diaries written by the actual people who moved their dreams west. She interprets the records and tells each person's story in great detail.

Renaissance House, Frederick, CO, 1989; biblio., index, $16.95 paper, $29.95 cloth.

THE CULTURAL MARCH: HISTORIES, MYTHS & TRADITIONS

A World Elsewhere: Life in the American Southwest

by Jon Manchip White

This unique tour of the Southwest is conducted by a Welshman educated at Cambridge and now teaching in Knoxville, Tennessee, and was written in El Paso, Texas. The author brings together literary thoughts and reactions of people like Aldous Huxley and D.H. Lawrence, with Indian histories of the region, Spanish conquests, cattle drives, outlaws and good guys and the interactions of Hispanics and Anglos. He views and interprets the country and its many inhabitants as players and often as the stage itself.

Texas A&M University Press, College Station, TX, 1989; index, 320 pp., $13.95 paper.

Turtle Dream: Collected Stories from the Hopi, Navajo, Pueblo, and Havasupai People

by Gerald Hausman, illustrated by Sid Hausman

Author Hausman experienced these stories with his Native American friends in the Southwest. The collection, made up of some real-life experiences and some mystical dreams, includes: "The Turquoise Horse," "Havasu Sam," "Running Girl," "Jimmy Blue Eyes" and "Turtle Woman." According to the publisher, the stories "are a true reflection of native customs, but more importantly, they reveal that startling moment when life causes us to surrender our conscious power, to discover the nature of who we really are."

Mariposa Printing & Publishing, Santa Fe, NM, 1989; illus., 128 pp., $9.95 paper.

People of the Totem

by Norman Bancroft-Hunt and Werner Forman

The native peoples on the Pacific Northwest coast of Canada and Alaska had an interesting approach to materialism and affluence. At social ceremonies called "potlatches," a family's most valuable property was often given away, consumed or destroyed and the family reaped the status. Because of practices like these, a strong mythical tradition developed that eventually expressed itself in the imagination of the people. They crafted elaborate masks and utilitarian items like fish hooks and blankets. The ultimate imaginative expression, however, appeared on the totem poles that displayed their spiritual ancestry. This book is your guide through it all.

Peter Bedrick Books, New York, NY, 1989; 129 color photos, 128 pp., $19.95 cloth.

"The Whorehouse Bells Were Ringing" and Other Songs Cowboys Sing

collected and edited by Guy Logsdon

At the outset, you should know this field collection of songs from working cowboys is not, I repeat, not, a book for people whose functional exclamatory vocabulary is restricted to "Golly gee" or "Oh my gosh." It is, however, for anyone with an interest in real-life cowboys and how they actually view their lives. The offerings in the "Songs about Cowboys" section are colorful but fairly tame, compared to the graphic and raunchy , "Other Songs Cowboys Sing." These are not the squeaky clean singing cowboys of Hollywood movie fame, with their spotless white outfits and schoolboy morals, who painted a completely different picture of how the West was won.

University of Illinois Press, Champaign, IL, 1989; b & w photos, glossary, biblio., index, 390 pp., $24.95 cloth.

The American West: A Narrative Bibliography and a Study in Regionalism

by Charles F. Wilkinson

When the author first moved to the West to begin his practice of the law, the namesake of the law firm sat him and other neophytes down and explained how one must understand more than legal concepts to be successful. Wilkinson took that to heart and has spent more than two decades in search of the people, history and places of the American West. He begins by commenting on more than 450 fiction and nonfiction books that have been organized into conceptual categories, such as The Turning Points, The Epic Conflicts, The Leaders, The Commodity Resources and the Animals and Plants.

University Press of Colorado, Niwot, CO., 1989; illus., biblio., refs., 160 pp., $9.95 paper, $19.95 cloth.

Ghosts on the Range: Eerie True Tales of Wyoming

by Debra D. Munn

Singing the book title to the tune of "Home on the Range" may give one a small feeling of the paranormal, but it does not approach the spooky 34 stories told in the book. Yes, even Wyoming appears to have ghosts, poltergeists and other things that go bump in the night, oh my! Although the author acknowledges that there is no way to prove the validity of these stories, she is convinced that the people telling and retelling them are sincere. From "The Haunting of the Byron School" through "The Past Never Dies at Ft. Laramie" and "The Shoshone Bar is Haunted!", we are treated to an eerie past and weird people who just won't go away.

Pruett Publishing Company, Boulder, CO, 1989; appendix, index, 190 pp., $12.95 paper.

ON THE NATURAL

The Book of Fire

by William H. Cottrell, Jr.

This book contains everything you would want to know about fire, the control of which is said to have set mankind apart from the other creatures of the realm. Not only have we mastered the use of fire — sort of — we now know exactly what it is, how it starts and what it does to forests, plants and things. The author has broken the fire story down to its individual molecules in this scientific, yet easy to understand, explanation of heat convection, ignition and anatomy of a flame. Great for all ages.

Mountain Press Publishing Company, Missoula, MT, 1989; illus., glossary, 70 pp., $12.95 paper.

WESTERN BOOKSHELF

Small Game and Varmint Hunting

by Wilf E. Pyle

Yosemite Sam, of cartoon fame, would have been much more successful had he just spent the time reading this book. Bugs Bunny's film and television career would have ended much sooner, too. This book tells us in on what to shoot (rabbits, woodchucks, squirrels, badgers and crows), where to shoot, what kinds of cartridges to fire from what kinds of rifles and shotguns, how to dress the part of great white hunter and even how to prepare the game. Did you know that Beagles are the dog of choice for cottontail hunting? And there really is a traditional rabbit dish call Hasenpfeffer. Recipes for that and many more dishes are included.

Stoeger Publishing Company, South Hackensack, NJ, 1989; illus., 238 pp., $16.95 paper.

Soul Among Lions - The Cougar as Peaceful Adversary

by Harley G. Shaw

The cougar is a complicated cat. To begin with, we humans can't even agree on names. Cougar? Mountain lion? Puma? Felis concolor? Harmless (feels once guaranteed by ranchers with recently-acquired livestock to eat, are undeniably wild animals. The author, who spent many years studying these great animals in the wilds of Arizona, takes the reader on a journey into the cougar's world. From the cat's physical characteristics to its hunting methods, mating and social behavior, Shaw tells all he knows about mountain lions. There is a complete, detailed account of a cougar's life, from birth to death, and a discussion of the animal's critical importance.

Johnson Books, Boulder, CO, 1989; illus., 193 pp., $9.95 paper.

Forest Primeval: The Natural History of an Ancient Forest

by Chris Maser

A cry from the wilderness implies there is not much going on in the forest. Not so, according to the author, who has written a sort of "biography" of Oregon's Cascade Mountains, beginning with its birth in the year 968 following a massive lightening-sparked fire the year before. He takes us on a journey of enlightenment and understanding, showing in detail how a forest fends for itself against itself and against the onslaught of humanity with our "We can conquer it all" philosophies. The forest is viewed as a living thing — in fact, the oldest living thing on the planet.

Sierra Club Books, San Francisco, CA, 1989, b & w photos, glossary, biblio., index, 320 pp., $25.00 cloth.

The Trekking Chef: Gourmet Recipes for the Great Outdoors

by Claudine Martin

You've just climbed a couple of thousand feet - straight up, of course - in a few hours and you now lie trailside, crumpled on your backpack and waiting for relief. Then, while pawing around your gear for that last Snickers bar, a thought suddenly focuses you: "I'd love some Spinach Pâte with Mustard Mayonnaise and a few Herbal Turkey Chips." Who wouldn't? This book, written by a French chef/caterer/outfitter, is intended to encourage outdoor enthusiasts to bring gourmet cooking with them as they tackle the trails, ski slopes and camp grounds.

Lyons & Burford, New York, NY, 1989; index, 192 pp., $14.95 paper.

Desert Heart: Chronicles of the Sonoran Desert

by William K. Hartmann;

The Sonoran Desert has been a foreboding place to many a traveler, past and present. Its harshness and vastness can be overwhelming. Because of that, this landscape has played an important part in the settling of the Southwestern United States and Northern Mexico by providing the backdrop for an array of characters and the occasional volcanic eruption. The author guides us through the pre-historic times, the early explorers and settlers and missionaries to the Apollo 14 astronauts who trained in the area. Modern day issues of environment versus progress and the possibility of making the area a national park are also discussed.

Fisher Books, Tucson, AZ, 1989; b & w and color photos, maps, notes, biblio., index, 210 pp., $35.00 cloth.

PEOPLE & PLACES

Farm: A Year in the Life of an American Farmer

by Richard Rhodes

Pulitzer Prize-winning author Rhodes spent the better part of a year visiting and working on a central Missouri family farm, faithfully recording actual events and conversations. What we get from his endeavors is an insider's look at rural life in America's heartland, especially the honest attitudes and hard work of one family as they struggle from planting to harvest in order to make a living while coping with nature and government regulations.

Simon & Schuster, New York, NY, 1989; illus., 336 pp., $19.95 cloth.

Medicine Women, *Curanderas*, and Women Doctors

by Bobette Perrone, H. Henrietta Stockel and Victoria Krueger.

Native American medicine women, Southwest Hispanic "curanderas" and women physicians and the differences between their approach and that of the more traditional AMA are discussed. Women healers, the authors say, tear down "barriers of silence" between patients and doctors, between minorities, men and women and science and spirituality. The conclusion is that traditional methods can complement modern science and provide greater human understanding.

The University of Oklahoma Press, Norman, OK, 1989; illus., notes, biblio., index, 272 pp., $22.95 cloth.

The books in Western Bookshelf are not sold by American West. They may be purchased through your local bookstore. ❖

Statement of Ownership, Management and Circulation as required by Section 3685, Title 39, United States Code, for THE AMERICAN WEST, published bi-monthly at Tucson, Arizona, filed as of September 30, 1989.

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22. [illegible]

23. [illegible]

Nothing is more fun than a family picnic. Big sister looks charming in a Cattle Kate Barn Dancer dress of cotton calico, available in either sky blue or sage green wildflower print, ladies' sizes 4 to 16. Its ruffled sleeves and skirt, silk piping and sash are set off by the ecru Irish linen shawl trimmed in handmade Cluny lace. Little sisters wear matching Prairie Rose skirts of pink and blue cotton calico over white, ruffled batiste petticoats in sizes small (4-5), medium (6) and large (7-8). Order from Cattle Kate, P.O. Box 572, Wilson, WY 83014.

How The West Is Worn

All roads lead to Denver in January when the National Western Stock Show and Rodeo and the Denver International Western Apparel & Equipment Market lure aficionados of Western wear and Western lifestyles to the Mile-High City, Jan 12 to 16. Chuck wagon breakfasts, rodeos, fashion shows and a vast array of Western apparel, accessories and tack on display in the Denver Merchandise Mart make for an exciting week.

On this and the following pages, *The American West* stages its own display of styles, proving that the West can be worn in a variety of attractive ways.

WESTERN WEARABLES

His-and-hers outfits in a black-and-white 100 percent cotton dobby print look just right for a night on the town. She wears a Guatemala Ladies Roper blouse and matching skirt with drop waist and red sash, accented by a silver and red pepper necklace by Kachina Traders. His oversize Guatemala Roper shirt,with inset pockets and nickel snap closures, looks great with black Wrangler cowboy-cut jeans of 100 percent prewashed cotton and a red and black woven nylon belt by B & L Products with silver buckle. Available from The Western Emporium, 1-800-634-6371.

ABOVE: Cool and comfortable, this 100 percent crinkle cotton outfit by Desert Designs features an orchid full-circle skirt, 35 inches long, with side-seam pockets and elastic waist (sizes XS-XL) and a matching long-sleeve, boat-neck top. From Desert Designs, P.O. Box 3020, Taos, NM 87571.

RIGHT: On cool winter days, this cozy acrylic sweater from Pioneer Wear is sure to be her favorite. Accented with soft angora and satiny horse head designs, it is available in either blue or aqua; sizes small, medium, large and extra large. From Pioneer Wear, P.O. Box 4428, Albuquerque, NM 87196.

WESTERN WEARABLES

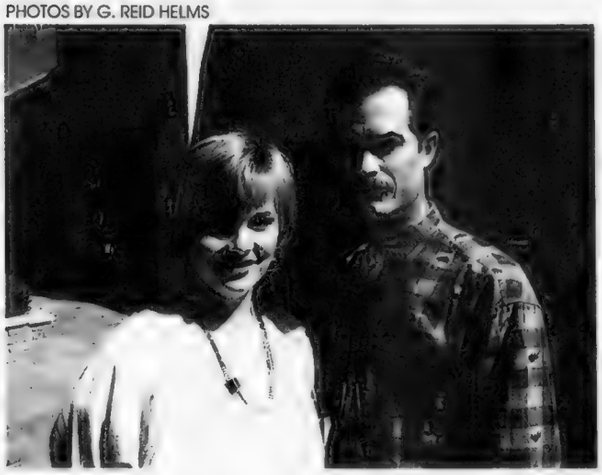
PHOTO BY G. REID HELMS

LEFT TO RIGHT: Marjory sports a turquoise peasant shirt and matching drawstring pant by Anai, very dashing with her Justin boots. Handmade horn and wood bead belt from the Philippines. White straw gaucho hat by Diane Feathersmith of Tempe, Arizona. Handmade sterling silver earrings by Jeanette Dale; stamped, silver bead necklace by Stanley Carroll; and silver cuff bracelet by D. & J. Clark are all available from The Four Corners Collection/Toh-Atin Gallery, Durango, Colorado.

Leann's purple, hand-loomed Guatemalan cotton jumper is by Isabel Perron of California. It is complemented by a natural cotton slipover top by Anai and a charming necklace of Guatemalan Village Dolls and baskets by Susan Shaw. Red ostrich boots from Larry Mahan.

Barbara models a rose, button-front dress with matching sash by Anai, made of cotton hand-loomed in Ecuador, then preshrunk and dyed in Carefree, Arizona. Her glass beads and earrings are hand-strung in India. Wool-and-acrylic ruana by Anomally of California is hand-loomed in Oaxaca, Mexico. Lace-up cowboy packer boots by White's Handmade Boots.

PHOTOS BY G. REID HELMS



RIGHT: Marni (left) looks relaxed in an outfit by Sun Country of Las Cruces, New Mexico, featuring a hand-screened design on a natural, Santa Fe-style jacket over a fringed, heavy, homespun cotton dress. Hand-crafted tiger snake boots by Laredo. Chile bib necklace and earrings by Susan Shaw. Lynne's romantic denim outfit was created by Patty's Designs of Austin, Texas. The 100 percent cotton denim vest and prairie skirt are trimmed in cotton chenille "fur" for an unusual effect. With them she wears a natural cotton top by Anai of Carefree, hand-loomed in Ecuador; a necklace of Guatemalan Village Dolls and chiles with matching earrings by Susan Shaw of San Antonio, Texas; a suede fringed bandanna by Austin of Austin, Texas; and a concho sash by SaraSol.

TOP: Johnny & Marlene Rosetta created Marni's asymmetrical, 5-strand jet and silver necklace with matching earrings. Sands' bolo tie is by Stanley Carroll. All available from The Four Corners Collection/Toh-Atin Gallery.

CENTER: A trio of beautiful boots: From left, red ostrich boot from Larry Mahan; exotic western ladies' boot by Justin featuring turquoise iguana lizard vamp and black kiddie top, and ladies' cowboy packer boot by White's Handmade Boots in brown elk-tanned leather.

BOTTOM: Leann looks stunning with her hair held back by a Navajo sterling silver barrett designed by Stanley Carroll and available through The Four Corners Collection/Toh-Atin Gallery, Durango, Colorado.

All clothes and accessories in pictures on pages 36-37 from the SaraSol Collection of contemporary Southwestern designer fashions, 735 N. 4th Ave., Tucson, AZ 85705. Hair and make-up by Gadabout of Tucson, AZ.

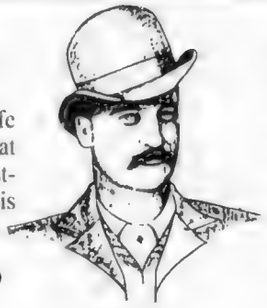
WESTERN WEARABLES

ABOVE LEFT: This swirl-skirted white shirtdress of 50/50 polyester/cotton by Roper comes with its own bolo tie. The shaped bodice features western yoke, padded shoulders, twin front pockets, elastic waist and shirt-cuffed sleeves. Sizes 3/4 to 17/18. Available from Karman, Inc., P.O. Box 5780, Denver, CO 80202.

ABOVE RIGHT: One hundred years ago, Australians were wearing Drover coats to protect them from the harsh climate and inclement weather. They still are — and so are Westerners, who find this Oilskin Drover® coat with removable lambswool fleece lining from The Australian Outback Collection a wonderful way to keep warm. In sizes XS to XXL for men and women. To order, call 1-800-OUTBACK, or 303-670-3933 in Colorado.

RIGHT: Just the thing to accent skirts or slacks, this floral tapestry print vest from Panhandle Slim is made of machine-washable polyester in sizes S(6-8), M(10-12) and L(14-16). To add a finishing touch, try a sueded leather flower bolo with blue beaded trim on a tipped and braided cotton cord. Available from Cheyenne Outfitters, P.O. Box 29, Cheyenne, WY 82007. ❖

OKLAHOMA'S GREAT PAPERBACKS



Drawing by Joan DeArment Hall.

BAT MASTERSON
The Man and the Legend
By Robert K. DeArment
"A highly readable account of the life of the legendary western lawman Bat Masterson."—*American West*. "Western buffs will find much to enjoy in this book."—*Publishers Weekly*. **$12.95**

THE NAVAJO AND PUEBLO SILVERSMITHS
By John Adair
Volume 25 in The Civilization of the American Indian Series
"A book of exceptional worth."—*American Sociological Review*. "The conscientious narrative is surrounded by an atmosphere of genuinely exciting visual experience."—*Dallas Morning News*. **$11.95**

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"[Agnew] brings the abandoned outpost back to life in a fascinating book."—*Southwest Chronicle*. "Stimulating, well-written, and solidly researched."—*Library Journal*.
$10.95

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By Frank McNitt
New foreword by Peter Iverson
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$14.95

CHEROKEE TRAGEDY
The Ridge Family and the Decimation of a People
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Antiques Hit the Jackpot

by Roger Rapoport

Mills Musical 'Dewey Chicago Two Bit' Upright Triple Slot Machine

Since they first appeared in 1839, tobacco dispensers, coin-operated vending machines and gambling devices have always been money makers. But today, the big money is in the one-armed bandits, antique "trade stimulators," amusement machines, card and dice games, many of them selling for thousands of dollars to eager collectors who stalk them in old warehouses and antique stores and on the auction block.

Like classic jukeboxes and radios, these working devices run the gamut from racy arcade peep shows to classic triple slots in oak cabinets with color wheels, claw-foot legs, music boxes and busts of that illustrious American Naval hero, Admiral Dewey. Handsomely restored by a handful of dedicated craftsmen around the country, these devices continue to attract crowds at exhibitions and showrooms around the country. Collectors eagerly exhibit their classic gaming machines in museums, restaurants, clubs and private homes.

Although coin-operated gambling devices flourished in Europe during the mid-1800s, American firms didn't begin to enter this business in a big way until the late 19th century. While the first American machines were created on the east coast, it was San Francisco that gave the world automatic paying-wheel machines and a three-reel device called the Liberty Bell that became known as the slot machine. "An entire industry evolved from this single invention," says Marshall Fey, the grandson of Charles Fey who created this device. "Within 30 years, more than a million of these machines were operating throughout the world."

It was Herbert Mills who succeeded in popularizing these machines, along with other manufacturers, such as Caille, Hull, Canda, Victor, Watling and, according to coin slot historian Joe Jan, the Burnham label manufactured by the Al Capone organization. As the slot machines proliferated, other manufacturers began creating a vast array of gaming, amusement and vending devices. Eager to up the ante, manufacturers designed floor models in elaborately carved wooden cabinets that accepted as many as five or six coins for each play. Brass plating adorned some of these cases that dressed up saloons across the land. Smaller units, such as the rare Caille Silver Cup slot, were plated with the same denomination accepted by the twin-wheel machine, nickel. Some of these devices, such as the five-cent "Oom-Paul" single wheel upright slot machine with an oak cabinet, fluted columns, Griffin feet and a 68-stop color wheel, were hand-crafted works of art. Bearing names like "The Judge," "Dictator" and "Silent Sphinx," each of these devices was a guaranteed profit center from their first day on the job.

These devices were soon followed by a wide array of other slot machines built around dice, card and horse racing themes. But as the numbers of these "nickel eaters" grew, members of the clergy, women's clubs, police, politicians

and newspapers began calling for a ban on slot machines, as well as the risque peep shows. By 1909, cities across the country were shutting down gambling parlors and forcing casual operators like bars and restaurants to dispose of these devices. While this fight would continue for the next 40 years, the coin-op industry responded with a creative solution, the trade stimulator.

"Although they resembled slot machines," says Bill Whelan, a Daly City, California, coin-op restoration specialist, "the payoff was in cigars, perfume, aspirin, soap or gumballs." The latter machine was an overwhelming favorite, giving rise to the so-called "Gum Age" of coin-ops, 1910 to 1922. By converting gambling devices into gum dispensers, manufacturers opened new markets. The flavors of the dispensed gum, explains Marshall Fey, such as spearmint, lemon, orange, cherry and plum, were used as symbols on the slot machines. The Liberty Bell, which would become a standard reel symbol, got its start as the logo of the Mills Liberty Bell Gum Fruit package.

Far from satisfied, the anti-gambling crusaders insisted that these slot vending machines were actually a front for gaming. "There was some truth to these charges," explained Bill Whelan at a Butterfield and Butterfield preview for 450 vintage slot machine, trade stimulators and coin operated collectibles auctioned in San Francisco in June of 1989. "Some of these machines were designed to double as gambling devices."

During the prohibition era, banned slot machines and trade stimulators began making a comeback at speakeasies. They were frequently the victims of do-gooders like Carrie Nation who charged into saloons destroying interiors to the cry: "Smash! Smash! For Jesus sake, smash!" From Mayor Fiorello LaGuardia in New York to Attorney General Earl Warren in California, publicity-minded district attorneys and mayors began liquidating classic machines with sledge hammers. One of the great tragedies of this era was the willingness of zealous politicians to destroy handsome old gumball machines, candy dispensers, chocolate vendors and even arcade style games along with the gambling devices. Horrified to see his glorious creations thrown overboard by the authorities, slot machine creator Charles Fey hired divers to retrieve his classics. Only after gambling was legalized in Nevada in the late 40s did slots begin making a significant comeback.

Thanks to the work of preservationists, states that outlawed gaming began letting collectors purchase, restore and exhibit these slot machines. Today the same kind of coin-op devices dumped by the barge load during the police raids of the 30s and 40s are considered classics sold side by side with vintage jukeboxes, visible gasoline pumps, classic radios and copper-plated cash registers. At the Butterfield Auction, more than 300 eager collectors from all over the country bid as much as $12,100 for items like a Victor 25 Cent Jackpot Upright Slot Machine. This machine, housed in an oak cabinet with ionic columns and ornate mirrored glass, was just one of more than 479 items sold for the Stardust Corporation of Las Vegas. "The amazing thing about his collection," said auction house specialist Michael Grassia, "is that at least 80 to 90 percent of these items actually work."

"Because there are no off-the-shelf parts for many of these vintage slot machines, putting them in working order can run into the thousands."

Getting these machines in working order is the job of restoration specialists like Bill Whelan. "Because there are no off-the-shelf parts for many of these vintage slot machines," he explains, "putting them in working order can run into the thousands." Even more expensive is replating classics like the circa 1900 Caille Eclypse Upright 25 Cent Slot Machine. "The new nickel has too many brighteners and tarnishes quicker," says the restoration expert as he points to the duller finish of the Caille. "The older Watts nickel used on these classics was applied with a cold plating process. It's hard to find. That's one reason why plating and cabinet work on a large machine can run as much as $10,000."

Resistant to souped-up models that have been painted with garish colors or coated with shiny varnishes, the serious collectors bid highest for coin-operated collectibles that have not been souped up. For example, a Mills Elk Single Reel Token Pay 5 Cent cast iron trade stimulator may be worth twice as much as a similar machine that's been dolled up. With elk heads embossed top and front and a fortune telling strip marquee, this 1906 machine illustrates why the trade stimulators proved to be such successful replacements for the slot machines.

Although some of the classics from the Stardust collection, such as a Caille double upright slot, went for as much as $24,750 at auction, it's possible to buy into the world of coin-operated collectibles for less than $1,000. Some arcade favorites, like a Mills grip tester, sell for around $500. And at the low end, it's possible to buy a classic gumball machine with fruit symbols that correspond with fortune-telling cards for under $200.

One of the easiest ways to get acquainted with these machines is to visit a place like the Liberty Belle Saloon and Restaurant in Reno where several dozen antique slots collected by the grandsons of Charles Fey are on display.

While prices are climbing, nearly every auction and show offers some excellent buys for the discerning customer. Part of the fun of attending these events is watching the coin-op experts probe Rube Goldberg type mechanisms inside these rare vintage slots and coin-operated collectibles. Attending one of these events is kind of like being set down in the arcade of your dreams and playing the kinds of games your parents, or even grandparents, might have enjoyed years ago. Where else could you see a "Your True Horoscope" game featuring an oak cabinet with two harem girls set against an Arabian panorama. Toss a coin into one of a dozen coin slots spread across the middle of a world map and in an instant you'll know where you are headed.

An excellent book on this subject, *Slot Machines*, by Marshall Fey, is available from Nevada Publications, Box 15444, Las Vegas, Nevada 89114.

Roger Rapoport is a freelance writer based in Berkeley, California. ❖

Art Notes

Two "molas" from a collection of 42 created by the Cuna Indians of the San Blas Islands now on display at the Church of Jesus Christ of Latter-Day Saints Museum of Church History and Art in Salt Lake City.

"Mexico as Seen by Her Children/ Mexico Visto por Sus Niños" one of two new exhibitions opening Jan. 11 at the *Yuma Art Center* in the South Gallery consists of 57 framed paintings by school children from various regions of Mexico organized by the Smithsonian Institution. Also on display in the First North Gallery, **"Gary Stephens: The Whimsical Animal,"** a collection of fantasy animals in colorful ceramic and three-dimensional constructions using a variety of objects. Both exhibits run through Feb. 10. In the Center Gallery from Feb. 16 to Mar. 29, "Tinwork, Mexico and New Mexico," 25 examples of historical tinwork organized by the San Antonio Art Institute. *281 Gila St., Yuma, 602-783-2314.*

Currently premiering at the *Amon Carter Museum*, **"Eyewitness to War: Prints and Daguerreotypes of the Mexican War, 1846-1848,"** focuses on the war as an important moment in the history of journalism and art, the advent of a new era of communication, as lithographs and photographs for the first time joined the written word to provide eyewitness reports of the war's progress. The exhibit continues through Jan. 14. *3501 Camp Bowie Blvd., Fort Worth, 817-738-1933.*

An exhibit of 42 "molas" created by the Cuna Indians of the San Blas Islands is on display at the *Church of Jesus Christ of Latter-Day Saints Museum of Church History and Art* through Sept. 1, 1990. The molas, a unique art form originally used to decorate women's blouses, are blocks of cloth consisting of layers of applique and reverse applique, now sold to art collectors as wall hangings, that depict themes from traditional Cuna life and religious beliefs. Also on display are photos and artifacts of the Cuna and a mannequin of a Cuna woman dressed in a typical mola blouse, sarong, scarf and coin necklace, with her wrists and ankles wrapped in beads. Viewing hours are 10 a.m. to 7 p.m., daily. *45 E. North Temple St., Salt Lake City, 801-240-2299.*

"Carl Oscar Borg: A Niche in Time," an exhibition organized by Katherine Plake Hough and circulated by the *Palm Springs Desert Museum*, focuses on the work of the Swedish-born artist who came to California in the early years of this century and spent nearly four decades painting the landscape and people of California, Arizona and New Mexico. The exhibition contains approximately 45 paintings and 12 etchings of Borg's Southwest period drawn from private and public collections throughout the United States. After a period at the Palm Springs Desert Museum, Jan. 6 to Mar. 18, the exhibition will travel to the Panhandle-Plains Museum in Canyon, Texas (June 24-Aug. 19), to the Phoenix Art Museum (Sept. 9-Nov. 4) and to the Gilcrease Museum in Tulsa (Nov. 18-Jan. 20, 1991) as well as to other museums to be announced later. *101 Museum Dr., Palm Springs, 619-325-7186.*

Billed as "the American Southwest's international celebration of the human

spirit," Tucson's **Festival in the Sun** debuts Feb. 11 and runs through Mar. 4. Created by the *University of Arizona*, the festival is one of a very few winter arts festivals in the country and the only one in the Southwest. It will feature such venerable virtuosi as soprano Jessye Norman, jazz great Billy Taylor, and violinist Isaac Stern, along with young talents fresh from international competitions. Premieres of musical compositions and dance works; performances by theater companies, dance ensembles and a wide variety of musical groups; art exhibits; film festivals; and numerous seminars, workshops and master classes will make the Old Pueblo a cultural mecca for both Tucsonans and visitors this winter. *UA Office of Cultural Affairs, 800 E. University Blvd., Suite 110, Tucson, 602-621-5789.*

The *Los Angeles County Museum of Art* celebrates its 25th anniversary in 1990 with a number of special exhibitions, including **"Helen Frankenthaler: A Paintings Retrospective,"** Feb. 11 to Apr. 22, and **"Francis Bacon Retrospective,"** commemorating the painter's 80th birthday, Feb. 11 to Apr. 29. Also on view in January and February, **"On The Art of Fixing A Shadow: 150 Years of Photography,"** marking the 150th anniversary of the invention of photography. *5905 Wilshire Blvd., Los Angeles, 213-857-6111.*

Every facet of model railroading, from early tinplate toy trains to scale model reproductions, are on display as part of **"The Train Show"** at the *Mesa Southwest Museum*. Also on view are works of art with railroad themes, historical photographs and railroad memorabilia from Arizona and other states. *53 N. Macdonald, Mesa, 602-644-2169.*

The first major photographic survey of the history of bank architecture in the United States and Canada is the subject of **"Money Matters: A Critical Look at Bank Architecture,"** organized by the *Museum of Fine Arts, Houston*. Forty Canadian and American banks representative of the best in bank architecture have been photographed for the exhibition which runs from Feb. 4 to Apr. 15 and then will tour the United States and Canada. *1001 Bissonnet, Houston, 713-526-1361.*

Long inaccessible to the general public, the Frank Lloyd Wright Archives in Scottsdale, Arizona, contain the largest single collection of works by an individual architect. Over 300 of Wright's most important drawings from the Archives have been loaned to the *Phoenix Art Museum* by the Frank Lloyd Wright Foundation and will be on display from Jan. 13 to Apr. 8. **"Frank Lloyd Wright Drawings: Masterworks from the Frank Lloyd Wright Archives"** contains the highlights of the architect's 70-year career, including the 100-year-old drawings that so impressed Louis Sullivan that he gave Wright his first job at the age of 19. *1625 N. Central Ave., Phoenix, 602-257-1880.* ❖

Mail-Order Mansion

by Ruth W. Armstrong

PHOTO BY RUTH W. ARMSTRONG

A beautiful example of a mail-order mansion is this 5,000-square-foot design built in 1892 for $7800 by Jeremiah and Delia Nunan.

If you've ever built a house or an addition to one, you know it always costs more and takes longer than they tell you, and it probably won't turn out as you imagined, either. Things were better 100 years ago when a house could be ordered from a catalog. What you saw was what you got. A customer could look through a catalog, pick out a picture, fill out a short order blank, check the wallpaper, paint, building materials, kinds of woodwork and trim he preferred, arrange for the sections to be put together at the site either by local carpenters or by carpenters sent by the company and in three or four months have a finished home, complete down to the last curlicue. These homes, of fine quality materials, had none of the negative connotations of today's "pre-fab" houses.

After the railroad reached the West, and it became possible to buy manufactured and milled goods from the East, westerners indulged an enormous appetite for fancy goods, including mail-order homes, that had been unavailable or too expensive when shipped around the Horn. Almost every town in the West has a few streets of mail-order homes.

A beautiful example of a mail-order mansion is the 5,000-square-foot Nunan Mansion in Jacksonville, Oregon, built in 1892 for $7,800. Jeremiah and Delia Nunan, both Irish immigrants, came to Jacksonville in the early 1860s. Gold had been discovered only 10 years earlier, and the town was booming. He was a saddle-maker and she took in sewing. They worked hard, saved their money, and in 20 years opened a general store. In another 10 years, they were the wealthiest people in town, and decided to build a home commensurate with their hard-earned station.

A beautiful example of a mail-order mansion is the 5,000-square-foot Nunan Mansion in Jacksonville, Oregon, built in 1892 for $7,800.

They saw an advertisement by George F. Barber & Co., Architects, Knoxville, Tennessee, describing the "artistic dwellings costing from $500 to $10,000" which the company designed, and for which all parts could be made and shipped by rail. For $2, the Nunans ordered a catalog containing floor plans and drawings of 172 homes. They chose one in the popular Queen Anne style with many angles, bay windows and gables. In addition to the stone foundation, brick and wood walls, it used terra cotta and cast iron for trim, and had many stained-glass windows. The interior made use of many different kinds and colors of wood, such as oak, pine, cherry, fir, walnut and, most unusual, birds-eye pine. The five fireplaces had elaborate, hand-carved oak mantles. In addition to the five bedrooms, two offices, parlor, sitting and dining rooms on the first and second floors, there was a floored cellar, and the third floor was a 2800-square-foot ballroom. The house sat on a hill side, surrounded by 11 acres of gardens, orchards and vineyards. The price even included a wood shed, well house and a combination barn and carriage house, still standing, which is as handsome as the house.

At first, the Nunans ordered only the working plans, but they soon realized that the materials and skilled craftsmen

were not in Jacksonville, so they ordered the sections, then hired a local architect to modify the plans and local carpenters to put the sections together. The materials came in June, and they moved into the house in November, 1892.

The house was never vacant for any length of time, and so suffered little neglect. Still, when two half-brothers, Jay Fuller and Richard Lucier, one an architect, the other a comptroller, bought it 11 years ago, there was a lot to do. After exhaustive research and months of meticulous restoration, they had the mansion looking as shining and elegant as the day Delia Nunan first walked in. The brothers enjoyed living in the restored mansion, but soon found out how much maintenance is required in a home so large. In March of 1987, the house was sold to Robert & Connie Seus, but Fuller & Lucier lived in the house until 1988.

The Nunan house is located at 635 N. Oregon St. in Jacksonville. The Seuses plan to open the house for public viewing this spring.

An area of Jacksonville is a National Historical Landmark with 86 designated sites within. The county owns a number of historical properties which have been restored and are operated as museums by the county historical society, some open to the public at no charge. Jacksonville has a population of 2,000, and almost every building in the business district is on the historic register. The main museum is in the old courthouse built in 1883. The Beekman House (a restored two-story Victorian) is a living museum restored to the period of 1911. "Mrs. Beekman," her daughter "Carrie", and the hired girl, "Louise", welcome visitors and show them the house with gentle grace and old fashioned charm, never slipping out of character by speaking in the past tense as they tell about their house and town.

Jacksonville, and especially the Nunan House, is a banquet in nostalgia. Even though we don't remember those days, we know they were real, and it is a joy to experience such fine examples of a time and life style so different from today's throw-away society. ❖

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Hyatt Regency Maui

RIGHT: The Hyatt Regency Maui stretches along famed Kaanapali Beach.
BELOW: Rare macaws make their presence known in the atrium garden of the hotel.

Guests arriving at the Hyatt Regency Maui can be forgiven for appearing to be in a state of shock. The resort bombards the senses with such a cacophony of sounds, sights and scents that visitors pinch themselves to make sure they are not dreaming.

Stretched along famed Kaanapali Beach, the resort covers 18-and-a-half acres of prime beachfront land. It is a publicist's dream, for here the hype cannot begin to do justice to the reality. Here, in truth, the trade winds play, the white sands glisten and the sun sets in radiant technicolor between the neighboring islands of Molokai and Lanai. The resort itself is a cinematic creation of soaring architecture, sparkling brass and glass, lush tropical gardens, a collection of Asian and Pacific art worth over $2 million and a resident collection of wildfowl that has to be seen to be believed. Rare macaws, parrots and cockatoos balance on brass rings within the atrium garden. Formally attired South African penguins make their home opposite the Weeping Banyan Bar. Proud peacocks, their colorful plumage a match for the haute couture of the female guests, pace

the promenade walkways. On the far side of the property, pink flamingos pose gracefully in the streams of the Japanese gardens. Large white mute swans, black swans, and black-necked Chilean swans practice synchronized swimming in the appropriately named Swan Lake, in front of Swan Court, the hotel's finest dining room, while an assortment of ducks provide comic relief.

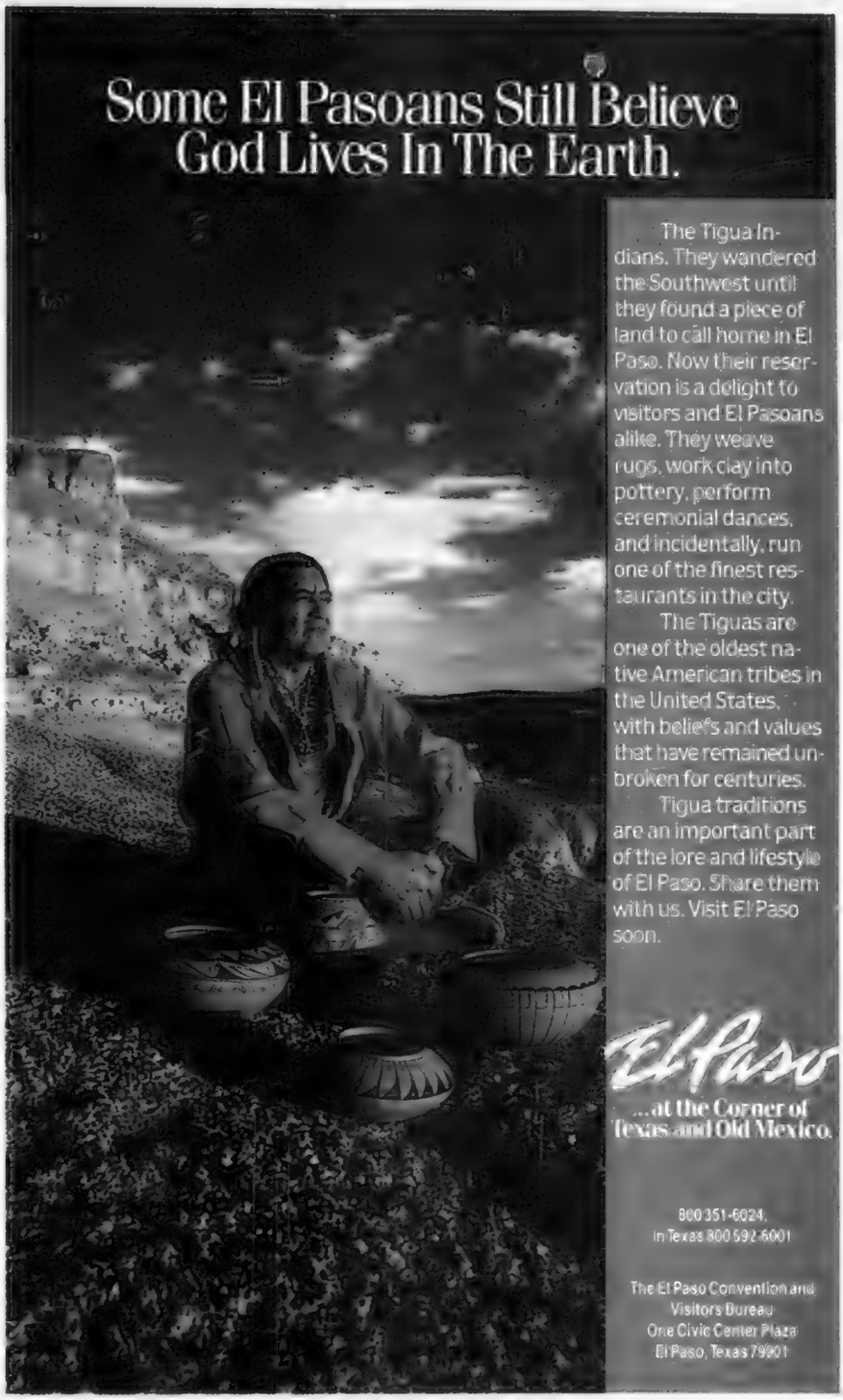
Guest rooms are decorated in warm earth tones and mauve. Every room has a separate sitting area, rattan furnishings, central air conditioning, spacious closets and dressing rooms and private balcony lanais with views of the ocean, mountain and golf course.

The free-form pool, an attraction in itself, covers half an acre and is accented by tropical plants, waterfalls, and a network of stream and lava rock formations. A 130-foot water slide, aqua exercise classes, volleyball, a swinging rope bridge and the swim-up Grotto Bar provide guests with a full day's worth of fun, relaxation and refreshment. And there are many more recreational opportunities: five tennis courts with daily lessons and a teaching professional for private lessons; the adjacent Royal Kaanapali Golf Courses (two 18-hole courses) with a fully equipped pro shop and teaching professionals; a 55-foot catamaran, the *Kiele V*, which offers morning snorkeling cruises with continental breakfast and lunch and afternoon cocktail cruises; the Regency Health Club with weight and exercise room, sauna, Jacuzzi, massage studio, locker rooms, pool table, library and dancercise and aqua exercise classes; and, of course, the beach with swimming and snorkeling areas, laser sailboats, Hobie Cats, and soft skis, complete with lessons.

Even the children are catered to with a game room with the latest video games and Kamp Kaanapali, a seasonal, supervised adventure program for kids 5 to 12.

Five restaurants and two lounges provide guests with a variety of dining and entertainment experiences. Swan Court serves breakfast, lunch and seafood delicacies for dinner, to the accompaniment of soft piano music and sailing swans. The open air Lahaina Provision Company specializes in elaborate tropical drinks and a bountiful seafood salad buffet at lunch, while its evening alter ego, the Chocaholic Bar, tempts guests to after-dinner gourmandising. For poolside dining or a quick snack at any time, the place to go is The Pavilion. An

continued on page 63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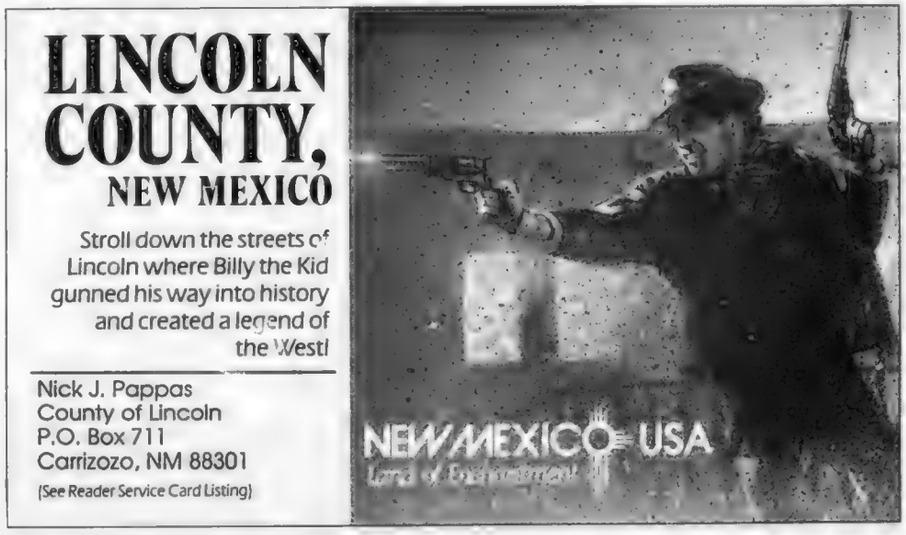
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YUKON, CANADA—For information on breathtaking Yukon please see ad and reader reply card on page 32!

LETTERS TO THE EDITOR

continued from page 8

with maybe three pages on subjects that attracted me to this magazine in the first place—western history and the activities of people peculiar to the west. As for "The Mysteries of Tony Hillerman," why don't you run a short story written by him rather than your boring article on the man personally?

I'm sorry to say it but I vote thumbs down on your new endeavor.

M.W. Borders, Jr.
Palm Desert, CA

Stimulating

I just saw a copy of the December issue of *The American West*. Congratulations to you and your staff. It's a stimulating, visually exciting package. I particularly liked the cover photo.

Charlotte Garner
Mountain View, CA

Stinks

You are not going to appreciate this letter, but I believe in calling a spade a spade. Your letter stinks. According to your resiumae (sic) of the next three years, articles stink. And when my subscription runs out in December of '92 I shall quit your no-account bunch of advertiseing (sic). If I had wanted a travel magazine I would have subscribed to one. I have been a steady subscriber, since Vol. I #1, and this is the worst magazine that has gone under the name of *American West*. I will admit the magazine has been deteriating (sic) for some time. Now you have hit bottom.

I have a copy of every one of *American Wests*, since it started publication, and until the Dec. of 1989 issue, I was proud of being a reader. But no more.

You should go back to Vol IV #1 Jan. 1972 or Vol VII #5 Sept. 1970, and look at them, and you can see there is no comparison to the rubbish you are puttin (sic) out. Also the covers were more substancial (sic), the paper was of better quality, and the stories were interesting. You never had one true Western story of historical interest. Also they always carried letters to the Editor, telling what people thought. But not you.

A shamed (sic) of you.

Howard M. Guyton
Sheridan, OR

Ugh!

The recent issues of *The American West* have no relation to the magazine that I have been reading for a long time. Instead of articles by author Peacock about grizzly

continued on page 62

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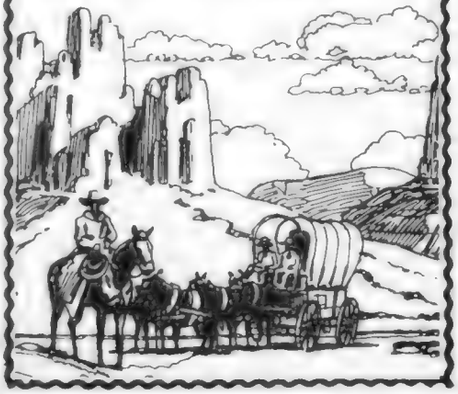
The store is operated by the Jefferson National Expansion Historical Association. This non-profit organization supports the National Park Service in both its educational and interpretive programs at the Gateway Arch and the Old Courthouse.

Call us now at 1-800-537-7962 to obtain a free copy of our museum store catalog. We are open from 8:00 a.m. to 6:00 p.m. Central time to serve you.

Our museum shop lists hundreds of titles relating to the Westward Expansion. Located underneath the Gateway Arch in St. Louis, our shop is part of the Museum of Westward Expansion, the largest museum in the National Park Service. Since the museum staff reviews all of our publications before we offer them to the public, this catalog features the best and most complete selection available.



OKLAHOMA CITY

continued from page 16

arrive fresh daily and are filleted on the spot. The grandkids are using all of the original seasonings and the famous mouth-watering coleslaw is back. With a fish market attached to the restaurant, Herman's can't miss.

Crowds. Crowds of people drive from far and wide to sample the enormous portions served at **Cocina de Mino**, a popular Mexican restaurant with two locations in Oklahoma City, plus one each in Norman and Edmond. Although this is not the same Mexican food that is served in other Southwestern states, such as Arizona and New Mexico, "Mino's Kitchen" offers tasty dishes and comes highly recommended. **Mamasita's** is the place for fajitas; the usual chicken, beef and shrimp are available, plus swordfish and filet mignon. The margaritas, called "mamaritas," come in assorted flavors and are considered to be among the best in the city. All the entrees come with black beans or refried "drunken" beans, which are soaked in beer. Olé!

STEPPIN' OUT

Oklahoma City offers a variety of music and nightlife. At the **T Bar** the strong drinks for the upwardly mobile crowd are the specialty. There's also a full complement of live music on the weekends. Located in **The Waterford Hotel**, the **Waterford Lounge** is *the* place to be seen. The piano player turns out easy listening and light jazz Wednesday through Saturday. Nice place for a beer, sandwich and TV ball game on weekends. **Russell's Lounge** is a loud, lively and crowded disco bar in the Marriott Hotel with a large dance floor and a grill full of burgers and pizza. The action is turned up a notch on weekends with live music. **Branigan's**, located in the Sheraton-Century Center Hotel, features live entertainment during peak times.

Chevie's is a 1950's-music kind of place, with a great jukebox providing tunes to dance and drink by. Go for the live music on Thursday through Saturday. Located in the Embassy Suites, **Johnny B. Goode's** will have you reliving the 50s and 60s, if, in fact, you lived them the first time. Great place for James Dean fans who also know who the Beatles were. Sports, sports, sports are found at the **Varsity Sports Grill.** You can view hoops or the gridiron on a large screen TV while keeping an eye on four other sporting events at the same time. Shuffleboard and pool tables are available for those wanting more of a hands-on experience. Free bingo on Thursday night, and Wednesday night is ladies night. For a

little country in your western, hitch your pony at **Cowboys Restaurant and Saloon**, where a D.J. spins country western favorites Tuesday through Saturday as you dance and enjoy mesquite grilled fixin's. Or try **Chism's**, in the Hilton Inn West, for country western dance lessons on Saturday and Sunday. Free chili is served up along with Monday Night Football.

A nice alternative to discos and rock clubs, **Tommaso's Little Apple Jazz Club** is located adjacent to Tommaso's Italian food restaurant, in case you want a little pasta with your sax. Open daily and featuring live jazz four times a week, **Jazz 63** is situated on the site of a great jazz place that closed in 1988. This is said to be equally as good. **VZD No. 21** is the city's resident blues hotspot but throws in jazz bands a couple of nights each month. This former drug store has been redone in an art deco design and offers such fare as burgers, fajitas and quiche. **The Samurai Restaurant / Saki House** features live rock and jazz bands seven days a week. The place is connected to a very good Japanese restaurant.

ROOTIN' TOOTIN' SIGHTS TO SEE

No matter your interests, there is something for you to do in and around Oklahoma City. **Enterprise Square** is a hands-on exhibition center designed to entertain and educate visitors about the principles of the free enterprise system. Beginning with an introduction by Bob Hope, you are guided on a two-and-one-half-hour educational journey through capitalism's finest moments. The mechanized heads of past presidents, as seen on American paper currency, do some of the teaching. The world's largest working cash register lives here, too. Oklahoma City grew from a "tent city" to a thriving metropolitan center and the Overholser name has been linked with that growth since 1889. The family made a fortune from the sale of pre-fab-type buildings which paid for the first mansion built in the city. The **Overholser Mansion** is an excellent example of a French chateau, designed by a Kansas City architect for Henry Overholser. The furnishings have been restored and refurbished to their original high style, reflecting how Oklahoma City's society lived at the turn of the century. Located on 10 acres near the state Capitol, the **Harn Homestead and 1889er Museum** includes a three-story, stone and cedar barn furnished by the descendants of the men who participated in the Great Land Run in 1889. The **Shepherd House**, also located on the grounds, is believed to be the first house with stairs built in the city.

What was started more than 30 years ago by the Kirkpatrick family has turned into an interesting center offering something for anyone with an inquiring mind. Under one roof at the **Kirkpatrick Center** you can visit the Kirkpatrick Planetarium; Kirkpatrick Gardens and Greenhouse; Omniplex Science and Air Space Museums; Galleries and Exhibits; the Center of the American Indian; and the International Photography Hall of Fame and Museum. A permanent collection of paintings, sculpture and drawings with a selection ranging from the 15th to 20th centuries is housed at the **Oklahoma Museum of Art**, in the old Buttram mansion. Temporary exhibitions, loaned from major museums, make this museum a pleasurable stop for a quick view of the art world. Seeing the mansion is a treat as well.

The crown jewel of the plush **Myriad Gardens** is the unique, 224-foot Crystal Bridge, a photographer's paradise. The tropical atmosphere is enhanced by a cascading 35-foot waterfall. The garden displays are changed seasonally. There is no admission charge at the **Martin Park Nature Center**, allowing you to wander endlessly around this 140-acre park filled with wildlife, streams, lakes

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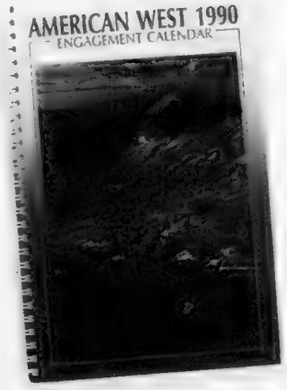

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OKLAHOMA CITY

and tree-lined paths, a refreshing experience anytime but particularly pleasant when the seasons change. You can meander alone or with a guide.

HITTIN' THE TRAIL

Guthrie is located 30 miles north of downtown Oklahoma City on I-35 and was *not* named for Woody or Arlo. It was the first capitol of the state way back when. Streets paved with brick and lined with antique lamp posts create an old-town atmosphere. Don't miss the **Lazy E Arena**, located on a 300-acre ranch. It is one of the finest rodeo arenas in the world and offers a full schedule of western-style entertainment throughout the year. **The Sand Plum** is a nice place to dine before moving on to the **Pollard Theatre** for a play. Finish up with a nightcap at the **Blue Belle Saloon**. Tom Mix was bartender there before he began his film career. Many parts of the original saloon are still intact.

The city of **Norman** and the campus of the **University of Oklahoma** are 20 miles south of Oklahoma City. While on campus, visit the **Fred Jones Jr. Memorial Art Center**. The museum contains permanent collections of American, European and Oriental art. **Legend's** is a good spot for dinner. Some of the furnishings are from an old hotel, and wine bins, celebrity pictures and chandeliers enhance the eclectic setting. **Liberty Drug,** a former drug store on Norman's Campus Corner, features an impressive live-music schedule with gourmet burgers and fajitas, the specialty of the house.

POKIN' AROUND

Traditional shops abound at **50 Penn Place**, a three-story atrium filled with specialty stores, restaurants and cafés. Exceptional women's and men's clothing can be found at **Ballets, Harold's, Orbach's, St. John's** and **Park & Co.**. There are national name stores, such as **Ann Taylor, Ralph Lauren, Laura Ashley** and **Jaegar.** For a wonderful bonus, dine on the 3rd floor, a great little spot for salads, pasta, pizza and subs. Nearby is **Penn Square,** a recently remodeled, covered mall that contains a **Banana Republic** and a **Sharper Image,** to name just two.

If you're looking for outrageous clothing, try **Gil's Contemporary Clothing** or the **Incurable Collector,** which carries designs finished with plastic, beads, wood and metal. Purchase authentic handmade North American Indian arts and crafts at the **Choctaw Trading Post** or antiques of unusually high quality at **Arthur Graham** or **Donna Brown Ant-**

iques. Souvenirs from the 17 western states are available in the gift shop in the **Cowboy Hall of Fame**. Try **Somebody's Darling** for precious children's clothing. Oklahomans are crazy about football, and **The Big Red Shop** is a fun place to pick up a T-shirt or sweatshirt commemorating Oklahoma University or Oklahoma State University. Anything that can be emblazoned with an insignia is.

HUSTLE YOUR BUSTLE

Lake Hefner in northwest Oklahoma City is a birdwatcher's paradise as dozens of water bird species roost along the 17-mile shoreline during their yearly migrations. Lake Hefner also attracts other species, such as wind surfers, joggers, bikers and sailing enthusiasts who flock here for their own enjoyment, with the wind surfers and sailors making the most of the steady wind energy. There are also facilities for picnicking and fishing. **Casady School** has a jogging track and the five **Y.M.C.A.**'s located throughout the city offer excellent facilities in which to work up a sweat.

For golf enthusiasts, the city has several options, both public and private. Two top private courses — **Oak Tree Golf & Country Club** in Edmond and **Twin Hills** in the city, both excellent courses — have reciprocal privileges if you belong to a club in your home town. Oak Tree was the site of the 1988 PGA championships. The **Lake Hefner Golf Course** is a 36-hole public course. Play the west course. **Earlywine Golf Course** is another fairly decent public course with 18 holes.

The private **Santa Fe Club** offers, for a small guest fee, six indoor tennis courts and six indoor squash courts, as well as badminton, table tennis and a health club. Located near Remington Park, it is just minutes from downtown. There are also tennis courts in practically every park, many lighted until 10 p.m.

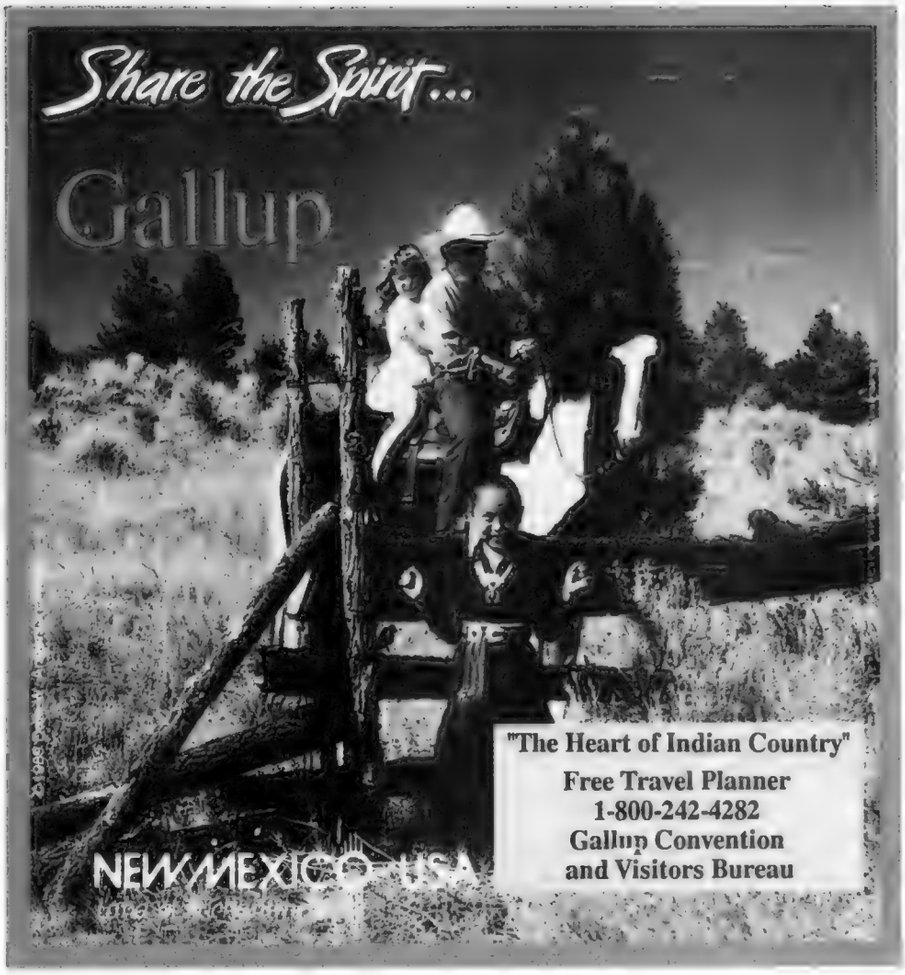
OKLAHOMA CITY HAPPENIN'S

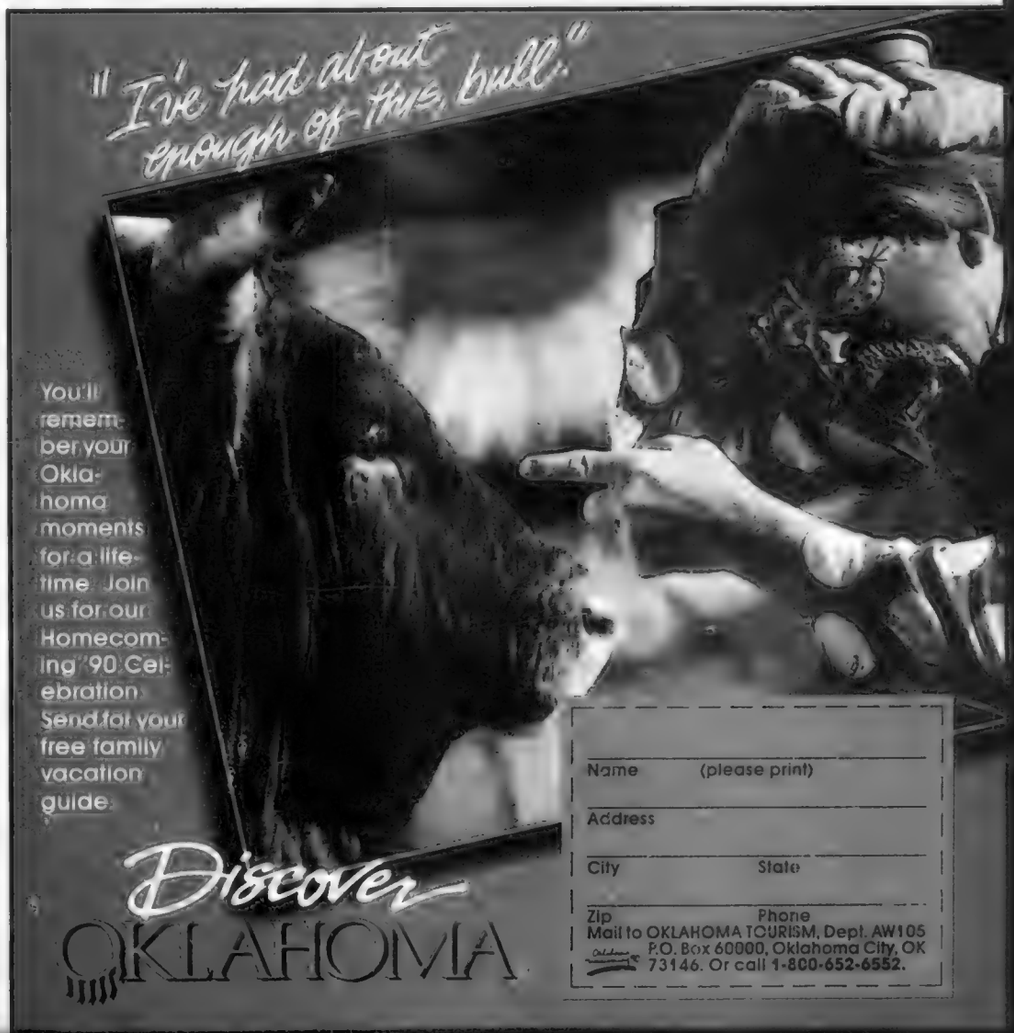
• **Through Jan. 7: "Century of Western Fashion"**

An exhibit tracing the evolution of western fashions, from early range garb to the rhinestone cowboy. National Cowboy Hall of Fame and Western Heritage Center. *478-2250.*

• **Jan. 26-27: "Wintertales" Storytelling Festival**

A storytelling festival with workshops and storytelling concerts for adults and children features nationally acclaimed storytellers and Oklahoma's own Territory Tellers. Stage Center, Myriad Gardens. *236-1426.* ❖

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PORTLAND

continued from page 23

emphasizing fresh regional products. Six-course dinners with a choice of four main dishes and six or seven desserts keep patrons coming back. The poached lemon cheesecake is legendary. Try the homemade hamburgers - including the buns - on Sundays. Recommended by many locals, **Delphina's** serves delicious authentic Italian cuisine. The bread, pizzas, pastas and pesto are all made from scratch in the kitchen.

The magic is found not only in the food at **Brasserie Montmartre**, where a magician works the crowd five nights each week and live jazz happens every night. Black and white checkerboard floor tiles set off the linen-covered tables. Crayons and butcher paper are provided for budding artists needing a distraction before the meal. The best drawings are chosen in an April 4 contest, matted, framed and hung on the walls. Order from a light menu while doing some serious people watching. The **Alexis Restaurant** offers wonderful Greek dishes and an equally wonderful Greek family who runs the place. For dessert, try the Boughatsa, a custard and filo creation prepared from an old family recipe. For stunning panoramic views and a romantic atmosphere, hit **Atwater's,** on the 30th floor of Portland's tallest building: the US Bancorp Tower. Offering Northwest cuisine and classic preparations, **Atwater's** acknowledges the new consciousness about fitness and health by shying away from heavy sauces that mask the natural flavors of the food. Go at dusk to see the city lights come alive.

A turn-of-the-century furniture factory is now turning out great Italian dishes as **Piccolo Mondo Ristorante**, which is located in a corner of the renovated building. Italian tile, skylights and large wine displays around the room take this establishment beyond its name, which means small world. Located in the Water Tower, John's Landing, south of downtown, it is known for its pasta dishes, such as chicken with olives over fettucine. Good pizza seems to abound in Portland. The locals prefer **Escape From New York Pizza, Mazzi's** and **Hot Lips Pizza. Vista Springs Cafe's** gourmet pizza also comes highly recommended. A large Oriental population lives in Portland and there are many good Oriental restaurants to choose from. If it's Chinese you need, try **Uncle Chen's, Chen's Dynasty** or **Marco Polo.** Thai food is excellent at **Bangkok Kitchen. Thai Villa** in Lake Oswego is another suggestion. Sushi at **Sumida's** is the best, also the fresh oyster tempura. **Bush Garden** is great for traditional Japanese

PORTLAND

and the dim sum at **Fong Chong** is better than any in San Francisco.

Great attention is paid to detail and presentation at the **Genoa**, where you can have a unique seven-course dinner in a romantic setting. Start with a special antipasto and run the gamut to homemade pear ice cream. You can do four courses before or after a theater performance with four or five entrees from which to choose. **Eddie Lee's** offers Northwest cuisine, lighter sauces, unusual sandwiches with combinations of ingredients and daily omelets. The walls at **Nick's Famous Coney Island** are covered with baseball memorabilia. The Coney Island hot dogs are terrific with sauces made fresh daily. When Walla Walla sweet onions are in season, they can be added for a grand finale. The **Bread and Ink Cafe** makes its own bread and desserts. Specialties on the menu, which changes monthly, include: Winchester Bay mussels, oysters and Torta, which is Oregon blue cheese layered with walnut and basil pesto. The breads are sold in some local grocery stores.

Sit at the **Opus Too** counter, listen to taped jazz from the owner's private collection coming from **Jazz De Opus** next door and watch while your meal is prepared on a mesquite charcoal grill. In the bar, the seating is slouchy and comfortable. Cajun and Creole cooking are the draws at the **Cajun Cafe.** Go for the coconut shrimp as an appetizer. Cajun popcorn (crawdads) is popular, also. For Mexican food in Portland, try one state south (California), at least that's what one local said jokingly. Others point out **Casa-U-Betcha**, with its high tech atmosphere, is good for tacos and enchiladas. **Chez José** is another local favorite. The cleverly named **Macheesmo Mouse** offers healthy Mexican fast-food. A fresh approach to everything is offered, including ingredients and decor. You won't find a deep-fried anything here, but the tasty familarity of popular favorites, such as tacos, burritos and nachos with a chicken emphasis, more than make up for the lack of grease.

Traditional Indian cuisine, as in India, is found at **Plainfield's Mayur.** Located in a Victorian home, the restaurant does all its baking in Tandoor ovens. Try the mango daiquiri, one of their exotic non-alcoholic drinks. The *best* rib house in Portland is **Buster's Smokehouse**, where the ribs are smoked on the premises overnight. The homemade pecan pie is to die for. **Thirty-One Northwest** offers a terrific seasonal menu with a northwest flair. For a treat, try the grilled salmon with green peppercorns and champagne sauce. **Crêpe Faire** is a nice place for

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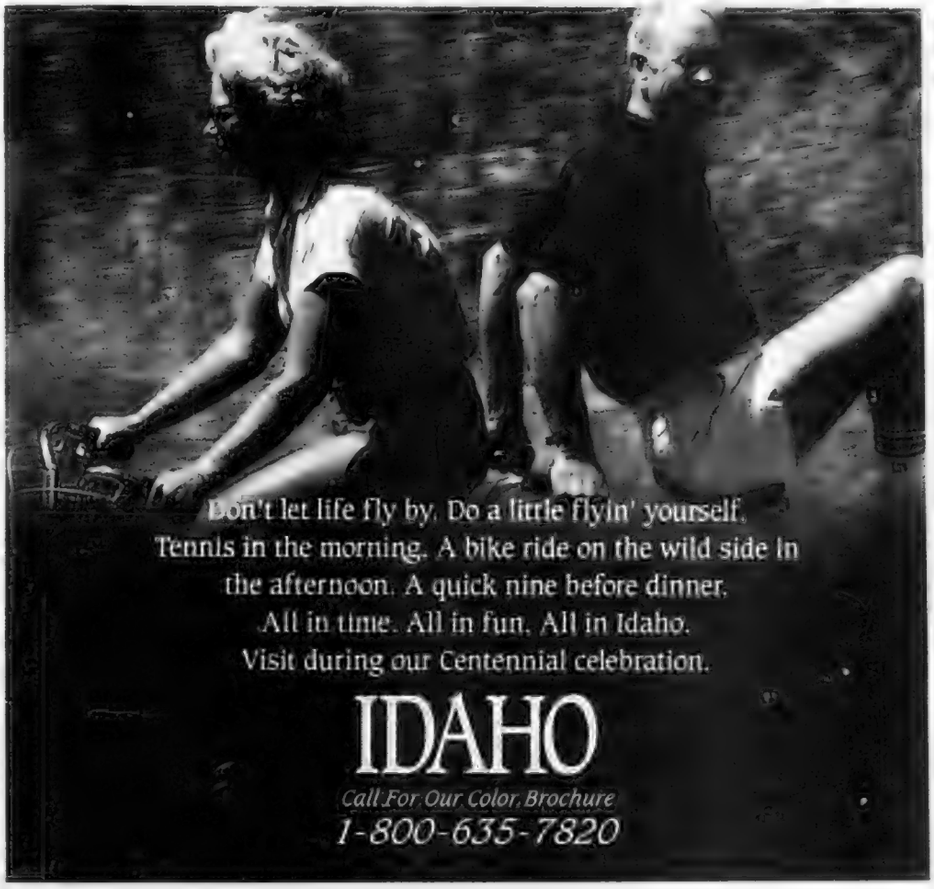

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groups of ladies to share festive occasions. It's located in the Hazeltine Building where the high water line from the great Portland flood of the 1800s is scratched into the stone arches. **L'Ecurie**, a small place seating only about 30 people, is a no-smoking restaurant where you can breathe freely while you graze.

The **Broadway Revue** is referred to as the "Sardi's of Portland" because of the similar decor. The salmon comes highly recommended. **Harbor Side Restaurant and Shanghai Lounge** is the place to meet Portlanders. Overlooking the Willamette at RiverPlace, the featured foods include Cajun, Italian, Greek and American. The sidewalk service along the water during the sunny times is great. Head for **Besaw's Cafe** for the Seaweed Omelette (it doesn't really have seaweed in it) with generous helpings of home fries. **Dan & Louis' Oyster Bar** is a knotty-pine-walled, colorful corner of Old Portland serving you know what. If you don't mind floating on water while you dine, ship out with **Newport Bay Seafood Broiler** on the Willamette. It doesn't leave the dock, but you can pretend as you enjoy the great seafood. **Winterborne** is a restaurant for non-smokers and those who can fight the urge while inside. Order the fresh fish and great brown rice. For a Sunday Brunch that will keep you from lunching, go to any of the **Red Lion Inns.**

NIGHT LIFE

If your good times don't end until the bartender waves goodbye for the last time, please note that the bars stay open until 2:30 a.m. For drinks on the water, try **Salty's on the Columbia** and **Salty's on the Willamette.** Both offer good music and nice views for your good times. **Cafe Vivo** lets loose with live jazz and blues nightly — except Sunday when they rest. Well known local pianist and composer Tom Grant plays here when in town. **Remo's**, a turn-of-the-century fire station, now smolders late into the night with jazz in the main floor lounge. If your brows are high (high brow, that is) and an evening of live classical music is more to your liking, try **Rimsky-Korsakoffee**, a coffee house, for an alcohol-free time. The desserts and coffee are great. Another interesting place is the **Veritable Quandary** with its 22-foot mahogany bar, considered one of the best in town. This is a hangout for media types, lawyers and theater people so if that crowd doesn't appeal to you, be forewarned. The building, only 15 by 100 feet, has been a lot of things, from a gypsy's home to a World War II rooming house, to name but two. **The Hobbit**, downtown, is popular for some of the best live jazz in town.

PORTLAND

The Last Laugh offers entertaining stand-up comics. Also, during the summer, catch the jazz festivals on the waterfront and the **Mt. Hood Jazz Festival** with world class acts.

On Wednesday evenings, a visitor can drop in at the **Portland Art Museum** between 5:30 and 7:30 and listen to the city's best jazz musicians. You can enjoy the art and hors d'oeuvres, too. The **Red Lion Inn** at Portland Center has live music nightly. Some of Portland's best performers are here on the weekends. For a somewhat different culture — this one favoring yeast and hops and stuff — Portland has several brewpubs. The brewery vats can be seen from the bar at **Heathman Bakery and Pub**. Wood-oven baked pizza is the specialty here. Try the one with smoked lamb, feta, spinach and sun-dried tomatoes. In addition to beer from 10 taps, Oregon wines are served. Potted, sharp cheddar cheese with hazelnuts and flatbread is a tasty appetizer. **BridgePort Brewpub**, an old English pub-style place, is located in the warehouse district. Enjoy the tasty pizzas under exposed beam ceilings while seated at long tables. The in-house ale and stout are great.

TOURISTY STUFF: MUSEUMS AND OTHER ATTRACTIONS

If you are bored while visiting Portland, it's your own fault. Really, the city and environs are a mecca for activities - whatever lights your bulb. The **Portland Center for the Performing Arts** has three unique environments that deliver a range of music from rock concerts to symphonies for diverse audiences. One of the theaters, the **Arlene Schnitzer Concert Hall** — the Schnitz — is a state-of-the-art facility with excellent acoustics that is home to the **Oregon Symphony Orchestra**, as well as to body-building contests and the like. The **Portland Opera** and **Oregon Shakespeare Festival** are a couple of other draws in nearby theaters and auditoriums.

The **Oregon Historical Society** displays scenes depicting early Native American life and one of the things that disrupted that life — a covered wagon with enough provisions for the 2000-mile trip along the Oregon Trail. **Children's Museum** means "hands-on" for kids of all ages. There's even a grocery store for play shopping and clay for creative modeling. The **Pittock Mansion**, built in 1914 by the founder of *The Oregonian* newspaper, resembles something out of the French Renaissance. It stands on a site nearly

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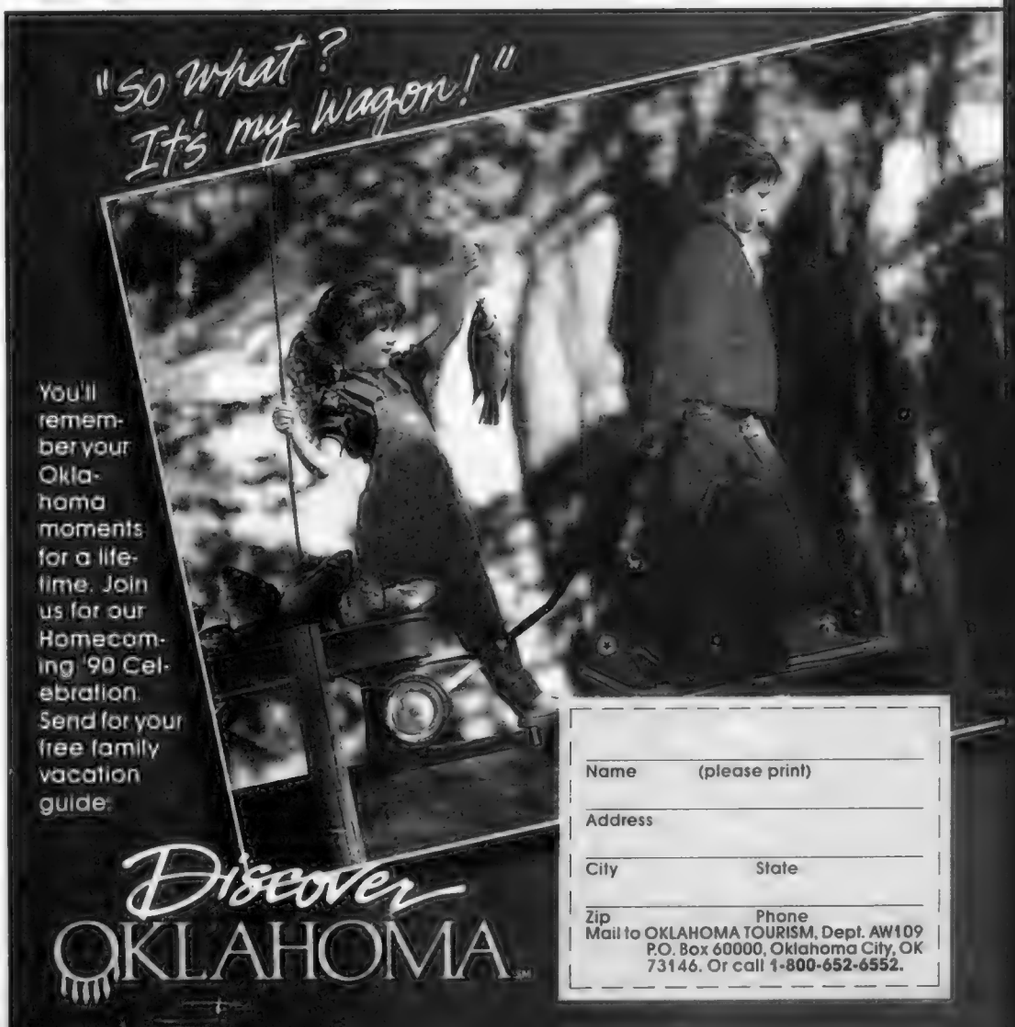
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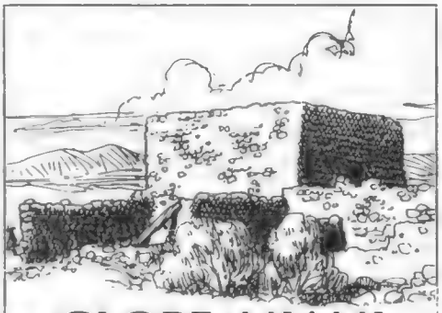

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1000 feet above sea level, thick with Douglas firs. Mount St. Helens in Washington state can be seen in the distance. Features of the mansion include a staircase that winds continuously from the basement to the second story, a Turkish smoking room and an oval room.

Washington Park is Portland's oldest park and boasts spectacular views of Portland and the Cascade Mountains. Visit its **International Rose Test Garden** where roses bloom from mid-May through late November and the **Japanese Garden,** made up of five individual gardens which combine serenity and authenticity with imported lanterns and fixtures. The **Oregon Museum of Science and Industry**, located in the park, offers something of interest for every age. One's imagination is challenged and stimulated by two floors of hands-on exhibits. You can walk through an immense replica of the human heart for a great touch-and-feel experience. **Kendall Planetarium**, the largest of its kind in the Northwest, is located inside the museum. Call the **Laser Hotline** for scheduled laser shows (242-0723). If you'd like to spend some time with the world's largest breeding herd of Asian elephants in captivity — and just who wouldn't? — the **Washington Park Zoo** is for you. The herd has produced 24 offspring since 1962. Also of interest are the penguin exhibit, complete with ocean waves and a climate-controlled beach, and children's zoo. Outside the elephant area are terraced grass lawns where Portlanders plop down and picnic on Wednesday and Thursday nights all summer to enjoy jazz and bluegrass, respectively. Pete, the black rhino, is the resident celebrity of the new "Africa" exhibit. Portland also can boast of the largest wilderness area within the city limits of any U. S. city, **Forest Hills.** See the bird sanctuary and arboretum while there.

SHOPPING

There are as many great and interesting places to shop in Portland as there are green trees in the parks, or so it seems. And they're everywhere, just like the trees. The **Galleria,** a restored 1905 department store, has three floors with shops, boutiques and dining spots. Many Portlanders feel that **Nordstrom's,** a Northwestern institution, is the best store around. With branches throughout Portland, its amenities include fresh flowers in the women's rooms and a real live pianist at the escalator. A great place for fresh produce, bakeries, seafood, meat and cheeses is the **Yamhill Marketplace**, a wonderful experience if you like a farmer's market-type atmosphere. The second floor has all kinds of prepared foods which you can

PORTLAND

eat there or take up to the open-air third floor, weather permitting. Anything that grows or is made in Portland is sold in the **Made in Oregon Shops**— Pendleton shirts and blankets, Oregon wines, blackberry jams, smoked salmon, myrtletree wood products and the trendy hazelnut, salted, shelled or unshelled. One of the most popular outlets is at the airport. The **Nob Hill** area of Portland, NW 23rd Street, is made up of renovated buildings and is "the" address for writers, designers, architects, educators, scientists and other professionals, not to mention more than 100 restaurants.

Artists and craftsmen and wonderful food booths sell their wares, produce and cooking — everything from trinkets to clothing and furniture; and Reuben sandwiches to espresso — at **Saturday Market.** Actually, this little get-together under the Burnside Bridge in the historic Skidmore District could have been called Saturday and Sunday Market, because that's when it's really open. The variety changes from weekend to weekend, and the market is open between March and December. Entertainment is provided by musicians, singers, dancers, mimes and jugglers. On SE 13th Street is an area called **Sellwood**, an antique row where you'll find 10 blocks of small antique shops carrying fun stuff like quilts, costume jewelry, vintage clothing and wonderful old photographs of someone else's great-grandparents. Most shops are open Tuesday through Sunday, but the days and hours vary with individual shops.

People travel from miles around for a whiff of the **The Perfume House**, with its more than 500 fragrances, including Chanel and Jean Patou. "We only deal in 'real' fragrances," the man behind the counter told us. Spend some time nosing around the funky **Hawthorne Boulevard** area while you're there. **The Real Mother Goose** — at two locations — represents over 400 artisans from across the nation, with individual artists and Northwest craftspeople spotlighted. Men's and women's imported fashions from Britain and elsewhere, along with a vast array of cheeses, wines, specialty foods and innovative footwear are found at **Norm Thompson**, of mail order fame.

Each month, on **First Thursday**, art galleries along the light rail track in downtown Portland stay open late, serving hors d'oeuvres and wine. Lunchtime and evening concerts in **Pioneer Courthouse Square** are popular. There are hundreds of programs that keep the square hopping, especially in the summer, including children's events, fairs and movies under the stars. Check out **The Nor'Wester Bookshop**, over in the heart of Old Town, where classical music

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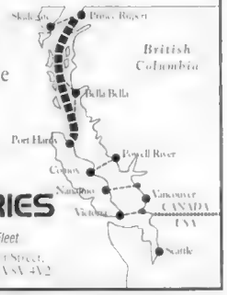

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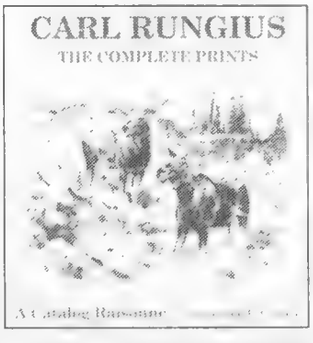

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Mobiles, kinetic art and paintings hang in **O'Connell Gallery**, in an all-glass setting opposite Waterfront Park and right next to the antique carousel and Visitor Information Center. Nearby is the new waterfront fountain called the **Salmon Street Springs Fountain**, with its computerized spray patterns. The **RiverPlace** area has Sausalito-type atmosphere. The **Pearl District** — NW 15th Street — is a funky area like New York's Soho District with renovated warehouses being converted into art galleries and antique stores.

All of the nearly 400 miles of beach in Oregon is public with no private ownership. Go to the **Cannon Beach** area for galleries and arts galore in a quaint setting, a one-and-one-half-hour drive from the city. Described as the "Carmel of the North," the area was reconstructed in the late 60s after severe tidal damage. Empire builders and castle builders congregate here in the summer for the annual Sandcastle Contest.

EATS ON THE RUN

Before you head off to the park or wherever, stop by **Elephant's**, an enormous deli and the most complete in the city. No ZooDoo here. (See Hometown Picks.) Cheeses, however, are flown in from around the world and the roast chicken, salads, tarts and pastas are all made daily. The teriyaki drumettes are memorable. Your picnic can easily be assembled here, with breads, pastries, imported beers and wine. Pastas galore with everything you need for an Italian picnic are found at **Pastaworks**. All the pastas are made from scratch, including the chocolate and chestnut. The specialty sausages, as well as a boned, whole, roasted pig stuffed with Italian sausage and rosemary, are sold by the pound. The sauces, of course, are also made from scratch and the produce is organic. In the rear is **Powell's Books for Cooks**, for you do-it-yourselfers. If you like a little valet parking with your shopping, try **Strohecker's**, where you take an elevator to this one-of-a-kind grocery and Portland institution. Included on premises are a liquor store, deli and eating spot where you can sample the breads, cheeses, pastries, rotisserie-cooked prime roasts and turkeys. This family business even offers fresh-cut flowers.

DAY TRIPS

By taking the **Mt. Hood Loop** drive — a 170-mile trip around 11,235-foot Mt. Hood — you can experience the mountains and the sea in the span of a day. During the winter, it's wise to check on road conditions. Get a brochure from the U.S. Forest Service headquarters in town, open Monday through Friday till 4:30 p.m. The **Columbia Gorge Hotel** is only one hour from Portland on Interstate Highway 84 — on the Mt. Hood Loop. Built in 1921 on five garden-landscaped acres by the bank of the Columbia River, this completely restored resort was a popular retreat for early movie stars. The "World Famous Farm Breakfast" is an incredible treat served family style. Start out with Apple Blossom Honey, poured tableside on your hot, fresh baked biscuits, which complement the fresh fruits, oatmeal, bacon, ham, sausage, hash brown potatoes, eggs and pancakes. "Two hours worth of eating," as one local put it. For spring and summer skiing — as well as winter — head for historic **Timberline Lodge and Ski Area,** where you can purchase ski and lodging packages. The lift system is billed as one of the longest in North America. One look at the lodge and huge mountain behind it will convince you. The **Mt. Hood Railroad** — an 82-year-old working freight line — invites you to ride in carefully restored Pullman coaches as you relive the romance of a bygone era by rail. From April through October, the "Fruit Blossom Special" serves as the 22-mile link between the Columbia River Gorge and the foothills of Mt. Hood, with a narrator on board highlighting points of scenic and historic interest. Just 60 miles east of Portland, you'll view rivers, forests, fruit orchards and make stops at a lumber mill and a fruit-packing plant. Reservations are recommended: *(503) 386-3556.*

If you expect to be in Portland from April 15 through October, **Rose City Riverboat Cruises & Charters** provides narrated Portland harbor tours, moonlight cruises, dinner trips and even Sunday brunches aboard. Charter cruises can be arranged 365 days a year. For more information, contact them at *(503) 289-6665.* For whale watching go to **Depoe Bay** — about a two-hour drive from Portland — and take a charter boat to watch the magnificent gray whales. Sightings usually begin in December and January, with the heaviest sightings in March and April. Sportfishing and sightseeing are recommended, too. **Dockside Charters** advises you to call ahead and check on ocean and weather conditions before making the trip. *(503)765-2545.* The **"Columbia Gorge"** sternwheeler operates out of downtown Portland until June with two-hour cruises, brunch and Friday and Saturday dinner excursions. Summer cruise schedule runs out of Cascade Locks in the heart of the Columbia River Gorge. *(503) 223-3928.* The Columbia

PORTLAND

River, in the gorge area, is also known as the "windsurfing capital of the world."

If it's fish that lures your leisure time, you've come to the right place. April is the peak season for spring chinook (up to 50 pounders). June for shad fishing, and bass and crappie are chased year round. There is even sturgeon fishing on the **Columbia River** and steelhead trout in most rivers, like the **Sandy** and **Clackamas**. Sandbar fishing is said to be a favorite, but for most angling you'll need a boat. Call **Larry's Sports Center** or **Sport Craft City** for guide services and rentals.

For those with a taste for the grape or just an eye for the scenery, the **Willamette Valley**, to the south and east of Portland, is rich with vineyards — 21 close to the city. Many offer award-winning vintages and conduct wine tours. More than 90 percent of the nation's hazelnuts come from this area and are shipped all over the world.

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Guests of many local hotels can use the facilities of the **RiverPlace Athletic Club** for a $10 guest fee. Open seven days a week, the club offers swimming, squash, basketball, massage, steam rooms, sauna and a full-service child care center. Rain or shine, you can serve your time at the **Portland Tennis Center** with its four indoor and eight outdoor courts. Viewing balconies are available for those wishing to dress out and watch. The city boasts over 100 public tennis courts and 29 public and private golf courses, as well. For skiing, head to **Mt. Hood** for convenient, year-round slopes with heavy snow or **Mt. Bachelor** in central Oregon for dry powder.

Terwilliger Parkway is a beautiful run up a steep hill, but it's worth it because of the great Mt. Hood and Mt. St. Helen views all along the way. And you get the same views on the way down. **Tryon Creek State Park** is located off Terwilliger Boulevard and is a wilderness preserve with miles of hiking trails.

WHAT'S TO DO IN JANUARY/FEBRUARY

- Western Hockey League, with the **Portland Winter Hawks** Hockey Team, Memorial Coliseum. *(503) 238-6366.*
- **Portland Trail Blazers**, NBA Basketball, Memorial Coliseum. *(503) 238-6366.*
- Thoroughbred and Quarter Horse racing at **Portland Meadows** Race Track, Thursdays - Sundays. *(503) 285-9144.*
- The **Oregon Symphony Orchestra** always has something going on at the Schnitzer Concert Hall. *(503) 228-1353.*
- The **West Coast Chamber Orchestra's** "Mostly Mozart" concert is on Feb. 9. *(503) 228-7509.* ❖

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LETTERS TO THE EDITOR

continued from page 49

bears in Montana, we are served up with a story about the "Beautiful People" in a high priced ski school. Ugh! Spare me. You have taken a unique western magazine and made it one of a glut of travel rags already in the market.

Thomas G. Clancy
Hickory Hills, IL

Beautiful

Your December issue of *The American West* is beautiful and a real compliment to Tucson!
We noticed on page 64 that you listed our administrative phone number — 624-1817. We have a visitor information number now (624-1889) and would very much appreciate your using it with reference to visitor information on Tucson. Thank you for mentioning us in your coverage on Tucson and best wishes for continued success with your magazine.

Barbara Peck
Public Relations Manager
Metropolitan Tucson Convention & Visitors Bureau
Tucson, AZ

Disappointed

I have just read your November/December issue and your Editor's letter. We are disappointed and cannot accept the changes.
The real down to earth west as we like to read about has disappeared or too little of it.
About "Vail" is nothing about the west but aimed at advertising.
Tucson is all commercialized.
Western Wearables is all advertising.
On "solar" is more like a furniture display ad.
The items above have already been repeated and overdone in many other publications.

Dan Marvosh
Pasadena, CA

Excellent

The recent copy of *The American West* is a delight! The inclusion of 'places to go and things to do' in the cities you feature is a most comprehensive cover.
If this is to be your format in the future, I shall be looking forward to each new issue.
The accompanying articles are excellent and a definite bonus for a beautiful magazine.
Keep it up!

Mary Louise Green
Oklahoma City, OK

Hyatt Regency Maui

continued from page 47

outdoor dinner theater, the beachside Sunset Terrace, offers a spectacular Polynesian show, "Drums of the Pacific," complete with a torchlighting ceremony, as well as starlight concerts and other entertainment. The Weeping Banyan Bar in the Atrium Tower lobby, the perfect place for sunset watching, literally floats in a carp-filled lagoon and is reached via a bridge across the Penguin Pond. Perhaps the most unusual bar is the poolside Grotto Bar, entered by walking in from the beach or by swimming under the twin waterfalls that separate it from the pool.

The Hyatt Regency's best known restaurant is Spats, famous for intimate dining and Northern Italian cuisine. At night, Spats turns into Maui's hottest nightclub, offering "pasta with passion" and pulsating rhythms.

As executive chef of Spats and the other Hyatt Regency Maui restaurants, Roger Gustavson is responsible for menu planning and the variety of cuisines served, overseeing a staff of 125 and coordinating the efforts of restaurant and pastry chefs. "My goal is to continue to...expand levels of creativity and cuisine while keeping up with current and future food trends," says Chef Gustavson. "This is to assure that Hyatt Regency Maui continues to be not only a great vacation destination but also a delicious culinary experience."

Typical of that "delicious culinary experience" is Gustavson's **Molokai Shrimp with Roasted Peppers:**

8 large peeled shrimp
1 tsp. chopped garlic
1 tsp. chopped shallots
4 roasted red peppers
2 oz. white wine
2 oz. fish stock
3 tbsp. olive oil
Flour, seasoned with salt & pepper
Pinch each of thyme, oregano & basil

Prepare peppers by charring them over an open fire or conventional broiler.

Remove seeds and skin and puree with fish stock in a blender. Reserve.

Dredge peeled shrimp in seasoned flour, then quickly sauté in olive oil; remove and arrange on a serving platter. Add garlic and shallots to shrimp skillet and cook lightly. Add wine, spices and pureed peppers. Allow liquid to reduce to form a sauce and pour over shrimp. Garnish with strips of roasted pepper and serve with pasta. Serves 2.

For reservations, Call Hyatt Worldwide Reservations at 1-800-223-1234 in the continental United States or 1-808-661-1234 in Hawaii. ❖

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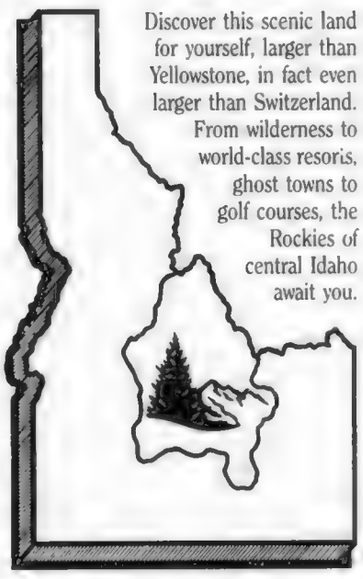

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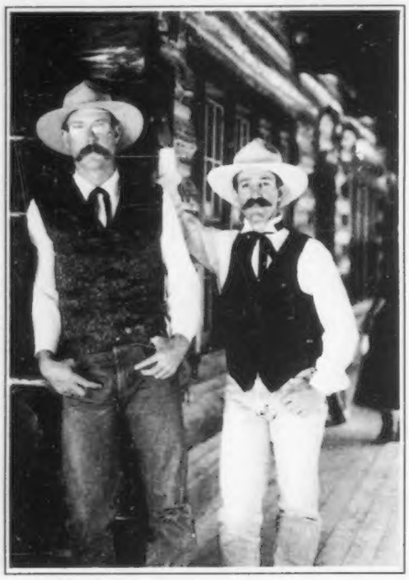

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GALVESTON

continued from page 27

plates of fried fish and shrimp to sun-broiled tourists. There's no *nouvelle* pretension, no anxious talk of melanoma and cholesterol.

Some visitors (and some Galvestonians), noses high in air, see this part of the city as tacky and anachronistic. It is, and that's precisely the source of its charm. Seawall Boulevard appears to have been plucked intact from the mid-1950s and installed, still functioning perfectly, in the late '80s. It's a living museum.

• • •

The last day I spend in Galveston a storm howls in. It's still two weeks from the official opening of the hurricane season, and there's no warning of really severe weather, but there is still a palpable tension in the air. Galveston lives with one wary eye on the gulf; even newcomers remember Hurricane Alicia in 1983.

I remember a *Texas Monthly* article from back then, one berating South Texas journalists for not going out there as Alicia beached and reporting what it was like. I'm no braver than the average reporter, but as I go out on the beach to watch this small storm threaten, I think I might have done it — out of sheer stupid fascination.

On this evening, the gulf is a dark, moody affair, totally unlike the benign and picturesque Pacific. The sky is gunmetal, hanging low like a drooping tarp. A hot, restless wind whips in off the water, raising a furious swish of palm fronds as counterpoint to the crash of surf. The water's color is almost unearthly — a pallid gray-green, the color of oxidized copper. The scene seems pregnant with violence (even though it turns out to be a mild storm). I'm fascinated; I don't want to go inside.

"There's a certain edge that comes from living with hurricanes," Galveston weaver Karen Powell tells me, and that seems almost to explain the city — its determination, its resilience, its eccentric beauty. It takes character to live in Galveston, and character has made it what it is.

• • •

Winter may be the best season to visit Galveston. Not only is the weather more likely to be agreeable, but the city also throws some remarkable celebrations. There are, however, things to do all year around.

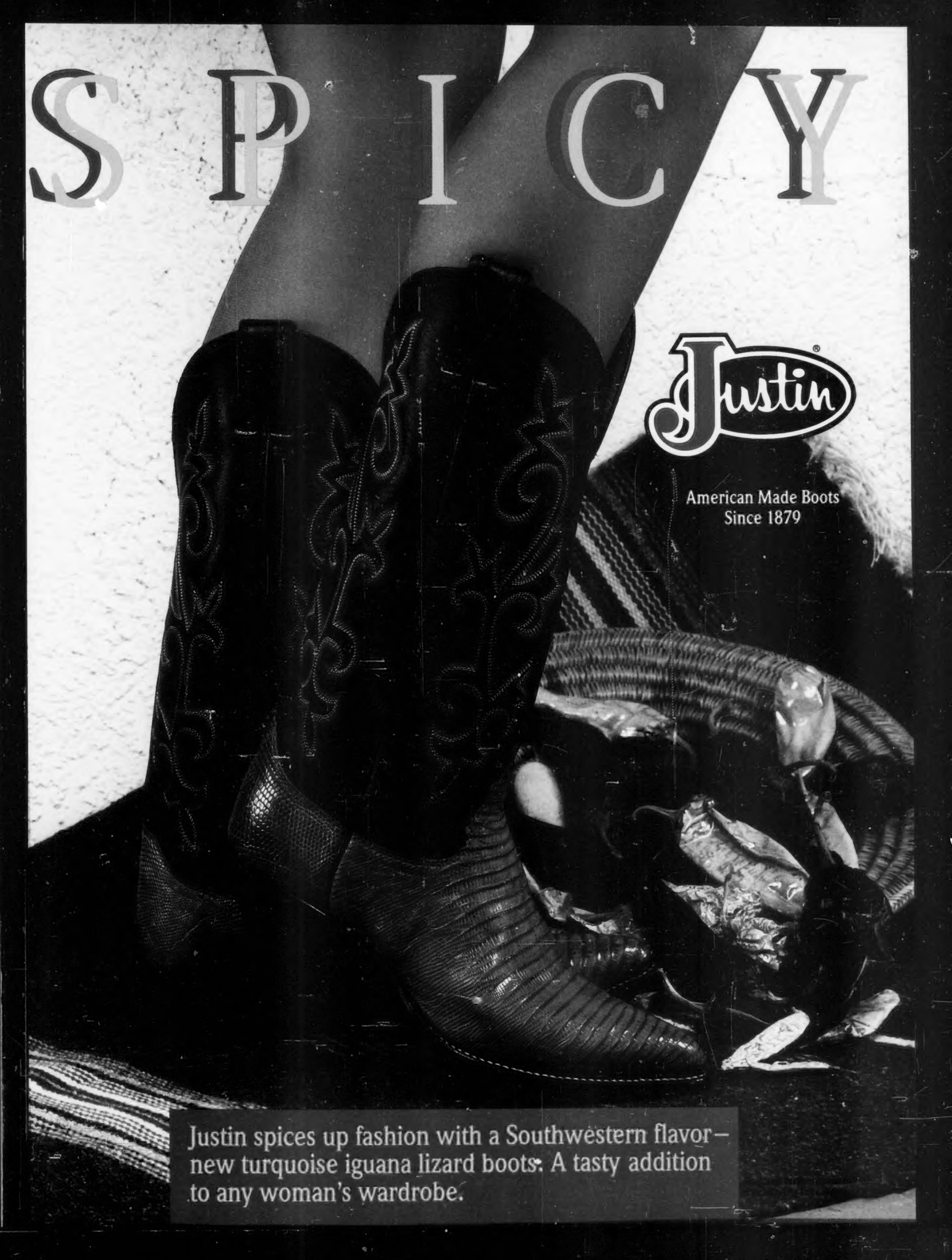
PERENNIALS: In February comes **Mardi Gras**, a citywide celebration with music, art exhibits and parades — last winter's headline acts included Pete Fountain, Al Hirt and Fats Domino. The **Galveston Historic Homes Tour** in the spring annually opens ten restored houses and mansions to the public. **Dickens on the Strand** occurs on a December weekend when The Strand's historic buildings and gaslights become a stage set for a festival of English Victoriana. Thousands of volunteers dress in Victorian costumes, hawk roast turkey legs and funnel cakes, sing carols and give impersonations of all the familiar Dickens characters — it's all here, all but the gruel and child labor.

BEST MUSEUMS: The **Samuel May Williams Home**, 3601 Bernardo de Galvez, isn't an imposing piece of architecture, but there's a little-known ghost of Texas history here: Williams, a banker, was the man who financed the Texas revolution. The city's two most imposing mansions, **Ashton Villa**, 2328 Broadway, and the **Bishop's Palace**, 1402 Broadway, are open for tours. The **Railroad Museum**, 25th Street at The Strand, displays a fine collection of historic rail cars and locomotives in the city's old Art Deco terminal. The lovingly restored **Grand 1894 Opera House**, 2020 Postoffice, is open daily for self-guided tours, but don't pay the admission fee just to stroll around inside: check the box office, (409) 765-1894, for upcoming concerts, theater and films.

WHERE TO STAY: There are motels and modern hotels in Galveston, but why not stay in a historic property? Bed & breakfasts in historic houses currently run $49 to $125; the Galveston Chamber of Commerce Tourist Information desk, (409) 763-4311, can supply a list. The **Tremont House** (409) 763-0300, a $12 million transformation of an 1879 merchandise mart into a hotel, is elegant but expensive at $110-140 a night.

WHERE TO EAT: Breakfast, ever a trial for the frequent traveler, is an unexpected delight at the improbably named **Kaptan Kwik**, 1728 Seawall — a modest, very inexpensive Mexican place where the proprietor makes her own tortillas every day. **Hyden's Dockside**, 2428 Seawall, was the best of the traditional fried-shrimp outlets I found — but be advised that shrimp restaurants are no longer a bargain, not even in Galveston. For a splurge dinner, try **Nash D'Amico's Pasta and Clam Bar**, 2328 Strand. Intergalactic Art Deco interior design — cylinders glow purple and crimson, zigzags of neon streak across the sky, four fish cruise by a plastic palm. Menu is *nuovo* Italian, featuring dishes such as crayfish ravioli. Smashing! ❖

Lawrence W. Cheek is a freelance writer/photographer who resides in Tucson.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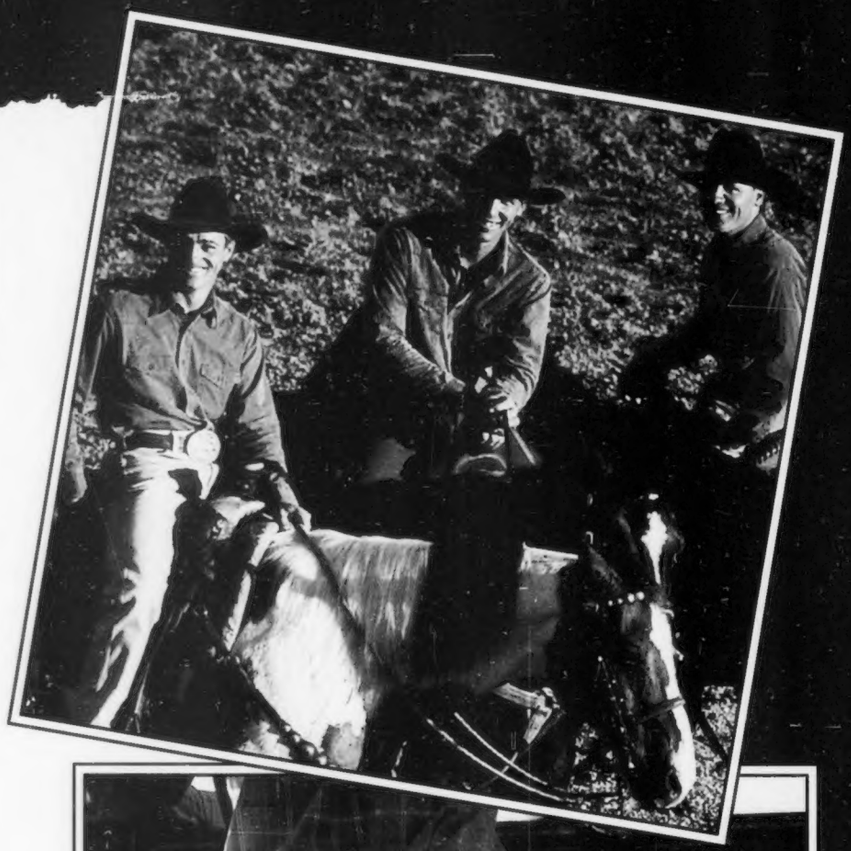

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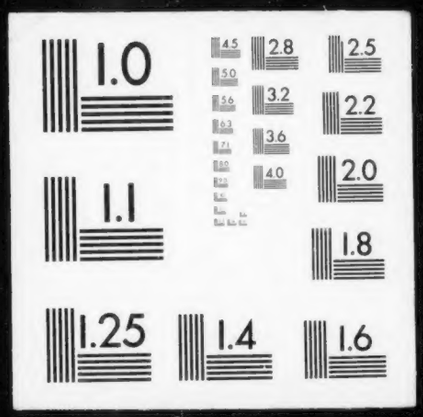
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